



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Locations Activities Office, AO Chapel, C Chart Room, CR Danner Dining Room, DD Danner Theater, DT First Floor Garden Lounge, FGL First Floor Seating Area, FFSA Front Entrance, FE</p>	<p>Ground Floor Common Area, G Library, L Out of Building, O Rosebud Lounge, RL Second Floor Card Table, 2 The Garden Restaurant, GR Transportation Only, T</p>	<p>NEW YEAR'S DAY 1 9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Music Appreciation, DT 2:00 Quarter Bingo, RL 3:30 Music w/Molli Paige, DT</p>	<p>2 9:30 FIT to Be Strong®, DT 10:15 Food Committee, DT 11:00 Bible History, DD 11:15 Tai Chi, DT 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 3:30 Social Hour, RL</p>	<p>3 9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Holy Communion, C 10:30 Yoga, DT 11:10 Meditation, DT 11:15 Art Class w/Susi, RL 1:30 Church Service, C 2:15 FIT to Stretch®, DT 3:00 Men's Group, DD 3:00 Women's Group, RL 4:15 Garden Partners, FGL</p>	<p>4 Foot Clinic 9:00 Manicures, AO 9:45 Meals on Wheels, O 10:15 PALS Training Pups, RL 11:30 Lunch at Prosperity Pie Shop, O 1:30 FIT to Stretch®, DT 2:00 Spanish w/Mercedes, RL 3:00 Trivia, RL 3:30 Social Hour, RL 6:30 Stories, DT</p>	<p>5 10:00 Gentle Yoga, DT 11:15 Treasures of the Heart®, RL 1:00 Scrabble & Bridge, RL 2:00 Trivia, RL 3:00 Rhythm & Movement, DT 4:00 Stories & Popcorn, DT</p>
<p>8:30 Church Transportation, O 6 10:30 World Religion, RL 1:00 Poetry, RL 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 4:15 Documentary, RL 6:30 Dean Martin Variety Show, RL</p>	<p>7 9:30 FIT to Be Strong®, DT 10:15 This Week in History, RL 11:00 Giant Crosswords, RL 1:00 Trader Joe's, O 3:30 Social Hour, RL 6:30 The Golden Girls, RL</p>	<p>8 9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Mobility Equipment Repair, G 1:00 Music Appreciation, DT 2:00 Candy Bingo, RL 3:30 Music w/Cheryl Johnson, DT</p>	<p>9 9:30 FIT to Be Strong®, DT 10:15 Book Club, FFSA 11:00 Bible History, DD 11:15 Tai Chi, DT 12:00 Men's Lunch to Acadia, O 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 3:30 Social Hour, RL</p>	<p>10 9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Catholic Mass, C 10:30 Yoga, DT 11:10 Meditation, DT 1:30 Church Service, C 2:15 FIT to Stretch®, DT 3:00 Men's Group, DD 3:00 Women's Group, RL 4:00 Speaker: The Golden Years, DT 4:15 Garden Partners, FGL 5:00 Garden Partners, DT</p>	<p>11 9:00 Manicures, AO 9:45 Meals on Wheels, O 10:15 Therapy Dog "Sammy," RL 1:30 FIT to Stretch®, DT 2:00 FIT to Balance®, DT 2:30 Trivia, RL 3:30 Social Hour, RL 3:30 Music w/Ryan, RL 6:30 Stories, DT</p>	<p>12 10:00 Gentle Yoga, DT 11:15 Name That Tune, RL 1:00 Scrabble & Bridge, RL 2:00 Trivia, RL 3:00 Rhythm & Movement, DT 3:00 Japanese Dance Troupe, DT 4:00 Stories & Popcorn, DT</p>
