



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>Calendar events subject to change.</b>	9:30 FIT to Be Strong®, DT <b>1</b> 10:15 This Week in History, RL 11:00 Giant Crosswords, RL <b>1:00 Trader Joe's, O</b> 3:30 Cocktails & Mocktails, RL 6:30 Grace & Frankie, RL	9:30 FIT to Pedal®, DT <b>2</b> 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Music Appreciation, DT 2:00 Quarter Bingo, RL <b>3:00 Music w/Linda Smith, DT</b> 4:15 Garden Partners, FGL	9:30 FIT to Be Strong®, DT <b>3</b> <b>9:30 Piano Lessons, DT</b> 10:15 Food Committee, DT <b>11:00 Bible History, DD</b> <b>11:15 Tai Chi, DT</b> 1:30 Spiritual Chat w/ Joyce, DD 2:30 Talking Topics, FFSA 3:30 Cocktails & Mocktails, RL	9:30 Manicures, AO <b>4</b> 10:30 Holy Communion, C 10:30 Yoga, DT 11:10 Meditation, DT <b>11:15 Art Class w/Susi, RL</b> 1:30 Church Service, C 2:15 FIT to Pedal®, DT 3:00 Men's Group, DD 3:30 Board Games & Cards, RL	Foot Clinic <b>5</b> 9:30 FIT to Pedal®, DT <b>10:15 PALS Training Pups, RL</b> <b>11:00 Lunch at Dar Salam, O</b> 1:30 FIT to Stretch®, DT <b>2:00 Spanish w/Mercedes, RL</b> 3:00 Trivia, RL 3:30 Cocktails & Mocktails, RL 6:30 Movie Night, DT	10:00 Gentle Yoga, DT <b>6</b> 10:30 Activity Cart, G 11:15 Treasures of the Heart®, RL 1:30 Trivia, RL 3:00 Rhythm & Dance, DT 4:00 Movie & Popcorn, DT	
	<b>8:30 Church Transportation, O</b> <b>7</b> 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 3:30 Bazaar Buddies, RL 4:15 Documentary, RL 6:30 Dean Martin Variety Show, RL	<b>COLUMBUS DAY</b> <b>8</b> 9:30 FIT to Be Strong®, DT 10:15 This Week in History, RL 11:00 Giant Crosswords, RL <b>1:00 Fred Meyer, O</b> 3:30 Cocktails & Mocktails, RL 6:30 Grace & Frankie, RL	9:30 FIT to Pedal®, DT <b>9</b> 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Mobility Equipment Repair, G 1:00 Music Appreciation, DT 2:00 Candy Bingo, RL <b>3:00 Music w/La Rhonda &amp; Mark, DT</b> 4:15 Garden Partners, FGL	<b>10</b> 9:30 FIT to Be Strong®, DT <b>9:30 Piano Lessons, DT</b> 10:00 Women's Group, DD <b>11:00 Bible History, DD</b> <b>11:15 Tai Chi, DT</b> 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 3:30 Cocktails & Mocktails, RL	9:30 Manicures, AO <b>11</b> 10:30 Catholic Mass, C 10:30 Yoga, DT 11:10 Meditation, DT <b>11:15 Christina's Corner, DT</b> 1:30 Church Service, C 2:15 FIT to Pedal®, DT 3:00 Men's Group, DD 3:30 Board Games & Cards, RL 4:00 Book Club, DD	9:30 FIT to Pedal®, DT <b>12</b> 10:15 TED Talk & Discussion, RL 1:30 FIT to Stretch®, DT 2:00 FIT to Balance®, DT 3:00 Trivia, RL 3:30 Cocktails & Mocktails, RL 6:30 Movie Night, DT	<b>13</b> 10:00 Gentle Yoga, DT 10:30 Activity Cart, G 11:15 Name That Tune, RL 1:30 Trivia, RL 3:00 Rhythm & Dance, DT 4:00 Movie & Popcorn, DT
	<b>8:30 Church Transportation, O</b> <b>14</b> 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 3:30 Bazaar Buddies, RL 4:15 Documentary, RL 6:30 Dean Martin Variety Show, RL	9:30 FIT to Be Strong®, DT <b>15</b> 10:15 This Week in History, RL 11:00 Giant Crosswords, RL <b>1:00 Thriftway, O</b> 3:30 Cocktails & Mocktails, RL 6:30 Grace & Frankie, RL	9:30 FIT to Pedal®, DT <b>16</b> 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Bookmobile, L 1:00 Music Appreciation, DT <b>2:00 Resident Council, DT</b> <b>3:00 Music w/Kevin, DT</b> 4:15 Garden Partners, FGL	9:30 FIT to Be Strong®, DT <b>17</b> <b>9:30 Piano Lessons, DT</b> 10:15 Healthy Habits w/ Louise, RL <b>11:00 Bible History, DD</b> <b>11:15 Tai Chi, DT</b> 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 3:30 Cocktails & Mocktails, RL <b>3:30 Birthday Bash, RL</b>	9:30 Manicures, AO <b>18</b> 10:30 Holy Communion, C 10:30 Yoga, DT 11:10 Meditation, DT <b>11:15 Art Class w/Susi, RL</b> <b>1:00 Hearing Health w/Darin, DD</b> 1:30 Church Service, C 2:15 FIT to Pedal®, DT 3:00 Men's Group, DD 3:30 Board Games & Cards, RL	Foot Clinic <b>19</b> 9:30 FIT to Pedal®, DT <b>10:15 PALS Training Pups, RL</b> <b>11:00 Lunch at Old Spaghetti Factory, O</b> 1:30 FIT to Stretch®, DT <b>2:00 Spanish w/Mercedes, RL</b> 3:00 Trivia, RL 3:30 Cocktails & Mocktails, RL 6:30 Movie Night, DT	<b>20</b> 10:00 Gentle Yoga, DT 10:30 Activity Cart, G 11:15 Treasures of the Heart®, RL 1:30 Trivia, RL 3:00 Rhythm & Dance, DT 4:00 Movie & Popcorn, DT
	<b>8:30 Church Transportation, O</b> <b>21</b> 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 3:30 Bazaar Buddies, RL 4:15 Documentary, RL 6:30 Dean Martin Variety Show, RL	9:30 FIT to Be Strong®, DT <b>22</b> 10:15 This Week in History, RL 11:00 Giant Crosswords, RL <b>1:00 Michael's Craft Store, O</b> 3:30 Cocktails & Mocktails, RL 6:30 Grace & Frankie, RL	9:30 FIT to Pedal®, DT <b>23</b> 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT <b>1:00 Music w/Dave Cooley, DT</b> 2:00 Candy Bingo, RL 3:00 Music Appreciation, DT 4:15 Garden Partners, FGL	<b>24</b> 9:30 FIT to Be Strong®, DT <b>9:30 Piano Lessons, DT</b> 10:00 Women's Group, DD <b>11:00 Bible History, DD</b> <b>11:15 Tai Chi, DT</b> 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA 3:30 Cocktails & Mocktails, RL	9:30 Manicures, AO <b>25</b> 10:30 Holy Communion, C 10:30 Yoga, DT 11:10 Meditation, DT <b>11:15 Brazilian Candy Making, RL</b> 1:30 Church Service, C 2:15 FIT to Pedal®, DT 3:00 Men's Group, DD 3:30 Board Games & Cards, RL 4:00 Book Club, DD	9:30 FIT to Pedal®, DT <b>26</b> 10:15 TED Talk & Discussion, RL 1:30 FIT to Stretch®, DT 2:00 FIT to Balance®, DT <b>2:30 Halloween Celebration, FE</b> 6:30 Movie Night, DT	<b>27</b> 10:00 Gentle Yoga, DT 10:30 Activity Cart, G 11:15 Name That Tune, RL 1:30 Trivia, RL 3:00 Rhythm & Dance, DT 4:00 Movie & Popcorn, DT
	<b>8:30 Church Transportation, O</b> <b>28</b> 1:30 Christian Fellowship, C 2:30 Candy Bingo, RL 3:30 Bazaar Buddies, RL 4:15 Documentary, RL 6:30 Dean Martin Variety Show, RL	9:30 FIT to Be Strong®, DT <b>29</b> 10:15 This Week in History, RL 11:00 Giant Crosswords, RL <b>1:00 Washington Square Mall, O</b> 3:30 Cocktails & Mocktails, RL 6:30 Grace & Frankie, RL	9:30 FIT to Pedal®, DT <b>30</b> 10:00 FIT to Balance®, DT 10:30 Yoga, DT 11:10 Meditation, DT 1:00 Music Appreciation, DT 2:00 Candy Bingo, RL <b>3:00 Music, DT</b> 4:15 Garden Partners, FGL	<b>HALLOWEEN</b> <b>31</b> 9:30 FIT to Be Strong®, DT <b>9:30 Piano Lessons, DT</b> <b>11:00 Bible History, DD</b> <b>11:15 Tai Chi, DT</b> 1:30 Spiritual Chat w/Joyce, DD 2:30 Talking Topics, FFSA <b>3:30 Murder Mystery Theater, DT</b>	<b>Locations</b> Activities Office, AO Chapel, C Chart Room, CR Danner Dining Room, DD Danner Theater, DT First Floor Garden Lounge, FGL First Floor Seating Area, FFSA Front Entrance, FE Ground Floor Common Area, G Library, L Out of Building, O Rosebud Lounge, RL Second Floor Card Table, 2 The Garden Restaurant, GR Transportation Only, T		

**"Throw kindness around like confetti." — Molly B. Kansas**