

JULY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 Church Transportation, 0 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 3:30 Documentary, RL 6:30 Dean Martin Variety Show, RL	9:30 FIT to Be Strong®, DT 10:15 This Week in History, RL 11:00 Giant Crosswords, RL 1:00 Trader Joe's, 0 3:30 Cocktails & Mocktails, RL 6:30 Grace & Frankie, RL	9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Music Appreciation, DT 2:00 Candy Bingo, RL 3:00 Music w/Cheryl Johnson, DT 4:15 Garden Partners, FGL	9:30 FIT to Be Strong®, DT 9:30 Piano Lessons, DT 10:15 Food Committee, DT 11:30 July 4 Barbecue & Concert, O 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 3:30 Cocktails & Mocktails, RL	9:30 Manicures, AO 10:30 Holy Communion, C 10:30 Yoga, DT 11:10 Meditation, DT 11:15 Art Class w/Susi, RL 1:30 Church Service, C 2:15 FIT to Pedal®, DT 3:00 Arts & Crafts, RL 3:00 Men's Group, FFSA 4:00 Book Club, DD	Foot Clinic 9:30 FIT to Pedal®, DT 10:15 PALS Training Pups, RL 11:00 Lunch at Caro Amica Italian, 0 1:30 FIT to Stretch®, DT 2:00 Spanish w/Mercedes, RL 3:30 Trivia, RL 3:30 Cocktails & Mocktails, RL 6:30 Movie Night, DT	10:00 Gentle Yoga, DT 11:15 Treasures of the Heart®, RL 1:30 Craft, RL 2:30 Trivia, RL 4:00 Movie & Popcorn, DT
8:30 Church Transportation, 0 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 3:30 Documentary, RL 6:30 Dean Martin Variety Show, RL	9:30 FIT to Be Strong®, DT 10:15 This Week in History, RL 11:00 Giant Crosswords, RL 1:00 Fred Meyer, 0 3:30 Cocktails & Mocktails, RL 6:30 Grace & Frankie, RL	9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Mobility Equipment Repair, G 1:00 Music Appreciation, DT 2:00 Candy Bingo, RL 3:00 Music w/Monte Watters, DT 4:15 Garden Partners, FGL	9:30 FIT to Be Strong®, DT 9:30 Piano Lessons, DT 10:00 Women's Group, DD 11:00 Bible History, DD 11:15 Tai Chi, DT 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 3:30 Cocktails & Mocktails, RL 3:30 Music on Main, 0	9:30 Manicures, AO 10:30 Catholic Mass, C 10:30 Yoga, DT 11:00 Women's Group Picnic, O 11:10 Meditation, DT 1:30 Church Service, C 2:15 FIT to Pedal®, DT 3:00 Arts & Crafts, RL 3:00 Men's Group, FFSA	9:30 FIT to Pedal®, DT 10:15 Therapy Dog Sammy, RL 10:15 TED Talk & Discussion, RL 11:00 Lunch at Nel Centro, 0 1:30 FIT to Stretch®, DT 2:00 FIT to Balance®, DT 3:00 Trivia, RL 3:30 Cocktails & Mocktails, RL 6:30 Movie Night, DT	10:00 Gentle Yoga, DT 11:15 Name That Tune, RL 1:30 Craft, RL 2:30 Rhythm & Dance, DT 4:00 Movie & Popcorn, DT
8:30 Church Transportation, 0 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 3:30 Documentary, RL 6:30 Dean Martin Variety Show, RL	9:30 FIT to Be Strong®, DT 10:15 This Week in History, RL 11:00 Giant Crosswords, RL 1:00 Thriftway, 0 3:30 Cocktails & Mocktails, RL 6:30 Grace & Frankie, RL	9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Bookmobile, L 1:00 Music Appreciation, DT 2:00 Resident Council, DT 3:00 Music w/Molli Paige, DT 4:15 Garden Partners, FGL	9:30 FIT to Be Strong®, DT 18 9:30 Piano Lessons, DT 10:15 Healthy Habits w/Louise, RL 11:00 Bible History, DD 11:15 Tai Chi, DT 12:00 Chamber Music, PDX Art Museum, 0 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 