

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Church Service, MR 2:30 Root Beer Float, B 3:00 TED Talks, B	LABOR DAY 2 10:00 TED Talks at 10, BC 11:00 FIT Functional Fitness®-Strong, BC 11:30 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:00 Family Feud Game, B 2:30 Good Grief Group, DSDR 3:00 Great Courses, BC	3 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT Functional Fitness®-Balance, BC 1:00 The Peaks Choir Rehearsal, MR 1:30 Pets, Puppies & Smiles, ALP 2:00 Talk w/Life Enrichment, B 3:00 Prize Bingo, B 5:00 Kachina Restaurant Outing, BC	4 9:00 Walking Club, BC 10:00 FIT Functional Fitness®-Stretch, B 10:30 FIT Functional Fitness®-Strong, B 11:15 Bible Study, LR 11:30 Water Aerobics, P 2:15 Hypothetical Discussions, B 3:15 Chair Yoga, B 4:00 Catholic Rosary, ACR	5 9:30 Munch & Mingle, B 10:30 FIT to Pedal®, ER 12:00 Open Swimming, P 12:15 Spiritual Devotion & Hymns, LR 1:00 The Peaks Choir Rehearsal, MR 3:30 Cultures of the World, B	6 9:15 Donuts, Coffee, Chat, Trivia 10:30 FIT Functional Fitness®-Balance, BC 11:00 FIT Functional Fitness®-Strong, BC 11:30 Water Aerobics, P 1:30 Meet & Greet w/Spiritual Dir, ALP 3:00 Happy Hour, MR	7 Open Swimming, P 9:35 Self-Led Puzzles, MR 10:15 FIT to Stretch®, ALP 1:00 Beautiful Nails, B 2:15 Mystery Person Game, B 3:00 Money Bingo, B 5:00 Popcorn & Stars, B
8 Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Church Service, MR 2:30 Root Beer Float, B 2:30 B in the Bistro, B 3:30 Relaxing Hand Massage, B	Sports Team Day Community Art Project, ALP 9 10:00 TED Talks at 10, BC 11:00 FIT Functional Fitness®-Strong, BC 11:30 Water Aerobics, P 1:30 Free Resident Massage, ER 2:30 Bible Study & Hymns, B 3:00 Great Courses, BC	Mismatch Dress Up Day Community Art Project, ALP 10 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT Functional Fitness®-Balance, BC 11:30 Parkinson's Support Group, ALP 1:00 The Peaks Choir Rehearsal, MR 1:30 Pets, Puppies & Smiles, ALP 2:00 Aviation Club, DSDR 5:00 Greek Dinner, BC	PATRIOT DAY Community Art Project, ALP 11 Pajama Day 7:00 Omelet Bar, B 9:00 Walking Club, BC 10:00 FIT Functional Fitness®-Stretch, BC 10:30 FIT Functional Fitness®-Strong, BC 12:00 Ladies & Gents of the Peaks, BC 1:15 Relaxing Classical Music, MR 3:00 Catholic Mass, MR 3:15 Chair Yoga, BC	Super Hero Day Community Art Project, ALP 12 9:30 Munch & Mingle, BC 10:30 FIT Functional Fitness®-Pedal, BC 12:00 Open Swimming, P 12:15 Spiritual Devotion & Hymns, LR 1:00 The Peaks Choir Rehearsal, MR 1:00 Popping for Popcorn Event, B 2:00 Kitchen Corner, B 3:00 Peaks Volleyball Game, ALP	Funny Hair Day Community Art Project, ALP 13 9:15 Donuts, Coffee, Chat, Trivia 10:30 FIT Functional Fitness®-Balance, BC 10:40 Pre-K Story Time, MR 11:00 FIT Functional Fitness®-Strong, BC 11:30 Water Aerobics, P 1:30 Resident Art Showcase, B 3:00 Happy Hour, MR	14 Open Swimming, P 9:00 Community Yard Sale, BC 9:35 Self-Led Puzzles, MR 10:15 FIT to Stretch®, ALP 1:30 Munch & Trivia Game, B 3:00 Money Bingo, B 4:15 TED Talks, B
