



KATELLA

Senior Living Community

MARCH 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					9:00 1:1 Room Visits 9:30 FIT to Stretch®, DR 10:00 FIT to Balance®, DR 1:00 Pretty Nails, DR 2:30 Happy Hour: Tony Odell, DR 4:00 Daily Chronicles, DR 6:00 Reminiscing, FR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:00 FIT Chair Yoga™, DR 10:30 Neighborhood Walks 1:00 Bingo, DR 2:30 Afternoon Tea Time, DR 4:00 Daily Chronicles, DR
3	4	5	6	7	8	9
9:00 Catholic Services and Communion, FR 10:00 Rings Exercise, DR 10:30 Paws to Share, DR 1:00 Around the World with Brian, DR 2:00 Afternoon Movie & Popcorn, DR	9:00 1:1 Room Visits 9:30 Boom Chair Fitness, DR 10:00 Bible Study and Communion with Larry, DR 1:00 Word Search, DR 2:00 Facts with Steve, DR 4:00 Daily Chronicles, DR 6:00 Monthly Gazette	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:00 FIT to Pedal®, DR 10:30 Neighborhood Walks 1:00 Arts and Crafts, DR 3:00 Volleyball, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to Stretch®, DR 10:00 FIT to Balance®, DR 10:30 Chair Zumba w/ Sandra, DR 1:00 Bingo, DR 2:30 Afternoon Tea, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:15 FIT to Pedal®, DR 10:30 Neighborhood Walks, FR 1:30 Resident Council, DR 3:00 Bowling, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to Stretch®, DR 10:00 FIT to Balance®, DR 1:00 Pretty Nails, DR 2:30 Happy Hour: Mike and Mandy, DR 4:00 Daily Chronicles, DR 6:00 Reminiscing, FR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:00 FIT Chair Yoga™, DR 10:30 Neighborhood Walks 1:00 Bingo, DR 2:30 Afternoon Tea Time, DR 4:00 Daily Chronicles, DR
DAYLIGHT SAVING BEGINS 10	11	12	13	14	15	16
9:00 Catholic Services and Communion, FR 10:00 Rings Exercise, DR 10:30 Paws to Share, DR 1:00 Around the World with Brian, DR 2:00 Afternoon Movie & Popcorn, DR	9:00 1:1 Room Visits 9:30 Boom Chair Fitness, DR 10:00 Bible Study and Communion with Larry, DR 1:00 Word Search, DR 2:00 Facts with Steve, DR 3:00 Yahtzee Board Game, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:00 FIT to Pedal®, DR 10:30 Neighborhood Walks 1:30 Traveling to New Jersey, DR 3:00 Volleyball, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to Stretch®, DR 10:00 FIT to Balance®, DR 10:30 Chair Zumba w/ Sandra, DR 1:00 Classical Movie w/ Theo, DR 2:30 Afternoon Tea, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:15 FIT to Pedal®, DR 10:30 Neighborhood Walks, FR 1:00 Resident Outing, DR 3:00 Bowling, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to Stretch®, DR 10:00 FIT to Balance®, DR 1:00 Pretty Nails, DR 2:30 Happy Hour: George Rossi, DR 4:00 Daily Chronicles, DR 6:00 Reminiscing, FR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:00 FIT Chair Yoga™, DR 10:30 Neighborhood Walks 1:00 Bingo, DR 2:30 Afternoon Tea Time, DR 4:00 Daily Chronicles, DR
ST. PATRICK'S DAY 17	18	SPRING BEGINS 19	20	21	22	23
9:00 Catholic Services and Communion, FR 10:00 Rings Exercise, DR 10:30 Paws to Share, DR 11:30 St. Patrick's Day Lunch, DR 1:00 Around the World with Brian, DR	9:00 1:1 Room Visits 9:30 Boom Chair Fitness, DR 10:00 Bible Study and Communion with Larry, DR 1:00 Word Search, DR 2:00 Facts with Steve, DR 3:00 Dominoes Board Game, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:00 FIT to Pedal®, DR 10:30 Neighborhood Walks 1:30 Ice Cream Social, DR 3:00 Volleyball, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to Stretch®, DR 10:00 FIT to Balance®, DR 1:00 Bingo, DR 2:30 Afternoon Tea, DR 3:00 UNO! Card Game, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:15 FIT to Pedal®, DR 10:30 Neighborhood Walks, FR 1:30 Traveling Game Show with Christine, DR 3:00 Bowling, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to Stretch®, DR 10:00 FIT to Balance®, DR 1:00 Pretty Nails, DR 2:30 Happy Hour: Justin the Cowboy, DR 4:00 Daily Chronicles, DR 6:00 Reminiscing, FR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:00 FIT Chair Yoga™, DR 10:30 Neighborhood Walks 1:00 Bingo, DR 2:30 Afternoon Tea Time, DR 4:00 Daily Chronicles, DR
24	25	26	27	28	GOOD FRIDAY 29	30
9:00 Catholic Services and Communion, FR 10:00 Rings Exercise, DR 10:30 Paws to Share, DR 1:00 Around the World with Brian, DR 2:00 Afternoon Movie & Popcorn, DR	9:00 1:1 Room Visits 9:30 Boom Chair Fitness, DR 10:00 Bible Study and Communion with Larry, DR 1:00 Word Search, DR 2:00 Facts with Steve, DR 3:00 Yahtzee Board Game, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:00 FIT to Pedal®, DR 10:30 Neighborhood Walks 1:30 Traveling to the Sahara Desert, DR 3:00 Volleyball, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to Stretch®, DR 10:00 FIT to Balance®, DR 1:00 Bingo, DR 2:30 Afternoon Tea, DR 3:00 UNO! Card Game, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:15 FIT to Pedal®, DR 10:30 Neighborhood Walks, FR 1:00 Resident Outing, DR 3:00 Bowling, DR 4:00 Daily Chronicles, DR	9:00 1:1 Room Visits 9:30 FIT to Stretch®, DR 10:00 FIT to Balance®, DR 1:00 Pretty Nails, DR 2:30 Happy Hour: Jusstus, DR 4:00 Daily Chronicles, DR 6:00 Reminiscing, FR	9:00 1:1 Room Visits 9:30 FIT to be Strong®, DR 10:00 FIT Chair Yoga™, DR 10:30 Neighborhood Walks 1:00 Bingo, DR 2:30 Afternoon Tea Time, DR 4:00 Daily Chronicles, DR
EASTER 31	LOCATIONS Dining room, DR Fireside Room, FR			Due to calendar space, all programs may not be reflected. To stay up to date with all events, please visit the GiGi Assistant® app.		
9:00 Catholic Services and Communion, FR 10:00 Rings Exercise, DR 10:30 Paws to Share, DR 1:00 Around the World with Brian, DR 2:00 Afternoon Movie & Popcorn, DR						