

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Locations</p> <p>Alpine Room, ALP Arts and Crafts Room, AC Back Patio, BP Bistro, B Bungalow Clubhouse, BC Computer Room, CR</p>	<p>Desert Sheep Dining Room, DSDR Exercise Room, ER Library, LR Lobby, L Malapais Room, MR Parking Lot, PL</p>	<p>Pool, P Private Dining Room, PDR Schultz Dining Room, SDR Second Floor Balcony, SFB Second Floor Dining Room, SFDR Second Floor Lounge, SFL</p>	<p>Birthdays</p> <p>David K., 5th Jean B., 7th Lucy M., 15th</p>		<p>9:15 Donuts, Coffee, Chat, Trivia, B 1 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 11:30 Water Aerobics, P 12:00 <u>Crushing Hearts Employee Games, ALP</u> 3:00 Happy Hour, MR</p>	<p>GROUNDHOG DAY 2</p> <p>9:35 Self-Led Puzzles, MR 10:15 FIT to Stretch®, ALP 1:00 <u>Beautiful Nails, B</u> 2:15 <u>Cracker & Cheese Social, B</u> 3:00 <u>TED Talks, B</u> 6:15 TV Time, B</p>
<p>10:30 FIT to Pedal®, ER 3 1:00 Church Service, MR 2:30 Root Beer Float, B 2:45 <u>TED Talks, B</u> 3:30 <u>Singalong Bible Hymns, B</u> 6:15 TV Time, B</p>	<p>10:30 FIT to Be Strong®, ALP 4 11:30 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:00 <u>Family Feud Game, B</u> 2:00 <u>Creative Painting, ALP</u> 3:30 FIT to Balance®, ALP 6:15 <u>TV Time, B</u></p>	<p>9:15 Coffee Meets Bagel, B 5 9:15 Brain Busters, B 10:30 FIT to Pedal®, ER 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR 1:30 <u>Pets, Puppies & Smiles, ALP</u> 2:00 <u>Talk w/Tasha, B</u> 3:00 Prize Bingo, B</p>	<p>10:30 FIT to Stretch®, ALP 6 11:15 Bible Study, LR 11:30 Water Aerobics, P 1:00 Fry's Food & Drug, L 2:30 <u>Can You Score Game, B</u> 6:30 Ballroom Dancing, ALP</p>	<p>10:30 FIT to Balance®, ALP 7 12:00 Open Swimming, P 12:15 <u>Taize, LR</u> 1:00 The Peaks Choir Practice, MR 3:00 Money Bingo, B 6:15 TV Time, B</p>	<p>9:15 <u>Doughnuts & Coffee, B</u> 8 9:30 <u>Dancing Panda News Skit, B</u> 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 11:30 Water Aerobics, P 1:00 <u>Museum of Northern AZ, B</u> 3:00 Happy Hour, MR</p>	<p>9:35 Self-Led Puzzles, MR 10:15 FIT to Stretch®, ALP 1:30 <u>Aromatherapy Hand Massage, B</u> 2:30 <u>Fact or Foolish Game, B</u> 6:15 TV Time, B</p>
<p>10:30 FIT to Pedal®, ER 10 11:30 <u>Austin's Piano Concert, MR</u> 1:00 Church Service, MR 2:30 Root Beer Float, B 3:00 <u>Great Courses, B</u> 4:15 <u>Creative Learning, ALP</u> 6:15 TV Time, B</p>	<p>9:45 <u>Bible Study & Hymns, ALP</u> 11 10:30 FIT to Be Strong®, ALP 11:30 Water Aerobics, P 12:30 Red Hat Lunch Outing, L 1:00 Relaxing Classical Music, MR 1:30 <u>Free Resident Massage, ER</u> 2:30 <u>Guided Meditation, MR</u> 3:30 FIT to Balance®, ALP 6:15 <u>TV Time, B</u></p>	<p>9:15 Coffee Meets Bagel, B 12 9:15 Brain Busters, B 10:30 FIT to Pedal®, ER 11:30 Parkinson's Support Group, ALP 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR 1:30 <u>Pets, Puppies & Smiles, ALP</u> 2:00 <u>Aviation Club, DSDR</u> 3:00 Prize Bingo, B</p>	<p>7:00 <u>Omelette Bar, B</u> 13 10:00 <u>Chair Dancing, ALP</u> 11:15 Bible Study, LR 11:30 Water Aerobics, P 12:30 <u>Young Hearts Music Concert, ALP</u> 1:00 Fry's Food & Drug, L 2:00 <u>Chair Yoga, ALP</u> 3:00 Catholic Mass, MR 6:30 Ballroom Dancing, ALP</p>	<p>VALENTINE'S