



The Lodge

# AUGUST 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Locations</b> Alpine Room, ALP Arts and Crafts Room, AC Back Patio, BP Bistro, B Bungalow Clubhouse, BC Computer Room, CR Desert Sheep Dining Room, DSDR Exercise Room, ER Library, LR	Lobby, L Malapais Room, MR Parking Lot, PL Pool, P Private Dining Room, PDR Schultz Dining Room, SDR Second Floor Balcony, SFB Second Floor Dining Room, SFDR Second Floor Lounge, SFL	9:15 Coffee Meets Bagel, B <b>1</b> 9:15 Brain Busters, B 10:30 FIT to Pedal®, P 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR <b>1:00 Alpine Comm. Theatre Talents, ALP</b> <b>1:00 Family Feud Game, B</b> 3:00 Prize Bingo, B	10:30 FIT to Stretch®, ALP <b>2</b> 11:15 Bible Study, LR 12:00 Water Aerobics, P <b>12:15 Meg &amp; Preston Piano Showcase, DSDR</b> 1:00 Fry's Grocery Outing, L <b>2:30 Movie B Day Party, ALP</b> 3:30 Guppies & Minnows Swim School, P	10:30 FIT to Balance®, ALP <b>3</b> 12:00 Open Swimming, P 12:15 Taize Music & Service, MR 1:00 The Peaks Choir Practice, MR <b>1:30 Jan's Talk &amp; Show, B</b> 3:00 Money Bingo, B 6:00 Movie Time, B	9:15 Donuts, Coffee, Chat, Trivia, B <b>4</b> 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 12:00 Water Aerobics, P 3:00 Happy Hour, MR	10:30 FIT to Stretch®, ALP <b>5</b> <b>1:00 Afternoon Walk Group, L</b> 2:30 Games w/Midge, L 3:00 American Movie Classics, B
10:30 FIT to Pedal®, P <b>6</b> 1:00 Episcopal Church, MR 2:30 Root Beer Float – Get It!, B <b>3:00 Sunday Singalong, ALP</b> 3:30 Resident Choice Games, L 6:00 Movie Time, B	10:30 FIT to Be Strong®, ALP <b>7</b> 12:00 Water Aerobics, P 1:00 Rummikub w/Midge, L 3:30 FIT to Balance®, ALP 3:30 Guppies & Minnows Swim School, P 6:00 Movie Time, B	9:15 Coffee Meets Bagel, B <b>8</b> 9:15 Brain Busters, B 10:30 FIT to Pedal®, P 11:30 Parkinson's Support Group, DSDR 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR 1:30 Beautiful Nails, B <b>2:00 Aviation Club, DSDR</b> 3:00 Prize Bingo, B	7:00 Omelet Bar, B <b>9</b> <b>10:00 Intro to Tai Chi, ALP</b> 11:15 Bible Study, LR 12:00 Water Aerobics, P 1:00 Fry's Grocery Outing, L <b>2:45 Dairy Queen Outing, L</b> 3:00 Catholic Mass, MR 3:30 Guppies & Minnows Swim School, P	10:30 FIT to Balance®, ALP <b>10</b> 12:00 Open Swimming, P 12:15 Taize Music & Service, MR 1:00 The Peaks Choir Practice, MR <b>1:00 Aromatherapy Hand Massage, SFDR</b> 3:00 Money Bingo, B 6:00 Movie Time, B	9:15 Donuts, Coffee, Chat, Trivia, B <b>11</b> 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 12:00 Water Aerobics, P <b>1:00 Museum of Northern AZ Talk, B</b> 3:00 Happy Hour, MR	10:30 FIT to Stretch®, ALP <b>12</b> <b>2:00 B.'s Delightful Music Hour, MR</b> 2:30 Games w/Midge, L 3:00 American Movie Classics, B
10:30 FIT to Pedal®, P <b>13</b> 1:00 Episcopal Church, MR 2:30 Root Beer Float – Get It!, B 3:30 Resident Choice Games, L 6:00 Movie Time, B	10:30 FIT to Be Strong®, ALP <b>14</b> 12:00 Water Aerobics, P 12:30 Red Hat Lunch Outing, L 1:00 Easy Listening Piano Music, MR 1:00 Rummikub w/Midge, L 3:30 FIT to Balance®, ALP 3:30 Guppies & Minnows Swim School, P 6:00 Movie Time, B	9:15 Coffee Meets Bagel, B <b>15</b> 9:15 Brain Busters, B 10:30 FIT to Pedal®, P 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR 1:30 Tea