



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>LOCATIONS</b></p> <p>Channel 1-2, TV Goodman Family Hall, GFH Lobby, LOB Shoreline Dining Room, SDR</p> <p>RL = Resident Led</p>	<p>Fitness Center, FC Library, L Mail Room, MR Shoreline Lounge, SL</p>	<p>Generations Studio, GS Life Enrichment Off., LEO Refle tions Room, RR Theater, THR</p>	<p>9:30 FIT to Pedal®, GFH 11:00 Ecumenical Worship, GFH 1:00 Bingo, GFH 2:00 Guy's Poker, L 2:30 Chair Yoga, TV 3:00 <b>New Resident Social, SL</b> 3:00 Knit/Crochet Group, SL</p>	<p>8:00 Walk 1 Mile at Home, TV 10:00 FIT to Balance®, GFH 10:10 FIT to Stretch®, GFH 10:30 Coloring Club, GS 1:30 Bible Study with Jessica, RR 2:30 <b>Birthday Party with Tim Patrick, GFH</b> 6:30 Thursday Night Bingo, SL</p>	<p>9:30 FIT to Pedal®, GFH 10:30 Coffee Social, SL 11:00 Bible Study with Pastor Vork, RR 1:00 Bridge (RL), RR 1:00 Movie, THR 3:00 Puzzles/Brain Games, MR</p>	<p>10:00 FIT to be Strong®, TV 2:00 Guy's Poker, L 3:30 Cribbage, SL 4:00 Meditative Music (Ch. 1-2), TV 6:30 Chair Yoga, TV</p>
<p><b>5</b></p> <p>9:00 Praying the Rosary, TV 10:00 Ecumenical Worship, TV 11:00 FIT to Balance/Stretch, TV 1:30 Mexican Train Dominoes, SL 3:00 Walk 1 Mile at Home, TV 8:00 Hymns on Ch. 1-2, TV</p>	<p><b>6</b></p> <p>10:00 FIT to be Strong®, GFH 11:00 Joy for the Journey, RR 1:30 Spa Hour, GS 3:00 Card and Coin Bingo, GFH 4:00 Golf Card Game (RL), SL 6:30 Chair Yoga, TV</p>	<p><b>7</b></p> <p>8:00 Walk 1 Mile at Home, TV 10:00 FIT to Balance®, GFH 10:10 FIT to Stretch®, GFH 11:00 Catholic Communion, GFH 1:00 <b>Shopping: Target or Cub*, LOB</b> 2:30 Seated Volleyball, GFH 3:30 Tech Time, LEO 6:30 Women's Poker, L</p>	<p><b>8</b></p> <p>9:00 <b>Cribbage with Rutherford Students, SL</b> 9:30 FIT to Pedal®, GFH 11:00 Ecumenical Worship, GFH 1:00 Bingo, GFH 2:00 Guy's Poker, L 2:30 Chair Yoga, TV 3:00 Knit/Crochet Group, SL 3:15 <b>Book Club, GS</b></p>	<p><b>9</b></p> <p>8:00 Walk 1 Mile at Home, TV 10:00 FIT to Balance®, GFH 10:10 FIT to Stretch®, GFH 10:45 Conversation Circle, SL 1:00 <b>Library Outing, LOB</b> 1:30 Bible Study with Jessica, RR 2:30 <b>What is Recreation Therapy with Haley, GFH</b> 6:30 Thursday Night Bingo, SL</p>	<p><b>10</b></p> <p>9:30 FIT to Pedal®, GFH 10:30 Coffee Social, SL 1:00 Bridge (RL), RR 1:00 Movie, THR 3:00 Puzzles/Brain Games, MR</p>	<p><b>11</b></p> <p>10:00 FIT to be Strong®, GFH 1:00 Seated Volleyball, GFH 2:00 Guy's Poker, L 3:30 Cribbage, SL 4:00 Meditative Music (Ch. 1-2), TV 6:30 Chair Yoga, TV</p>
<p><b>DAYLIGHT SAVING BEGINS</b></p> <p><b>12</b></p> <p>9:00 Praying the Rosary, TV 10:00 Ecumenical Worship, TV 11:00 FIT to Balance/Stretch, TV 1:30 Mexican Train Dominoes, SL 3:00 Walk 1 Mile at Home, TV 8:00 Hymns on Ch. 1-2, TV</p>	<p><b>13</b></p> <p>10:00 FIT to be Strong®, GFH 11:00 Joy for the Journey, RR 1:30 Spa Hour, GS 3:00 Card and Coin Bingo, GFH 4:00 Golf Card Game (RL), SL 6:30 Chair Yoga, TV</p>	<p><b>14</b></p> <p><b>Pi Day!, SDR</b> 8:00 Walk 1 Mile at Home, TV 10:00 FIT to Balance®, GFH 10:10 FIT to Stretch®, GFH 11:00 <b>Lunch Outing: Big Guys BBQ*, LOB</b> 2:30 Seated Volleyball, GFH 3:30 Tech Time, LEO 6:30 Women's Poker, L</p>	<p><b>15</b></p> <p>9:30 FIT to Pedal®, GFH 11:00 Ecumenical Worship, GFH 1:00 Bingo, GFH 2:00 Guy's Poker, L 2:30 <b>Ladies Tea*, GFH</b> 2:30 Chair Yoga, TV 3:00 Knit/Crochet Group, SL</p>	