



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|--|---|---|---|
| <p>LOCATIONS Dining Room, DR Library, LIB</p> <p>Family Room, FR Lobby, LOB</p> <p>Game Room, GR</p> <p>(*) sign up required. RR is a resident run activity.</p> | | | | | | |
| | | | <p>Due to calendar space, all programs may not be reflected.</p> <p>To stay up to date with all events, please visit the GiGi Assistant® app.</p> | <p>1</p> <p>8:45 Outing: Bank, Post Office, CVS & Walgreens*, LOB</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT to Be Strong®, FR</p> <p>10:30 Applebee's*, LOB</p> <p>1:00 Bingo (Dimes), FR</p> <p>3:00 Hawaiian Culture Trivia and Appetizer, FR</p> | <p>2</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT Chair Yoga™, FR</p> <p>1:00 Creative Crafts*, FR</p> <p>2:00 Happy Hour with Entertainer: WsQ, DR</p> <p>3:00 Wii Jeopardy!, FR</p> | <p>3</p> <p>10:15 DVD Exercises, FR</p> <p>10:30 Manicures*, FR</p> <p>1:00 Bingo (Dimes), FR</p> <p>2:30 Popsicle Social, FR</p> <p>2:30 Puzzle Hour RR, GR</p> |
| <p>4</p> <p>9:30 Church, FR</p> <p>1:00 UNO! RR, FR</p> <p>2:00 Rummikub RR, GR</p> <p>3:00 Wii Bowling RR, FR</p> | <p>5</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT Chair Yoga™, FR</p> <p>1:00 Daily Devotional, FR</p> <p>2:00 Rummikub, FR</p> <p>2:10 Tech Time, FR</p> <p>6:00 Monday Night Bingo, FR</p> | <p>6</p> <p>8:45 Super Target*, LOB</p> <p>10:00 FIT to Be Strong®, FR</p> <p>10:30 Hearing Test *</p> <p>10:30 Music & Coloring, FR</p> <p>1:00 Sprouts*, LOB</p> <p>1:00 Bingo (Dimes), FR</p> <p>3:00 Artist Workshop*, FR</p> <p>6:00 Left, Right, Center with Dimes, FR</p> | <p>7</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT to Balance®, FR</p> <p>1:00 Jewelry Making*, FR</p> <p>2:00 Rummikub RR, GR</p> <p>2:15 Daily Chronicles, LIB</p> <p>3:00 Monthly Calendar Meeting, FR</p> <p>6:00 Bible Study with Bill, LIB</p> | <p>8</p> <p>8:45 Outing: Bank, Post Office, CVS & Walgreens*, LOB</p> <p>9:45 FIT to Stretch®, DR</p> <p>10:00 Zumba Gold Sitting Class, DR</p> <p>1:00 Bingo (Dimes), FR</p> <p>3:00 Hawaiian Culture, FR</p> | <p>9</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT Chair Yoga™, FR</p> <p>2:00 Happy Hour: Nani K Tutus Hula Dancers, FR</p> <p>3:00 Wii Jeopardy!, FR</p> | <p>10</p> <p>10:15 DVD Exercises, FR</p> <p>10:30 Spa Day*, FR</p> <p>1:00 Bingo (Dimes), FR</p> <p>2:30 Key Lime Social, FR</p> <p>2:30 Puzzle Hour RR, GR</p> |
| <p>11</p> <p>9:30 Church, FR</p> <p>1:00 UNO! RR, FR</p> <p>2:00 Rummikub RR, GR</p> <p>3:00 Wii Bowling RR, FR</p> | <p>12</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT Chair Yoga™, FR</p> <p>1:00 Daily Devotional, FR</p> <p>2:00 Rummikub, FR</p> <p>6:00 Monday Night Bingo, FR</p> | <p>13</p> <p>8:45 Super Walmart*</p> <p>10:00 FIT to Be Strong®, FR</p> <p>10:30 Quilling, FR</p> <p>1:00 Bingo (Dimes), FR</p> <p>2:40 Name That Tune, FR</p> <p>6:00 Left, Right, Center with Dimes, FR</p> | <p>14</p> <p>Hawaiian Spirit Day</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT to Balance®, FR</p> <p>11:00 Luau Lunch Party, FR</p> <p>1:00 Hawaiian Bingo, FR</p> <p>2:00 Rummikub RR, GR</p> <p>2:15 Daily Chronicles, LIB</p> <p>3:00 Town Hall, FR</p> <p>6:00 Bible Study with Bill, LIB</p> | <p>15</p> <p>8:45 Outing: Bank, Post Office, CVS & Walgreens*, LOB</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT to Be Strong®, FR</p> <p>10:30 Lunch: Olive Garden*, LOB</p> <p>1:00 Bingo (Dimes), FR</p> <p>3:00 Health Talk: Anxiety & Socializing, FR</p> | <p>16</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT Chair Yoga™, FR</p> <p>1:00 Creative Crafts*, FR</p> <p>2:00 Happy Hour with Entertainer: Kristine O'Boyl, FR</p> <p>3:00 Daily Chronicles, LIB</p> | <p>17</p> <p>10:15 DVD Exercises, FR</p> <p>10:30 Manicures*, FR</p> <p>1:00 Bingo (Dimes), FR</p> <p>2:30 Movie & Popcorn: 50 First Dates, FR</p> <p>2:30 Puzzle Hour RR, GR</p> |