15 Open Swimming, P 10:30 FIT to Pedal®, ER 11:30 Austin's Piano Performance, MR 1:00 Church Service, MR 2:30 Root Beer Float, B 3:00 TED Talks, B	16 10:00 TED Talks at 10, BC 11:00 FIT Functional Fitness®-Strong, BC 11:30 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:00 Family Feud, ALP 2:30 Good Grief Group, DSDR 3:00 Great Courses, BC	17 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT Functional Fitness®-Balance, BC 1:00 The Peaks Choir Rehearsal, MR 1:30 Pets, Puppies & Smiles, ALP 3:00 Prize Bingo, B 3:00 Karaoke, ALP 5:00 End of Summer Block Party 7:00 Archaeology Society, ALP	18 9:00 Walking Club, BC 10:00 FIT Functional Fitness®-Stretch, BC 10:30 FIT Functional Fitness®-Strong, BC 11:15 Bible Study, LR 11:30 Water Aerobics, P 12:00 Ladies & Gents of the Peaks, BC 2:30 Back at the Barnyard Party, ALP 3:15 Chair Yoga, BC 4:00 Catholic Rosary, ACR 6:30 Ballroom Dancing, ALP	19 9:30 Munch & Mingle, BC 10:30 FIT Functional Fitness®-Pedal, BC 12:00 Open Swimming, P 12:15 Spiritual Devotion & Hymns, LR 1:00 The Peaks Choir Rehearsal, MR 2:00 Antiques & Collectible Corner, BC 2:30 Music Meditation, MR 3:30 Navajo Cultural Story, B	20 9:15 Donuts, Coffee, Chat, Trivia 10:30 FIT Functional Fitness®-Balance, BC 11:00 FIT Functional Fitness®-Strong, BC 11:30 Water Aerobics, P 1:00 Resident Council Meeting, DSDR 3:00 Happy Hour, MR	21 9:35 Self-Led Puzzles, MR 10:15 FIT to Stretch®, ALP 1:00 Beautiful Nails, B 3:00 Money Bingo, B 5:00 Popcorn & Stars, B
22 Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Church Service, MR 2:30 Root Beer Float, B 2:30 B in the Bistro, B 3:30 Relaxing Hand Massage, B	AUTUMN BEGINS 23 10:00 TED Talks at 10, BC 11:00 FIT Functional Fitness®-Strong, BC 11:30 Water Aerobics, P 1:00 Relaxing Classical Music, MR 2:30 Bible Study & Hymns, B 3:00 Great Courses, BC	24 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT Functional Fitness®-Balance, BC 1:00 The Peaks Choir Rehearsal, MR 1:30 Pets, Puppies & Smiles, ALP 2:00 Forum w/Michele, DSDR 3:00 Prize Bingo, B	25 7:00 Omelet Bar, B 9:00 Walking Club, BC 10:00 Chair Dancing, ALP 10:00 FIT Functional Fitness®-Stretch, BC 10:30 FIT Functional Fitness®-Strong, BC 11:30 Water Aerobics, P 12:00 Ladies & Gents of the Peaks, BC 1:30 Baking Pie Pals, BC 3:15 Chair Yoga, BC 4:00 Catholic Rosary, ACR	26 9:30 Munch & Mingle, BC 10:30 FIT Functional Fitness®-Pedal, BC 11:00 Active Life Balance, B 12:00 Open Swimming, P 12:15 Spiritual Devotion & Hymns, LR 1:00 The Peaks Choir Rehearsal, MR 3:00 Valiant Veterans®, ALP	27 9:15 Donuts, Coffee, Chat, Trivia 10:30 FIT Functional Fitness®-Balance, BC 10:40 Pre-K Story Time, MR 11:00 FIT Functional Fitness®-Strong, BC 11:30 Water Aerobics, P 1:00 Bookmobile, PL 1:30 Classic Hollywood Trivia, B 3:00 Happy Hour, MR 6:30 Flagstaff Symphony Outing, BC	28 Open Swimming, P 9:35 Self-Led Puzzles, MR 10:15 FIT to Stretch®, ALP 12:00 Book Club, DSDR 1:30 Munch & Trivia Game, B 3:00 Money Bingo, B 4:15 TED Talks, B
ROSH HASHANAH BEGINS AT SUNSET 29 Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Church Service, MR 2:30 Root Beer Float, B 3:00 TED Talk, B	30 10:00 TED Talks at 10, BC 11:00 FIT Functional Fitness®-Strong, BC 11:30 Water Aerobics, P 1:30 Munch & Trivia, B 2:30 Bible Study & Hymns, B 3:00 Great Courses, BC	LOCATIONS Alpine – Conference Rm., ACR Alpine Room, ALP Back Patio, BP Bistro, B Bungalow Clubhouse, BC Computer Room, CR Desert Sheep Dining Room, DSDR Exercise Room, ER Library, LR Lobby, L Malpais Room, MR Outing, O Parking Lot, PL Pearl Garden, PG			BIRTHDAYS Linda W., 6th Richard P., 8th Gail S., 15th Jane H., 24th	

CALENDAR EVENTS SUBJECT TO CHANGE.