

June 2017, Volume 3 Issue 6

BUNGALOW NEWS

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Fantastic Tuesdays @ 5:00 p.m. *(unless otherwise indicated)*

Dinners in the Clubhouse

6/13 Dinner: Scavenger Hunt around town

meet @ Bungalow Clubhouse @ 4:00 p.m. residents drive their own cars in teams. When you RSVP, please let me know if:

- 1. you are interested in participating in the scavenger hunt*
- 2. you are willing to be a driver and how many people will fit in your car*
- 3. you would prefer to come at 5:00 p.m. for dinner only*

Menu: fajitas, Spanish rice, beans, chocolate cake

RSVP by 6/10

6/27 Appetizer Social

Menu: tapas including pita, cheeses, dips, Wattamelon roll (*"I didn't spell it wrong. It's pronounced "Watta-melon!" Friendly's Restaurant offers this summer seasonal favorite that is made with refreshing watermelon and lemon sherbet with rich chocolate chip "seeds."*)

RSVP by 6/24

Let's Go Out

6/14 Tommy Dukes Band at Jim Cullen Park

p/u in the Bungalows @ 4:30 p.m.; chairs, pizza and beverages provided

RSVP by 6/7

6/20 Dinner out to Oakmont

p/u in the Bungalows @ 5:00 p.m.

RSVP by 6/13



TED talks @ 10 on Monday

Theme: How Does My Brain Work?

6/5 no TED talk today. Please join us in the Malapais room to meet the directors from the Missoula Childrens Theater @ 10:00 a.m. and ask them about the interesting the work they do across the country.

6/12 Suzana Herculano-Houzel:
What is so special about the human brain?

6/19 Daniel Wolpert: The real reason for brains

6/26 Michael Merzenich: Growing evidence of brain plasticity

Special announcements:



We welcome the Missoula Children's Theater once again for an exciting theatrical week with Gulliver's Travels! The travelling theater brings everything needed to produce a show...except the actors! That part is up to you and interested children from the community. Please join us @ 10:00 a.m. on Monday 6/5 in the Malapais room to meet the directors and learn more about this great program. Then, if you would like to try your hand at acting, meet @ 1:00 p.m. later that day in the Alpine room for auditions. This is a low key fun filled program. We would love to see many residents participate.

Additional commitments (depending on your role) include:

Monday 6/5 – Friday 6/9 1:00-5:30
Rehearsal

Friday 6/9 6:30 p.m. performance

Saturday 6/10 3:00 p.m. performance

Optional workshops will be available on Tuesday 6/6 and Wednesday 6/7 @ 11:30 in the Alpine room. Look for flyers regarding workshop topics.

Please notice the following room changes due to the Missoula Children's Theater programming @ The Peaks the first week of June:

Tuesday 6/6 Aromatherapy is *not* in the Bungalow Clubhouse @ 1:30, but instead on the back porch of the lodge.

Wednesday 6/7 Chair Yoga is *not* in the Bungalow Clubhouse @ 3:15 but instead in the bistro.

NEW TIME!



**Morning Walking Club
Thursdays at 9:00 a. m.**

We will meet at the Bungalow Clubhouse and aim to walk for at least 30 minutes. Route may vary, suggestions welcomed!

NEW



Great Courses

Every Monday: Join us at the Bungalow Clubhouse from 6pm to 7pm for a presentation and discussion on the topic of geological processes and the landscapes that they form. The program looks at famous geologic formations around the world and how they were formed and the impact they have had. There are 36 locations investigated. This first set looks at some unique volcanoes and plate tectonics. The next set looks at caverns and the processes that form them. You do not have to attend every week; the topics will be announced on the bulletin board. We are never too old to learn something new. So join us and discover more about this amazing planet called Earth.



Mountain Tremors Choir is led by the NAU Speech-Language-Hearing clinic and is

welcoming new members!

Rehearsals are Mondays @ 1:00 p.m. in the Bungalow Clubhouse.