DAY 14</p> <p>10:30 FIT to Balance®, ALP 12:00 Open Swimming, P 12:15 <u>Taize, LR</u> 1:00 The Peaks Choir Practice, MR 2:00 <u>Kitchen Corner, B</u> 3:00 Money Bingo, B 3:30 <u>I Amor Piano Music Show, MR</u> 6:15 TV Time, B</p>	<p>9:15 Donuts, Coffee, Chat, Trivia, B 15 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 11:15 <u>Texas Roadhouse Lunch Outing, L</u> 11:30 Water Aerobics, P 1:00 <u>Resident Council Meeting, DSDR</u> 3:00 Happy Hour, MR</p>	<p>9:35 Self-Led Puzzles, MR 10:15 FIT to Stretch®, ALP 1:00 <u>Beautiful Nails, B</u> 2:15 <u>Music Meditation, MR</u> 3:00 <u>TED Talks, B</u> 6:15 TV Time, B</p>
<p>10:30 FIT to Pedal®, ER 17 1:00 Church Service, MR 2:30 Root Beer Float, B 2:45 <u>TED Talks, B</u> 3:30 <u>Singalong Bible Hymns, B</u> 6:15 TV Time, B</p>	<p>PRESIDENTS DAY 18</p> <p>10:30 FIT to Be Strong®, ALP 11:30 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:00 <u>Family Feud Game, B</u> 3:30 FIT to Balance®, ALP 6:15 <u>TV Time, B</u></p>	<p>9:15 Coffee Meets Bagel, B 19 9:15 Brain Busters, B 10:30 FIT to Pedal®, ER 12:00 Open Swimming, P 12:00 <u>Best Biscuits & Gravy Contest, B</u> 1:00 The Peaks Choir Practice, MR 1:30 <u>Pets, Puppies & Smiles, ALP</u> 2:00 <u>Navajo Cultural Story, B</u> 3:00 Prize Bingo, B 7:00 <u>Archaeological Society, ALP</u></p>	<p>10:30 FIT to Stretch®, ALP 20 11:15 Bible Study, LR 11:30 Water Aerobics, P 1:00 Fry's Food & Drug, L 2:30 <u>Sprinkle of Love B-Day Party, ALP</u> 6:30 Ballroom Dancing, ALP</p>	<p>10:30 FIT to Balance®, ALP 21 12:00 Open Swimming, P 12:15 <u>Taize, LR</u> 1:00 The Peaks Choir Practice, MR 2:15 <u>Soul Drop Box Requests, B</u> 3:00 Money Bingo, B 6:15 TV Time, B</p>	<p>9:15 <u>Doughnuts & Coffee, B</u> 22 9:30 <u>Dancing Panda News Skit, B</u> 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 11:30 Water Aerobics, P 1:00 <u>Museum of Northern AZ, B</u> 3:00 Happy Hour, MR</p>	<p>9:35 Self-Led Puzzles, MR 10:15 FIT to Stretch®, ALP 12:00 <u>Book Club, DSDR</u> 1:30 <u>Aromatherapy Hand Massage, B</u> 2:30 <u>Fact or Foolish Game, B</u> 6:15 TV Time, B</p>
<p>10:30 FIT to Pedal®, ER 24 1:00 Church Service, MR 2:30 Root Beer Float, B 3:00 <u>Great Courses, B</u> 4:15 <u>Creative Learning, ALP</u> 6:15 TV Time, B</p>	<p>9:45 <u>Bible Study & Hymns, ALP</u> 25 10:30 FIT to Be Strong®, ALP 11:30 Water Aerobics, P 1:00 Relaxing Classical Music, MR 2:30 <u>Guided Meditation, MR</u> 3:30 FIT to Balance®, ALP 6:15 <u>TV Time, B</u></p>	<p>26</p> <p>9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 10:30 FIT to Pedal®, ER 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR 1:30 <u>Pets, Puppies & Smiles, ALP</u> 2:00 <u>Forum w/Michele, DSDR</u> 3:00 Prize Bingo, B</p>	<p>7:00 <u>Omelette Bar, B</u> 27 10:00 <u>Chair Dancing, ALP</u> 10:00 <u>Sedona Film Festival, L</u> 11:15 Bible Study, LR 11:30 Water Aerobics, P 1:00 Fry's Food & Drug, L 2:00 <u>Chair Yoga, ALP</u> 3:00 <u>Learning w/Miss Shay, B</u> 6:30 Ballroom Dancing, ALP</p>	<p>10:30 FIT to Balance®, ALP 28 11:00 <u>Active Life Balance, B</u> 12:00 Open Swimming, P 12:15 <u>Taize, LR</u> 1:00 The Peaks Choir Practice, MR 3:00 Money Bingo, B 6:15 TV Time, B</p>	<p>Calendar events subject to change.</p>	