

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30 FIT Chair Yoga™, FR 11:00 Current Events, FR 1:30 Reflections, FR 2:30 Library Visit 3:00 Hollywood Movie Premiere, FR 3:30 Tea Time, DIN 4:30 Nature Time	2 9:30 Sit and Be Fit, FR 10:30 News and Views, FR 11:00 Dance for Parkinson's 1:00 Earthtones Art Therapy, FR 2:30 Piano by Barbara, FR 3:30 Storytelling by Neil G., FR 4:00 Treasures of the Heart™, FR	3 9:30 Sit and Be Fit, FR 10:30 Spiritual Care Class with Elizabeth, FR 10:30 Current Events, FR 1:30 Reading Group/Book Club, FR 1:30 Activity Planning Committee, GAR 2:00 Crafts and Snacks, FR	4 9:30 Sit and Be Fit, FR 10:30 Daily Chronicle, FR 11:00 Treasures of the Heart™, FR 1:00 Non-denominational Worship 2:00 Garden Social, GAR 3:00 Classic Television Marathon, FR	5 9:30 Sit and Be Fit, FR 10:00 Donut Social, FR 10:30 Daily Chronicle, FR 11:00 Miramont Singers 1:30 Creative Corner, DIN 2:30 Balloon Ball Toss, FR 3:30 Reading Group, FR 4:30 Music Concerts, FR	6 9:00 Scenic Drive, OUT 10:30 Water Aerobics, P 11:15 Daily Chronicle, FR 1:30 Reading Group/Book Club, FR 2:00 Arts and Crafts, FR 3:00 Netflix Original Movies, FR
7 10:15 Morning Worship, FR 11:00 Devotions and Coffee Cart, FR 1:30 FIT Chair Yoga™, FR 2:30 Ice Cream Social, FR 3:00 Arm Chair Travel, FR 4:00 Comedy Central, FR	8 9:30 FIT Chair Yoga™, FR 11:00 Current Events, FR 1:30 Reflections, FR 2:30 Library Visit 3:00 Netflix Original Movies, FR 3:30 Tea Time, DIN 4:30 Nature Time	9 9:30 Sit and Be Fit, FR 10:30 News and Views, FR 11:00 Earthtones Music Therapy, FR 1:00 Cooking and Baking Class 2:30 Piano by Barbara, FR 3:30 Storytelling by Neil G., FR 4:00 Treasures of the Heart™, FR	10 9:30 Sit and Be Fit, FR 10:00 Painting with Cindy, DIN 10:30 Current Events, FR 1:30 Reading Group/Book Club, FR 2:00 Crafts and Snacks, FR 3:00 Netflix Original Movies, FR	11 9:30 Chair Yoga, FR 10:30 Daily Chronicle, FR 1:00 Non-denominational Worship 2:00 Garden Social, GAR 3:00 Hollywood Movie Premiere, FR	12 9:30 Body Movements & Seated Exercise, FR 10:00 Donut Social, FR 10:30 Daily Chronicle, FR 11:00 Miramont Singers 1:30 Creative Corner, DIN 2:30 Balloon Ball Toss, FR 3:30 Reading Group, FR 4:30 Music Concerts, FR	13 9:00 Scenic Drive, OUT 10:30 Water Aerobics, P 11:15 Daily Chronicle, FR 1:30 Reading Group/Book Club, FR 2:00 Arts and Crafts, FR 3:00 Hollywood Movie Premiere, FR
14 10:15 Morning Worship, FR 11:00 Devotions and Coffee Cart, FR 1:30 FIT Chair Yoga™, FR 2:30 Ice Cream Social, FR 3:00 Arm Chair Travel, FR 4:00 Comedy Central, FR	15 9:30 FIT Chair Yoga™, FR 11:00 Current Events, FR 1:30 Reflections, FR 2:30 Library Visit 3:00 Hollywood Movie Premiere, FR 3:30 Tea Time, DIN 4:30 Nature Time	16 9:30 Chair Yoga, FR 10:30 News and Views, FR 11:00 Dance for Parkinson's 1:00 Earthtones Art Therapy, FR 2:30 Piano