w/Lori, SFDR 3:00 Prize Bingo, B	7:00 Omelette Bar, B <b>16</b> 10:30 FIT to Stretch®, ALP 11:15 Bible Study, LR 12:00 Water Aerobics, P 1:00 Fry's Grocery Outing, L <b>2:30 Music Walk Dessert Party, ALP</b> 3:30 Guppies & Minnows Swim School, P	10:30 FIT to Balance®, ALP <b>17</b> 12:00 Open Swimming, P 12:15 Taize Music & Service, MR 1:00 The Peaks Choir Practice, MR 1:30 Kitchen Corner, DSDR 3:00 Money Bingo, B 6:00 Movie Time, B	9:15 Donuts, Coffee, Chat, Trivia, B <b>18</b> 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 12:00 Water Aerobics, P <b>1:00 Resident Council Meeting, DSDR</b> 3:00 Happy Hour, MR	10:30 <b>Dance for Joy Performance, ALP</b> <b>19</b> <b>1:00 Afternoon Walking Group, L</b> 2:30 Games w/Midge, L 3:00 American Movie Classics, B
10:30 FIT to Pedal®, P <b>20</b> 1:00 Episcopal Church, MR 2:30 Root Beer Float – Get It!, B 3:30 Resident Choice Games, L 6:00 Movie Time, B	10:30 FIT to Be Strong®, ALP <b>21</b> 12:00 Water Aerobics, P 1:00 Easy Listening Piano Music, MR 1:00 Rummikub w/Midge, L 2:00 Treasures of the Heart®, B 3:30 FIT to Balance®, ALP 3:30 Guppies & Minnows Swim School, P 6:00 Movie Time, B	9:15 Coffee Meets Bagel, B <b>22</b> 9:15 Brain Busters, B 10:30 FIT to Pedal®, P 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR 1:30 Beautiful Nails, B 3:00 Prize Bingo, B	10:00 <b>Intro to Tai Chi, MR</b> <b>23</b> 11:15 Bible Study, LR <b>11:30 Bun Huggers Lunch Outing, L</b> 12:00 Water Aerobics, P 1:00 Fry's Grocery Outing, L <b>2:00 Joe D. Presentation, B</b> 3:30 Guppies & Minnows Swim School, P	10:30 FIT to Balance®, ALP <b>24</b> 12:00 Open Swimming, P 12:15 Taize Music & Service, MR 1:00 The Peaks Choir Practice, MR <b>1:00 Aromatherapy Hand Massage, SFDR</b> <b>1:30 Card Making w/Lynn, B</b> 3:00 Money Bingo, B 6:00 Movie Time, B	9:15 Donuts, Coffee, Chat, Trivia, B <b>25</b> 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 12:00 Water Aerobics, P 1:00 Flagstaff Bookmobile, PL <b>1:00 Museum of Northern AZ Outing, L</b> 3:00 Happy Hour, MR	10:30 FIT to Stretch®, ALP <b>26</b> 12:00 Book Club, DSDR <b>2:00 B.'s Delightful Music Hour, MR</b> 2:30 Games w/Midge, L 3:00 American Movie Classics, B
10:30 FIT to Pedal®, P <b>27</b> 1:00 Episcopal Church, MR 2:30 Root Beer Float – Get It!, B 3:30 Resident Choice Games, L 6:00 Movie Time, B	10:30 FIT to Be Strong®, ALP <b>28</b> 12:00 Water Aerobics, P 1:00 Easy Listening Piano Music, MR 1:00 Rummikub w/Midge, L <b>3:00 Meet the F.S.O. Conductor, ALP</b> 3:30 FIT to Balance®, ALP 3:30 Guppies & Minnows Swim School, P 6:00 Movie Time, B	9:15 Coffee Meets Bagel, B <b>29</b> 9:15 Brain Busters, B 10:30 FIT to Pedal®, P 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR 2:00 Forum w/Janet, DSDR 3:00 Prize Bingo, B	11:15 Bible Study, LR <b>30</b> 12:00 Water Aerobics, P 1:00 Nurses Network, MR 1:00 Fry's Grocery Outing, L <b>2:00 Valiant Veterans®, DSDR</b> 3:30 Guppies & Minnows Swim School, P	10:30 FIT to Balance®, ALP <b>31</b> 12:00 Open Swimming, P <b>12:15 Lori &amp; Pam's Facials, B</b> 12:15 Taize Music & Service, MR 1:00 The Peaks Choir Practice, MR 3:00 Money Bingo, B 6:00 Movie Time, B	<b>Birthdays</b> Ramona B., 2nd Ken B., 9th Richard G., 9th Ruby E., 23rd  <b>Calendar events subject to change.</b>	