

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>11:15 Daily Devotions, 3DR <b>1</b></p> <p><b>11:30 News &amp; Views, 3DR</b></p> <p>1:30 Snack Attack Cart, H 123</p> <p>4:00 Music on the Move w/B, H 123</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p>	<p>9:30 FIT to Be Strong®, ALP <b>2</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p><b>1:00 "Family Feud," B</b></p> <p><b>2:30 Prize Bingo, 2DR</b></p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Stretch®, ALP <b>3</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:45 News &amp; Views, 3DR</p> <p><b>1:30 Pets, Puppies &amp; Smiles, ALP</b></p> <p>3:00 Artistic Expressions, 2DR</p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Pedal®, ALP <b>4</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Stretch®, ALP <b>5</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p>10:30 Threshold Choir, H 123</p> <p>11:00 Bun Huggers, OC</p> <p>3:00 Indian Bible Church</p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Be Strong®, 3DR <b>6</b></p> <p>10:15 Doughnuts &amp; Tea, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p>1:30 Chair Yoga w/Karen, 3DR</p> <p>2:30 Prize Bingo, 2DR</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p>	<p>8:00 Brain Teasers, H 123 <b>7</b></p> <p>9:30 Crafter Corner, 2DR</p> <p>11:00 Hot Coffee &amp; Tea, 3DR</p> <p>11:15 News &amp; Views, 3DR</p> <p>2:30 Prize Bingo, 2DR</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p>	
<p><b>DAYLIGHT SAVING TIME BEGINS 8</b></p> <p>11:15 Daily Devotions, 3DR</p> <p><b>11:30 News &amp; Views, 3DR</b></p> <p>1:30 Snack Attack Cart, H 123</p> <p>4:00 Music on the Move w/B, H 123</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p> <p>4:15 Unwind Time, H 123</p>	<p>9:30 FIT to Be Strong®, ALP <b>9</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p><b>2:30 Prize Bingo, 2DR</b></p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Stretch®, ALP <b>10</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:45 News &amp; Views, 3DR</p> <p><b>1:30 Pets, Puppies &amp; Smiles, ALP</b></p> <p><b>3:00 Sing w/Me Karaoke, ALP</b></p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Pedal®, ALP <b>11</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:30 Tai Chi</p> <p>11:00 News &amp; Views, 3DR</p> <p>2:00 Chair Yoga, B</p> <p><b>2:30 Cultural Music Meditation, ALP</b></p> <p>3:00 Catholic Mass, MR</p> <p><b>4:00 Catholic Rosary, ACR</b></p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Stretch®, ALP <b>12</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p>10:30 Threshold Choir, H 123</p> <p><b>2:00 Resident Council Meeting, 2DR</b></p> <p>3:00 Indian Bible Church</p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Be Strong®, 3DR <b>13</b></p> <p>10:15 Doughnuts &amp; Tea, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p>1:30 Chair Yoga w/Karen, 3DR</p> <p>2:30 Prize Bingo, 2DR</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p>	<p>8:00 Brain Teasers, H 123 <b>14</b></p> <p>9:30 Crafter Corner, 2DR</p> <p>11:00 Hot Coffee &amp; Tea, 3DR</p> <p>11:15 News &amp; Views, 3DR</p> <p>2:30 Prize Bingo, 2DR</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p>	
<p>11:15 Daily Devotions, 3DR <b>15</b></p> <p><b>11:30 News &amp; Views, 3DR</b></p> <p>1:30 Snack Attack Cart, H 123</p> <p>4:00 Music on the Move w/B, H 123</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p>	<p>9:30 FIT to Be Strong®, ALP <b>16</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p><b>1:00 "Family Feud," B</b></p> <p><b>2:30 Prize Bingo, 2DR</b></p> <p>4:00 KTNN Program, 2DR</p>	<p><b>ST. PATRICK'S DAY 17</b></p> <p>9:30 FIT to Stretch®, ALP</p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:45 News &amp; Views, 3DR</p> <p><b>1:30 Pets, Puppies &amp; Smiles, ALP</b></p> <p>3:00 Ice Cream Social, 2DR</p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Pedal®, ALP <b>18</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p><b>2:30 Luck of the Irish B-Day Party, ALP</b></p> <p><b>4:00 Catholic