<p>8:30 Church Transportation, O 13 10:30 World Religion, RL 1:00 Poetry, RL 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 4:15 Documentary, RL 6:30 Dean Martin Variety Show, RL</p>	<p>14 9:30 FIT to Be Strong®, DT 10:15 This Week in History, RL 11:00 Giant Crosswords, RL 1:00 Fred Meyer, O 3:30 Social Hour, RL 6:30 The Golden Girls, RL</p>	<p>15 9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Bookmobile, L 1:00 Music Appreciation, DT 2:00 Resident Council, DT 3:30 Music w/Pablo, DT</p>	<p>16 9:30 FIT to Be Strong®, DT 10:15 Valiant Veterans®, RL 11:00 Bible History, DD 11:15 Tai Chi, DT 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 3:30 Social Hour, RL</p>	<p>17 9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Holy Communion, C 10:30 Yoga, DT 11:10 Meditation, DT 11:15 Art Class w/Susi, RL 1:00 Hearing Health w/Darin, DD 1:30 Church Service, C 2:15 FIT to Stretch®, DT 3:00 Men's Group, DD 3:00 Women's Group, RL 4:15 Garden Partners, FGL</p>	<p>18 Foot Clinic 9:00 Spa Morning, AO 9:45 Meals on Wheels, O 10:15 PALS Training Pups, RL 1:30 FIT to Stretch®, DT 2:00 Spanish w/Mercedes, RL 3:00 Trivia, RL 3:30 Social Hour, RL 6:30 Stories, DT</p>	<p>19 10:00 Gentle Yoga, DT 11:15 Treasures of the Heart®, RL 1:00 Scrabble & Bridge, RL 2:00 Trivia, RL 3:00 Rhythm & Movement, DT 4:00 Stories & Popcorn, DT</p>
<p>8:30 Church Transportation, O 20 10:30 World Religion, RL 1:00 Poetry, RL 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 4:15 Documentary, RL 6:30 Dean Martin Variety Show, RL</p>	<p>MARTIN LUTHER KING JR. DAY 21 9:30 FIT to Be Strong®, DT 10:15 This Week in History, RL 11:00 Giant Crosswords, RL 1:00 Thriftway, O 3:30 Social Hour, RL 6:30 The Golden Girls, RL</p>	<p>22 9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Music Appreciation, DT 2:00 Candy Bingo, RL 3:30 Music w/John VB, DT</p>	<p>23 9:30 FIT to Be Strong®, DT 10:15 Book Club, FFSA 11:00 Bible History, DD 11:15 Tai Chi, DT 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 2:45 Girl Scouts, DT 3:30 Social Hour, RL</p>	<p>24 9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:30 Church Service, C 2:15 FIT to Stretch®, DT 3:00 Men's Group, DD 3:00 Women's Group, RL 4:15 Garden Partners, FGL</p>	<p>25 9:00 Manicures, AO 9:45 Meals on Wheels, O 11:30 Lunch at Ploy's Thai, O 1:30 FIT to Stretch®, DT 2:00 FIT to Balance®, DT 2:30 Trivia, RL 3:30 Social Hour, RL 3:30 Music w/Annie Sea, RL 6:30 Stories, DT</p>	<p>26 10:00 Gentle Yoga, DT 11:15 Name That Tune, RL 1:00 Scrabble & Bridge, RL 2:00 Trivia, RL 3:00 Rhythm & Movement, DT 4:00 Stories & Popcorn, DT</p>
<p>8:30 Church Transportation, O 27 10:30 World Religion, RL 1:00 Poetry, RL 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 4:15 Documentary, RL 6:30 Dean Martin Variety Show, RL</p>	<p>1:00 New Seasons, O 28 9:30 FIT to Be Strong®, DT 10:15 This Week in History, RL 11:00 Giant Crosswords, RL 3:30 Social Hour, RL 3:30 Music w/La Rhonda & Mark, DT 6:30 The Golden Girls, RL</p>	<p>29 9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 11:15 Name that Tune, RL 1:00 Music Appreciation, DT 3:30 Music w/David Cooley, DT</p>	<p>30 9:30 FIT to Be Strong®, DT 11:00 Bible History, DD 11:15 Tai Chi, DT 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 3:30 Social Hour, RL 3:30 Birthday Bash, RL</p>	<p>31 9:30 FIT to Pedal®, DT 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:30 Church Service, C 2:15 FIT to Stretch®, DT 3:00 Men's Group, DD 3:00 Women's Group, RL 4:15 Garden Partners, FGL</p>	<p>“Life’s most persistent and urgent question is, ‘What are you doing for others?’” – Dr. Martin Luther King, Jr. Calendar events subject to change.</p>	