

FEBRUARY 2024

Senior Liv	iiig					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LOCATIONS Cafe, CAF Library, LIB Private Dining Room, PDR		Dining Room, DIN Pool, P	Due to calendar space, all programs may not be reflected. To stay up to date with all events, please visit the GiGi Assistant®app.	9:00 FIT to Pedal®, TAL 10:15 Catholic Communion, CC 10:30 Water Aerobics, P 1:00 Non-denominational Worship, TAL 2:00 Executive Council Meeting, CC 2:00 Bridge, LIB	9:00 FIT to Pedal®, TAL 9:30 Trivia and Donuts, CAF 11:00 Miramont Pointe Singers, TAL 1:00 Classical Music Education, CC 2:00 Yoga Flex, TAL 3:00 Happy Hour, CC	10:30 Water Aerobics, P 1:00 Scrabble, CAF 1:00 Shopping Outing: Target/Safeway/ Walgreens, OUT 3:30 Bingo, TAL
8:00 Catholic Church, OUT 10:30 Apostolic Church, OUT 1:00 Oregon Symphony, OUT 2:00 Movie, TAL	9:00 FIT to Pedal®, TAL 11:00 Tai Chi with Ryan, TAL 1:00 Mira Mart Store Open 1:00 S3 Balance Class, TAL 1:30 Wii Bowling - Alley Cats, CC 2:30 Writers Workshop, CC 2:30 FIT to Stretch®, TAL 3:00 FIT to be Strong®, TAL	9:00 FIT to Pedal®, TAL 10:00 Find A Word, CAF 11:00 Lunch Outing: Hubers, OUT 11:00 Dance for Parkinson's, TAL 3:00 Happy Hour, CC 6:30 Wii Bowling - Rollin Witches, CC	9:00 FIT to Pedal®, TAL 10:00 Flowering Florists, CAF 12:00 Bible Study, PDR 1:00 S3 Balance Class, TAL 1:30 Happy Valley Library, LIB 1:30 FIT to Stretch®, TAL 2:00 FIT to be Strong®, TAL 3:00 Music by John Van Beek, TAL	9:00 FIT to Pedal [®] , TAL 10:15 Catholic Communion, CC 10:30 Water Aerobics, P 1:00 Non-denominational Worship, TAL 2:00 Bridge, LIB	9:00 FIT to Pedal [®] , TAL 9:30 Trivia and Donuts, CAF 11:00 Miramont Pointe Singers, TAL 2:00 Yoga Flex, TAL 3:00 Happy Hour, CC	10:30 Water Aerobics, P 1:00 Scrabble, CAF 1:00 Shopping Outing: Target/Safeway/ Walgreens, OUT 3:30 Bingo, TAL
8:00 Catholic Church, OUT 10:30 Apostolic Church, OUT 2:00 Movie, TAL 5:00 Super Bowl Party, TAL	9:00 FIT to Pedal®, TAL 11:00 Tai Chi with Ryan, TAL 1:00 Mira Mart Store Open 1:00 S3 Balance Class, TAL 1:30 Wii Bowling - Alley Cats, CC 2:30 Writers Workshop, CC 2:30 FIT to Stretch®, TAL 3:00 FIT to be Strong®, TAL	9:00 FIT to Pedal®, TAL 10:00 Find A Word, CAF 11:00 Lunch Outing: Pietros, OUT 3:00 Happy Hour, CC 6:30 Wii Bowling - Rollin Witches, CC	9:00 FIT to Pedal®, TAL 9:30 Outing: Ilani Casino, OUT 10:00 Flowering Florists, CAF 11:00 Ash Wednesday Service, TAL 11:00 Watercolor Class, CAF 12:00 Bible Study, PDR 1:00 S3 Balance Class, TAL 1:30 FIT to Stretch®, TAL 2:00 FIT to be Strong®, TAL	9:00 FIT to Pedal®, TAL 10:15 Catholic Communion, CC 10:30 Water Aerobics, P 1:00 Non-denominational Worship, TAL 2:00 Dining Commitee, CC 2:00 Bridge, LIB	9:00 FIT to Pedal®, TAL 9:30 Trivia and Donuts, CAF 11:00 Miramont Pointe Singers, TAL 2:00 Yoga Flex, TAL 3:00 Happy Hour, CC	10:30 Water Aerobics, P 1:00 Scrabble, CAF 1:00 Shopping Outing: Target/ Safeway/Walgreens, OUT 2:00 Charles & The Angels, TAL 3:30 Bingo, TAL
8:00 Catholic Church, OUT 10:30 Apostolic Church, OUT 1:00 Theater Outing: "Alibis", OUT 2:00 Movie, TAL	9:00 FIT to Pedal®, TAL 11:00 Tai Chi with Ryan, TAL 1:00 Mira Mart Store Open 1:00 S3 Balance Class, TAL 1:30 Book Club, PDR 1:30 Wii Bowling - Alley Cats, CC 2:30 Writers Workshop, CC 2:30 FIT to Stretch®, TAL 3:00 FIT to be Strong®, TAL	9:00 FIT to Pedal®, TAL 10:00 Find A Word, CAF 11:00 Lunch Outing: Cheesecake Factory, OUT 3:00 Parkinson's Support Group, DIN 3:00 Happy Hour, CC 6:30 Wii Bowling - Rollin Witches, CC	9:00 FIT to Pedal®, TAL 10:00 Flowering Florists, CAF 12:00 Bible Study, PDR 1:00 S3 Balance Class, TAL 1:30 Happy Valley Library, LIB 1:30 FIT to Stretch®, TAL 2:00 FIT to be Strong®, TAL 3:00 Music by Lee Nicholas, TAL	9:00 FIT to Pedal®, TAL 10:15 Catholic Communion, CC 10:30 Water Aerobics, P 11:00 Lunch Outing: Chart House, OUT 1:00 Non-denominational Worship, TAL 2:00 Bridge, LIB	9:00 FIT to Pedal [®] , TAL 9:30 Trivia and Donuts, CAF 11:00 Miramont Pointe Singers, TAL 2:00 Yoga Flex, TAL 3:00 Happy Hour, CC	10:30 Water Aerobics, P 1:00 Scrabble, CAF 1:00 Shopping Outing: Target/Safeway/ Walgreens, OUT 3:30 Bingo, TAL
8:00 Catholic Church, OUT 10:30 Apostolic Church, OUT 2:00 Movie, TAL	9:00 FIT to Pedal®, TAL 11:00 Tai Chi with Ryan, TAL 1:00 Mira Mart Store Open 1:00 S3 Balance Class, TAL 1:30 Wii Bowling - Alley Cats, CC 2:30 Writers Workshop, CC 2:30 FIT to Stretch®, TAL 3:00 FIT to be Strong®, TAL	9:00 FIT to Pedal®, TAL 10:00 Find A Word, CAF 11:00 Lunch Outing: Heidi's, OUT 3:00 Happy Hour, CC 6:30 Wii Bowling - Rollin Witches, CC	9:00 FIT to Pedal®, TAL 10:00 Flowering Florists, CAF 11:00 Acrylic Class, CAF 12:00 Bible Study, PDR 1:00 S3 Balance Class, TAL 1:30 FIT to Stretch®, TAL 2:00 FIT to be Strong®, TAL 3:00 Music by Lee Nichols, TAL	9:00 FIT to Pedal®, TAL 10:15 Catholic Communion, CC 10:30 Water Aerobics, P 1:00 Non-denominational Worship, TAL 2:00 Bridge, LIB		