3:30 Cocktails & Mocktails, RL	9:30 Manicures, AO 10:30 Holy Communion, C 10:30 Yoga, DT 11:10 Meditation, DT 11:15 Art Class w/Susi, RL 12:15 Women's Group Picnic on Patio 1:00 Hearing Health w/Darin, DD 1:30 Church Service, C 2:15 FIT to Pedal®, DT 3:00 Arts & Crafts, RL 3:00 Men's Group, FFSA 4:00 Book Club, DD	9:30 FIT to Pedal®, DT 10:15 PALS Training Pups, RL 11:00 Lunch at Goose Hollow Inn, 0 1:30 FIT to Stretch®, DT 2:00 Spanish w/Mercedes, RL 3:30 Trivia, RL 3:30 Cocktails & Mocktails, RL 6:30 Movie Night, DT	10:00 Gentle Yoga, DT 11:15 Treasures of the Heart®, RL 1:30 Craft, RL 2:30 Trivia, RL 4:00 Movie & Popcorn, DT
8:30 Church Transportation, 0 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 3:30 Documentary, RL 6:30 Dean Martin Variety Show, RL	9:30 FIT to Be Strong®, DT 10:15 This Week in History, RL 11:00 Giant Crosswords, RL 1:00 Gulliver's Travels Meet/Greet, DT 3:15 Gulliver's Travels Rehearsal 2, DT 3:30 Cocktails & Mocktails, RL 6:30 Grace & Frankie, RL	9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Gulliver's Travels Rehearsal, DT 1:00 Music Appreciation, DT 2:00 Candy Bingo, RL 3:00 Music w/Ryan, RL 3:15 Gulliver's Travels Rehearsal 2, DT 4:15 Garden Partners, FGL	9:30 FIT to Be Strong®, DT 9:30 Piano Lessons, DT 10:00 Women's Group, DD 11:00 Bible History, DD 11:15 Tai Chi, DT 1:00 Gulliver's Travels Rehearsal, DT 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 3:15 Gulliver's Travels Rehearsal 2, DT 3:30 Cocktails & Mocktails, RL 3:30 Birthday Bash, RL	9:30 Manicures, AO 10:30 Holy Communion, C 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Gulliver's Travels Rehearsal, DT 1:30 Church Service, C 3:00 Arts & Crafts, RL 3:00 Men's Group, FFSA 3:15 Gulliver's Travels Rehearsal 2, DT	9:30 FIT to Pedal®, DT 10:15 TED Talk & Discussion, RL 10:15 Therapy Dog Sammy, FFSA 1:00 Gulliver's Travels Rehearsal, DT 1:30 FIT to Stretch®, DT 2:00 FIT to Balance®, DT 3:00 Trivia, RL 3:15 Gulliver's Travels Rehearsal 2, DT 3:30 Cocktails & Mocktails, RL 6:30 Gulliver's Travels Performance, DT	10:00 Gentle Yoga, DT 11:15 Name That Tune, RL 2:00 Gulliver's Travels Performance, DT 4:00 Movie & Popcorn, DT
8:30 Church Transportation, 0	9:30 FIT to Be Strong®, DT 10:15 This Week in	9:30 FIT to Pedal®, DT 9:30 Edible Auction, FE 10:00 FIT to Balance®, DT	Locations Activities Office, AO Chapel, C	Ground Floor Common Area, G Library, L		d you and what lies ales in comparison

10:30 Yoga, DT History, RL 10:30 Men's Group to

11:00 Giant Crosswords, RL 1:00 Walmart, 0

3:30 Cocktails & 6:30 Dean Martin Variety Show, RL 6:30 Grace & Frankie, RL

1:30 Christian Fellowship, C

2:30 Candy Bingo, RL

3:30 Documentary, RL

Shape of Speed, 0 11:10 Meditation, DT 1:00 Music Appreciation, DT Mocktails, RL 3:00 Music w/Linda Smith, DT 4:15 Garden Partners, FGL

Chapel, C Chart Room, CR Danner Dining Room, DD Danner Theater, DT First Floor Garden Lounge, FGL First Floor Seating Area, FFSA

Front Entrance, FE

Library, L Out of Building, O Rosebud Lounge, RL Second Floor Card Table, 2 The Garden Restaurant, GR Transportation Only, T

to what lies inside of you."

—Ralph Waldo Emerson

Calendar events subject to change.