| <p>18</p> <p>9:30 Church, FR</p> <p>1:00 UNO! RR, FR</p> <p>2:00 Rummikub RR, GR</p> <p>3:00 Wii Bowling RR, FR</p> | <p>19</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT Chair Yoga™, FR</p> <p>1:00 Daily Devotional, FR</p> <p>2:00 Rummikub, FR</p> <p>2:10 Tech Time, FR</p> <p>6:00 Monday Night Bingo, FR</p> | <p>20</p> <p>8:45 Super Target*, LOB</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT to Be Strong®, FR</p> <p>10:30 Table Games, FR</p> <p>11:00 Southwest Mobility, LOB</p> <p>1:00 Bingo (Dimes), FR</p> <p>3:00 Artist Workshop*, FR</p> <p>6:00 Left, Right, Center with Dimes, FR</p> | <p>21</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT to Balance®, FR</p> <p>11:00 Women's Luncheon*, FR</p> <p>1:00 Jewelry Making*, FR</p> <p>2:00 Rummikub RR, GR</p> <p>2:15 Daily Chronicles, LIB</p> <p>3:00 Culinary Corner, DR</p> <p>6:00 Bible Study with Bill, LIB</p> | <p>22</p> <p>8:45 Outing: Bank, Post Office, CVS & Walgreens*, LOB</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 Zumba Gold Sitting Class, FR</p> <p>1:00 Bingo (Dimes), FR</p> <p>3:00 Hawaiian Culture, FR</p> | <p>23</p> <p>9:30 Donuts & Coffee, DR</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT Chair Yoga™, FR</p> <p>1:00 Meditation</p> <p>2:00 Happy Hour with Entertainer: Walt & Terri, DR</p> <p>3:00 Horse Races (Dimes), FR</p> | <p>24</p> <p>10:15 DVD Exercises, FR</p> <p>10:30 Spa Day*, FR</p> <p>1:00 Bingo (Dimes), FR</p> <p>2:30 Banana Split Social, FR</p> <p>2:30 Puzzle Hour RR, GR</p> |
| <p>25</p> <p>9:30 Church, FR</p> <p>1:00 UNO! RR, FR</p> <p>2:00 Rummikub RR, GR</p> <p>3:00 Wii Bowling RR, FR</p> | <p>26</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT Chair Yoga™, FR</p> <p>1:00 Daily Devotional, FR</p> <p>2:00 Rummikub, FR</p> <p>6:00 Monday Night Bingo, FR</p> | <p>27</p> <p>8:45 Super Walmart*</p> <p>10:00 FIT to Be Strong®, FR</p> <p>10:30 Hand Massage*, FR</p> <p>1:00 Desert Diamond Casino, LOB</p> <p>1:00 Bingo (Dimes), FR</p> <p>3:00 Karaoke, FR</p> <p>6:00 Left, Right, Center with Dimes, FR</p> | <p>28</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT to Balance®, FR</p> <p>11:00 Couples and Friends Lunch, FR</p> <p>1:00 Resident Volunteer Club, FR</p> <p>2:00 Rummikub RR, GR</p> <p>2:15 Daily Chronicles, LIB</p> <p>3:00 Resident Council, FR</p> | <p>29</p> <p>8:45 Outing: Bank, Post Office, CVS & Walgreens*, LOB</p> <p>9:00 River Boat*, LOB</p> <p>9:45 DVD Exercise, FR</p> <p>1:00 Bingo (Dimes), FR</p> <p>3:00 New Resident Orientation, LOB</p> | <p>30</p> <p>9:45 FIT to Stretch®, FR</p> <p>10:00 FIT Chair Yoga™, FR</p> <p>1:00 Creative Crafts*, FR</p> <p>2:00 Happy Hour with Entertainer: Joey, DR</p> <p>3:00 Participation Raffle, DR</p> <p>3:10 Monthly Birthday Party, FR</p> | <p>31</p> <p>10:15 DVD Exercises, FR</p> <p>10:30 Manicures*, FR</p> <p>1:00 Bingo (Dimes), FR</p> <p>2:30 Puzzle Hour RR, GR</p> |