<p><b>16</b></p> <p>8:00 Walk 1 Mile at Home, TV 10:00 FIT to Balance®, GFH 10:10 FIT to Stretch®, GFH 10:30 Coloring Club, GS 1:30 Bible Study with Jessica, RR 2:30 <b>Life Enrichment Happy Hour, SL</b> 6:30 Thursday Night Bingo, SL</p>	<p><b>ST. PATRICK'S DAY</b></p> <p><b>17</b></p> <p>9:30 FIT to Pedal®, GFH 10:30 Coffee Social, SL 11:00 Bible Study with Pastor Vork, RR 1:00 Movie, THR 1:00 Bridge (RL), RR 3:00 <b>Irish Sing-Along, GFH</b> 3:00 Puzzles/Brain Games, MR</p>	<p><b>18</b></p> <p>10:00 FIT to be Strong®, TV 2:00 Guy's Poker, L 3:30 Cribbage, SL 4:00 Meditative Music (Ch. 1-2), TV 6:30 Chair Yoga, TV</p>
<p><b>19</b></p> <p>9:00 Praying the Rosary, TV 10:00 Ecumenical Worship, TV 11:00 FIT to Balance/Stretch, TV 1:30 Mexican Train Dominoes, SL 3:00 Walk 1 Mile at Home, TV 8:00 Hymns on Ch. 1-2, TV</p>	<p><b>SPRING BEGINS</b></p> <p><b>20</b></p> <p>10:00 FIT to be Strong®, GFH 11:00 Joy for the Journey, RR 1:30 Spa Hour, GS 3:00 Card and Coin Bingo, GFH 4:00 Golf Card Game (RL), SL 6:30 Chair Yoga, TV</p>	<p><b>21</b></p> <p>8:00 Walk 1 Mile at Home, TV 10:00 FIT to Balance®, GFH 10:10 FIT to Stretch®, GFH 11:00 Catholic Communion, GFH 1:00 <b>Shopping Trip: Walmart*, LOB</b> 2:30 Seated Volleyball, GFH 3:30 Tech Time, LEO 6:30 Women's Poker, L</p>	<p><b>22</b></p> <p>9:30 FIT to Pedal®, GFH 11:00 Ecumenical Worship, GFH 1:00 Bingo, GFH 2:00 Guy's Poker, L 2:30 Chair Yoga, TV 3:00 Video and Discussion, RR 3:00 Knit/Crochet Group, SL</p>	<p><b>23</b></p> <p>8:00 Walk 1 Mile at Home, TV 10:00 FIT to Balance®, GFH 10:10 FIT to Stretch®, GFH 10:45 Conversation Circle, SL 1:30 Bible Study with Jessica, RR 2:30 <b>Mary Hall, GFH</b> 6:30 Thursday Night Bingo, SL</p>	<p><b>24</b></p> <p><b>Parkinson's Resource Fair, GFH</b> 10:30 Coffee Social, SL 1:00 Bridge (RL), RR 1:00 Movie, THR 3:00 Puzzles/Brain Games, MR</p>	<p><b>25</b></p> <p>10:00 FIT to be Strong®, FC 1:00 Seated Volleyball, GFH 2:00 Guy's Poker, L 3:30 Cribbage, SL 4:00 Meditative Music (Ch. 1-2), TV 6:30 Chair Yoga, TV</p>
<p><b>26</b></p> <p>9:00 Praying the Rosary, TV 10:00 Ecumenical Worship, TV 11:00 FIT to Balance/Stretch, TV 1:30 Mexican Train Dominoes, SL 3:00 Walk 1 Mile at Home, TV 8:00 Hymns on Ch. 1-2, TV</p>	<p><b>27</b></p> <p>10:00 FIT to be Strong®, GFH 11:00 Joy for the Journey, RR 1:30 Spa Hour, GS 3:00 Card and Coin Bingo, GFH 4:00 Golf Card Game (RL), SL 6:30 Chair Yoga, TV</p>	<p><b>28</b></p> <p>8:00 Walk 1 Mile at Home, TV 10:00 FIT to Balance®, GFH 10:10 FIT to Stretch®, GFH 11:00 <b>Lunch Outing: Not Justa Cafe*, LOB</b> 2:30 Seated Volleyball, GFH 3:30 Tech Time, LEO 6:30 Women's Poker, L</p>	<p><b>29</b></p> <p>9:30 FIT to Pedal®, GFH 11:00 Ecumenical Worship, GFH 2:00 Guy's Poker, L 2:30 <b>Blue Ox Trio, GFH</b> 2:30 Chair Yoga, TV 3:00 Knit/Crochet Group, SL</p>	<p><b>30</b></p> <p>8:00 Walk 1 Mile at Home, TV 10:00 FIT to Balance®, GFH 10:10 FIT to Stretch®, GFH 10:30 Coloring Club, GS 1:00 Bingo, GFH 1:30 Bible Study with Jessica, RR 6:30 Thursday Night Bingo, SL</p>	<p><b>31</b></p> <p>9:30 FIT to Pedal®, GFH 10:30 Coffee Social, SL 11:00 Catholic Mass, GFH 11:00 Bible Study with Pastor Vork, RR 1:00 Bridge (RL), RR 1:00 Movie, THR 3:00 Puzzles/Brain Games, MR</p>	<p><b>Calendar events subject to change.</b></p> <p><b>To stay up to date with all events, please visit the GiGi Assistant® app.</b></p>