by Barbara, FR 3:30 Storytelling by Neil G., FR 4:00 Treasures of the Heart™, FR	17 7:30 Breakfast at Elmers, OUT 10:30 Spiritual Care Class with Elizabeth, FR 10:30 Current Events, FR 1:30 Reading Group/Book Club, FR 2:00 Hospitality Committee Meeting, FR 2:00 Crafts and Snacks, FR	18 9:30 Chair Yoga, FR 10:30 Daily Chronicle, FR 11:15 Treasures of the Heart™, FR 1:00 Non-denominational Worship 2:00 Garden Social, GAR 3:00 Netflix Original Movies, FR	19 9:30 Chair Yoga, FR 10:00 Donut Social, FR 10:30 Daily Chronicle, FR 11:00 Miramont Singers 1:30 Creative Corner, DIN 2:30 Balloon Ball Toss, FR 3:30 Reading Group, FR 4:30 Music Concerts, FR	20 9:00 Scenic Drive, OUT 10:30 Water Aerobics, P 11:15 Daily Chronicle, FR 1:30 Reading Group/Book Club, FR 2:00 Arts and Crafts, FR 3:00 Netflix Original Movies, FR
21 10:15 Morning Worship, FR 11:00 Devotions and Coffee Cart, FR 1:30 FIT Chair Yoga™, FR 2:30 Ice Cream Social, FR 3:00 Arm Chair Travel, FR 4:00 Comedy Central, FR	PASSOVER BEGINS 22 9:30 FIT Chair Yoga™, FR 11:00 Current Events, FR 1:30 Reflections, FR 2:30 Library Visit 3:00 Netflix Original Movies, FR 3:30 Tea Time, DIN 4:30 Nature Time	23 9:30 Chair Yoga, FR 10:30 News and Views, FR 11:00 Earthtones Music Therapy, FR 1:00 Cooking and Baking Class 2:30 Piano by Barbara, FR 3:30 Storytelling by Neil G., FR 4:00 Treasures of the Heart™, FR	24 9:30 Chair Yoga, FR 10:00 Painting with Cindy, DIN 10:30 Current Events, FR 1:30 Reading Group/Book Club, FR 2:00 Crafts and Snacks, FR 3:00 Netflix Original Movies, FR	25 9:30 Chair Yoga, FR 10:30 Daily Chronicle, FR 11:00 Lunch Outing, OUT 11:15 Treasures of the Heart™, FR 1:00 Non-denominational Worship 2:00 Garden Social, GAR 3:00 Hollywood Movie Premiere, FR	26 9:30 Chair Yoga, FR 10:00 Donut Social, FR 10:30 Daily Chronicle, FR 11:00 Miramont Singers 1:30 Creative Corner, DIN 2:30 Balloon Ball Toss, FR 3:30 Reading Group, FR 4:30 Music Concerts, FR	27 9:00 Scenic Drive, OUT 10:30 Water Aerobics, P 11:15 Daily Chronicle, FR 1:30 Reading Group/Book Club, FR 2:00 Arts and Crafts, FR 3:00 Hollywood Movie Premiere, FR
28 10:15 Morning Worship, FR 11:00 Devotions and Coffee Cart, FR 1:30 FIT Chair Yoga™, FR 2:30 Ice Cream Social, FR 3:00 Arm Chair Travel, FR 4:00 Comedy Central, FR	29 9:30 FIT Chair Yoga™, FR 11:00 Current Events, FR 1:30 Reflections, FR 2:30 Library Visit 3:00 Hollywood Movie Premiere, FR 3:30 Tea Time, DIN 4:30 Nature Time	30 9:30 Chair Yoga, FR 10:30 News and Views, FR 11:00 Dance for Parkinson's 2:00 Artistic Hour/Free Art, DIN 2:30 Piano by Barbara, FR 3:30 Storytelling by Neil G., FR 4:00 Treasures of the Heart™, FR	LOCATIONS Dining Room, DIN Outings, OUT Family Room, FR Pool, P Garden, GAR			Due to calendar space, all programs may not be reflected. To stay up to date with all events, please visit the GiGi Assistant® app.