Rosary, ACR</b></p> <p>4:00 KTNN Program, 2DR</p>	<p><b>FIRST DAY OF SPRING 19</b></p> <p>9:30 FIT to Stretch®, ALP</p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p>10:30 Threshold Choir, H 123</p> <p>11:00 N.M.A Outing, OC</p> <p>3:00 Indian Bible Church</p> <p><b>3:30 Happy Hour Party w/ Performer, ALP</b></p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Be Strong®, 3DR <b>20</b></p> <p>10:15 Doughnuts &amp; Tea, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p>1:30 Chair Yoga w/Karen, 3DR</p> <p>2:30 Prize Bingo, 2DR</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p>	<p>8:00 Brain Teasers, H 123 <b>21</b></p> <p>9:30 Crafter Corner, 2DR</p> <p>11:00 Hot Coffee &amp; Tea, 3DR</p> <p>11:15 News &amp; Views, 3DR</p> <p>2:30 Prize Bingo, 2DR</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p>	
<p>11:15 Daily Devotions, 3DR <b>22</b></p> <p><b>11:30 News &amp; Views, 3DR</b></p> <p>1:30 Snack Attack Cart, H 123</p> <p>4:00 Music on the Move w/B, H 123</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p> <p>4:15 Unwind Time, H 123</p>	<p>9:30 FIT to Be Strong®, ALP <b>23</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p><b>2:30 Prize Bingo, 2DR</b></p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Stretch®, ALP <b>24</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:45 News &amp; Views, 3DR</p> <p><b>1:30 Pets, Puppies &amp; Smiles, ALP</b></p> <p>3:00 Colorful Nails, 1DR</p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Pedal®, ALP <b>25</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:30 Tai Chi</p> <p>11:00 News &amp; Views, 3DR</p> <p>2:00 Chair Yoga, B</p> <p><b>2:30 Cultural Music Meditation, ALP</b></p> <p><b>4:00 Catholic Rosary, ACR</b></p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Stretch®, ALP <b>26</b></p> <p>10:00 Games w/Angela R.H.N.A, ALP</p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p>10:30 Threshold Choir, H 123</p> <p>3:00 Valiant Veterans®, B</p> <p>3:00 Indian Bible Church</p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Be Strong®, 3DR <b>27</b></p> <p>10:15 Doughnuts &amp; Tea, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p>1:30 Chair Yoga w/Karen, 3DR</p> <p>2:30 Prize Bingo, 2DR</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p>	<p>8:00 Brain Teasers, H 123 <b>28</b></p> <p>9:30 Crafter Corner, 2DR</p> <p>11:00 Hot Coffee &amp; Tea, 3DR</p> <p>11:15 News &amp; Views, 3DR</p> <p>2:30 Prize Bingo, 2DR</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p>	
<p>11:15 Daily Devotions, 3DR <b>29</b></p> <p><b>11:30 News &amp; Views, 3DR</b></p> <p>1:30 Snack Attack Cart, H 123</p> <p>4:00 Music on the Move w/B, H 123</p> <p>4:00 KTNN Program, 2DR</p> <p>4:00 Movie Night w/ Snacks, H 123</p>	<p>9:30 FIT to Be Strong®, ALP <b>30</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:30 News &amp; Views, 3DR</p> <p><b>2:30 Prize Bingo, 2DR</b></p> <p>4:00 KTNN Program, 2DR</p>	<p>9:30 FIT to Stretch®, ALP <b>31</b></p> <p>10:25 Sip &amp; Chat, 3DR</p> <p>10:45 News &amp; Views, 3DR</p> <p><b>1:30 Pets, Puppies &amp; Smiles, ALP</b></p> <p>3:00 Balloon Toss, ALP</p> <p>4:00 KTNN Program, 2DR</p>	<p><b>LOCATIONS</b></p> <p>Alpine – Conference Rm., ACR    First Hall Dining Room, 1DR    Pearl Garden, 3rd Floor, PG3</p> <p>Alpine Room, ALP    Halls One, Two and Three, H 123    Second Floor Dining Room, SFDR</p> <p>Bistro, B    Lobby, L    Second Hall Dining Room, 2DR</p> <p>Club House, C    Malapais Room, MR    Third Hall Dining Room, 3DR</p> <p>Computer Room, CR    Off-Campus, OC</p> <p>Exercise Room, ER    Outside, OS</p>			<p><b>BIRTHDAYS</b></p> <p>Alphonse H S., 6th    Patsy M., 17th    Elizabeth G S., 25th</p> <p>Evelynn K., 8th    Victoria E., 22nd    Sarah B., 31st</p> <p>John S., 11th    Marilou C., 24th</p> <p>Thomas R., 15th    Elizabeth S., 25th</p>	
<p><b>Calendar events are subject to change. The survey results are readily accessible to you and are located in the brown binder near the entrance to The Peaks Health Care Center.</b></p>							