

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Stretch®/Strong/Balance, RL 1:30 Yahtzee, RL 3:00 New Creation Church Service, A	<b>LABOR DAY 2</b> 9:00 FIT to Stretch®/Strong/Balance, RL 9:00 Zumba, A 10:30 Resident Council Meeting, RL 1:00 Billiards Time, RL 1:00 Bingo, RL 2:00 Round Table w/Adrian, RL 3:00 Loteria, RL 6:00 San Diego Orchestra	<b>3</b> 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/Strong/Balance, RL 1:00 Billiards Time, RL 1:30 Tai Chi Class, A 2:15 FIT to Pedal®, RL 3:00 Word Game, RL	<b>4</b> 9:00 FIT to Stretch®/Strong/Balance, RL 9:00 Zumba, A 10:00 Catholic Communion, RL 1:00 Bingo, RL 3:00 Happy Hour: Salvador & Sylvia, RL	<b>5</b> 9:00 FIT to Stretch®/Strong/Balance, RL <b>12:00 Resident Birthday Luncheon, RL</b> 1:00 Skip-Bo, RL 2:00 Root Beer Floats, RL 2:30 Scrabble, RL	<b>6</b> 9:00 Bible Study, PD 9:00 Chair Yoga, RL 9:00 Zumba, A 1:00 Wii Have Fun, RL 2:00 Mindful Coloring, RL 3:00 Cocktail Hour, RL	<b>7</b> 11:00 Hymn Singing, A 1:00 Yahtzee, RL 1:00 Bingo, RL
<b>8</b> 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Stretch®/Strong/Balance, RL 1:30 Yahtzee, RL	<b>9</b> 9:00 FIT to Stretch®/Strong/Balance, RL 9:00 Zumba, A 1:00 Billiards Time, RL 1:00 Bingo, RL 2:00 Scrabble, RL <b>3:00 Habla Español?, RL</b> 6:00 San Diego Orchestra	<b>10</b> 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/Strong/Balance, RL 1:00 Billiards Time, RL 1:00 Aquacise Water Aerobics, P 2:15 FIT to Pedal®, RL 3:00 Word Game, RL	<b>PATRIOT DAY 11</b> 9:00 FIT to Stretch®/Strong/Balance, RL 9:00 Zumba, A 10:00 Catholic Communion, RL 1:00 Bingo, RL 3:00 Happy Hour: The Melodians, RL	<b>12</b> 9:00 FIT to Stretch®/Strong/Balance, RL <b>11:30 Sunshine Ladies' Luncheon, RL</b> 1:00 Skip-Bo, RL 1:00 Aquacise Water Aerobics, P 2:00 Root Beer Floats, RL 2:30 Scrabble, RL	<b>13</b> 9:00 Bible Study, PD 9:00 Chair Yoga, RL 9:00 Zumba, A 1:00 Wii Have Fun, RL 2:00 Mindful Coloring, RL 3:00 Cocktail Hour, RL	<b>14</b> 11:00 Hymn Singing, A 1:00 Yahtzee, RL 1:00 Bingo, RL
<b>15</b> 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Stretch®/Strong/Balance, RL 1:30 Yahtzee, RL 3:00 Skyline Church Service, A	<b>16</b> 9:00 FIT to Stretch®/Strong/Balance, RL 9:00 Zumba, A 1:00 Billiards Time, RL 1:00 Bingo, RL 3:00 Loteria, RL 6:00 San Diego Orchestra	<b>17</b> 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/Strong/Balance, RL 1:00 Billiards Time, RL 1:30 Tai Chi Class, A 2:15 FIT to Pedal®, RL 3:00 Word Game, RL 6:00 Book Club, RL	<b>18</b> 9:00 FIT to Stretch®/Strong/Balance, RL 9:00 Zumba, A 10:00 Catholic Communion, RL 1:00 Bingo, RL 3:00 Happy Hour: Sophisticats, RL	<b>19</b> 7:30 Valiant Veterans® Breakfast, SD 9:00 FIT to Stretch®/Strong/Balance, RL <b>10:00 Trip to a Local Casino, *</b> 1:00 Skip-Bo, RL 2:00 Pamper Me, RL 2:00 Root Beer Floats, RL 2:30 Scrabble, RL	<b>20</b> 9:00 Bible Study, PD 9:00 Chair Yoga, RL 9:00 Zumba, A 1:00 Wii Have Fun, RL 2:00 Mindful Coloring, RL 3:00 Cocktail Hour, RL	<b>21</b> 11:00 Hymn Singing, A 1:00 Yahtzee, RL 1:00 Bingo, RL
<b>22</b> 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Stretch®/Strong/Balance, RL 1:30 Yahtzee, RL 3:00 Lemon Grove Christian Church, A	<b>AUTUMN BEGINS 23</b> 9:00 FIT to Stretch®/Strong/Balance, RL 9:00 Zumba, A 1:00 Billiards Time, RL 1:00 Bingo, RL 2:00 Scrabble, RL <b>3:00 Habla Espanol?, RL</b> 6:00 San Diego Orchestra	<b>24</b> 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/Strong/Balance, RL 1:00 Billiards Time, RL 1:00 Aquacise Water Aerobics, P 2:15 FIT to Pedal®, RL 3:00 Word Game, RL	<b>25</b> 9:00 FIT to Stretch®/Strong/Balance, RL 9:00 Zumba, A 10:00 Catholic Communion, RL 1:00 Bingo, RL 3:00 Happy Hour: Joe Pal & Friends, RL	<b>26</b> 9:00 FIT to Stretch®/Strong/Balance, RL <b>11:30 Men's Luncheon, SD</b> 1:00 Skip-Bo, RL 1:00 Aquacise Water Aerobics, P 2:00 Root Beer Floats, RL 2:30 Scrabble, RL	<b>27</b> 9:00 Bible Study, PD 9:00 Chair Yoga, RL 9:00 Zumba, A 1:00 Wii Have Fun, RL 2:00 Mindful Coloring, RL 3:00 Cocktail Hour, RL	<b>28</b> 11:00 Hymn Singing, A 1:00 Yahtzee, RL 1:00 Bingo, RL
<b>ROSH HASHANAH BEGINS AT SUNSET 29</b> 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Stretch®/Strong/Balance, RL 1:30 Yahtzee, RL	<b>30</b> 9:00 FIT to Stretch®/Strong/Balance, RL 9:00 Zumba, A 1:00 Billiards Time, RL 1:00 Bingo, RL 6:00 San Diego Orchestra	<b>LOCATIONS</b> Auditorium, A Casa Del Norte, CN Computer Room, CR Gazebo, G Heritage House, HH Need To Sign Up For This Event, * North Lawn, NL Outing, O Pool, P Private Dining Room, PD Resident Lounge, RL Skill Nursing, SNF South Dining Room, SD South Lawn, SL				

CALENDAR EVENTS SUBJECT TO CHANGE.