Reminders:



Trivia Tuesday - - We will meet in the clubhouse on **Tuesday, June 6th AT 6:00**

instead of 5:00 because of rehearsal for Gulliver's Travels. We will still **order pizza - \$1.25 a slice**. Please let Linda W. know by Monday June 5th what you want to order. Return form, email or call please. Just need to know how many slices and whether they are Supreme or Pepperoni. Money will be collected on the 6th. If you just want to play trivia that is fine, too.

Name: _____

of slices _____

pepperoni

of slices _____

Supreme

Stand Tall Don't Fall

By Christina Boyd

Tuesday 6/20 @ 3:15 p.m. in the Bungalow Clubhouse



Enjoy the beautiful music of Taize on Thursdays at noon in

the Malapais room. Stay for the prayer service at 12:15.

Others who have attended say “I love Taize. It helps me be calm and feel more peaceful”.

Give it a try.

Ladies of Downton Abbey – We have 4 more programs to finish the whole series. We will meet June 8th at Frances’, and then June 15th, 22nd and 29th will be the grand finale. We are planning to continue to meet and are considering several options to watch. If you have any ideas please let us know. At the June 29th meeting, we will be celebrating the ending of the series. Do dress and bring goodies to share.

PEARL GARDEN PARTIES:

Please join our new coordinator, Pamela, and lend a hand if you are available and willing. She would love the help and the residents surely appreciate new visitors!

All parties begin @ 2:30 p.m.

6/8 Father's Day Celebration

6/22 Mid-summer Celebration

Museum of Northern AZ lecture series

Saturday June 17 @ 10:30 AM

RSVP by 6/15 regarding attendance and intentions to eat or not.

Topic: TBD

Docent: TBD



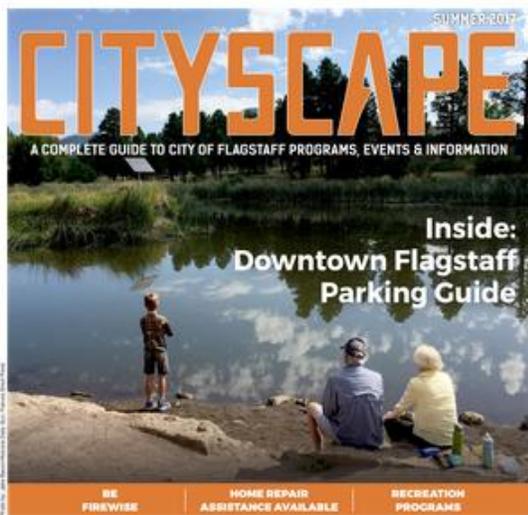
6/6 Hand massages are a wonderful way to relax and reduce worry and stress.

Please join me on the back porch of the Lodge at 1:30 p.m. You will be happy you did! It's FREE!

IN THE COMMUNITY

There are so many wonderful activities happening in our community this month! Did you receive a free newspaper called *City Scope*?

It is chock full of good info. Let me know if you need one, or access it online here https://issuu.com/azds/docs/su_mmerciscytscape2017_final



Theatrikids presents:



Shrek The Musical Jr.: Beauty is in the eye of the ogre in Shrek The Musical JR., based on the Oscar-winning DreamWorks Animation film and fantastic Broadway musical. It's a "big bright beautiful world" as everyone's favorite ogre, Shrek, leads a cast of fairytale misfits on an adventure to rescue a princess and find true acceptance. Part romance and part twisted fairy tale, Shrek JR. is an irreverently fun show with a powerful message for the whole family. Once upon a time, in a far away swamp, there lived an ogre named Shrek. One day, Shrek finds his swamp invaded by banished fairytale misfits who have been cast off by Lord Farquaad, a tiny terror with big ambitions. When Shrek sets off with a wisecracking donkey to confront Farquaad, he's handed a task – if he rescues feisty princess Fiona, his swamp will be righted. Shrek tries to win Fiona's love and vanquish Lord Farquaad, but a fairytale wouldn't be complete without a few twists and turns along the way.

Performances are June 23-25 and 30-July 2.

(added Oakmont menu on page 6)