



NOVEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Alpine Room, ALP Arts and Crafts Room, AC Back Patio, BP Bistro, B Bungalow Clubhouse, BC Computer Room, CR Desert Sheep Dining Room, DSDR	Exercise Room, ER Library, LR Lobby, L Malpais Room, MR Parking Lot, PL Pool, P Private Dining Room, PDR	Schultz Dining Room, SDR Second Floor Balcony, SFB Second Floor Dining Room, SFDR Second Floor Lounge, SFL	Birthdays Joyce H., 1st Josie P., 10th Darla B., 15th Marion B., 15th Mary Ellen H., 18th Jody P., 21st Kenneth H., 22nd David H., 22nd	1 10:30 FIT to Balance®, ALP 12:00 Open Swimming, P 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR 3:00 Money Bingo, B	2 9:15 Donuts, Coffee, Chat, Trivia, B 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 12:00 Water Aerobics, P 3:00 Happy Hour, MR	3 9:35 Self-Led Puzzles, MR 10:30 FIT to Stretch®, ALP 3:30 Tea & Pie, B
DAYLIGHT SAVING TIME ENDS 4 10:30 FIT to Pedal®, ER 1:00 Church Service, MR 2:30 Root Beer Float, B 3:45 TED Talks, B 5:00 Great Courses, B	5 10:30 FIT to Be Strong®, ALP 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:00 Family Feud Game, B 2:00 Watercolor Painting Class, B 3:30 FIT to Balance®, ALP	ELECTION DAY 6 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 10:30 FIT to Pedal®, ER 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR 1:30 Pets, Puppies & Smiles, ALP 2:00 Talk w/Tasha, B 3:00 Prize Bingo, B	7 10:30 FIT to Stretch®, ALP 11:15 Bible Study, LR 12:00 Water Aerobics, P 1:00 Fry's Food & Drug, L 3:45 Beautiful Nails, B 5:30 Ice Cream Social, B 6:30 Ballroom Dancing, ALP	8 10:30 FIT to Balance®, ALP 12:00 Open Swimming, P 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR 2:00 Kitchen Corner, B 3:00 Money Bingo, B	9 9:15 Donuts, Coffee, Chat, Trivia, B 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 12:00 Water Aerobics, P 1:00 Museum of Northern AZ, B 3:00 Happy Hour, MR	10 9:35 Self-Led Puzzles, MR 10:30 FIT to Stretch®, ALP 2:00 Rick Steve's Travel Show, B 3:30 Salute to 1945 Chit Chat, B
VETERANS DAY 11 10:30 FIT to Pedal®, ER 11:30 Austin's Piano Performance, MR 1:00 Church Service, MR 2:30 Root Beer Float, B 3:45 Crafter's Corner, ALP 5:00 Great Courses, B	12 9:45 Bible Study & Hymns, ALP 10:30 FIT to Be Strong®, ALP 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:30 Massage Therapy, ER 3:30 FIT to Balance®, ALP	13 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 10:30 FIT to Pedal®, ER 11:30 Parkinson's Support Group, ALP 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR 1:30 Pets, Puppies & Smiles, ALP 2:00 Aviation Club, DSDR 3:00 Prize Bingo, B	14 10:00 Chair Dancing, B 11:15 Bible Study, LR 11:30 Lone Spur Lunch Outing, L 1:00 Fry's Food & Drug, L 2:00 Chair Yoga, B 3:00 Catholic Mass, MR 3:45 Crafter's Corner, B 5:15 Aromatherapy Hand Massage, B 6:30 Ballroom Dancing, ALP 6:30 Community Thanksgiving Service, MR	15 10:30 FIT to Balance®, ALP 12:00 Open Swimming, P 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR 2:00 Sechrist Vets Concert, ALP 3:00 Money Bingo, B	16 9:15 Donuts, Coffee, Chat, Trivia, B 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 11:30 Mac & Cheese Employee Contest, ALP 12:00 Water Aerobics, P 1:00 Resident Council Meeting, DSDR 3:00 Happy Hour, MR	17 9:35 Self-Led Puzzles, MR 10:30 FIT to Stretch®, ALP 11:30 Thanksgiving Buffet, SDR 1:30 Thanksgiving Buffet, SDR 4:00 Red Rockappella Show, MR
18 10:30 FIT to Pedal®, ER 1:00 Church Service, MR 2:30 Root Beer Float, B 3:00 Music Meditation, MR 3:45 TED Talks, B 5:00 Great Courses, B	19 10:30 FIT to Be Strong®, ALP 12:00 Water Aerobics, P 2:15 Insight to Gratitude, B 3:30 FIT to Balance®, ALP	20 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 10:30 FIT to Pedal®, ER 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR 1:30 Pets, Puppies & Smiles, ALP 2:00 Navajo Cultural Story, B 3:00 Prize Bingo, B 7:00 Archaeological Society, ALP	21 10:30 FIT to Stretch®, ALP 11:15 Bible Study, LR 12:00 Water Aerobics, P 1:00 Fry's Food & Drug, L 2:30 Giddy Wish Bone B Day Party, ALP 3:45 Beautiful Nails, B 5:30 Ice Cream Social, B 6:30 Ballroom Dancing, ALP	22 THANKSGIVING 7:00 Macy's Day Parade on NBC, B 10:30 Thursday Movie, B 12:00 Open Swimming, P 2:30 Thanksgiving Football Game, B	23 9:15 Donuts, Coffee, Chat, Trivia, B 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 12:00 Water Aerobics, P 1:00 Bookmobile, PL 3:00 Happy Hour, MR	24 9:35 Self-Led Puzzles, MR 10:30 FIT to Stretch®, ALP 2:00 Rick Steve's Travel Show, B 3:30 Salute to 1952 Chit Chat, B
25 10:30 FIT to Pedal®, ER 1:00 Church Service, MR 2:30 Root Beer Float, B 3:45 Crafter's Corner, ALP 5:00 Great Courses, B	26 9:45 Bible Study & Hymns, ALP 10:30 FIT to Be Strong®, ALP 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 2:30 Guided Meditation, MR 3:30 FIT to Balance®, ALP	27 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 10:30 FIT to Pedal®, ER 12:00 Open Swimming, P 1:00 The Peaks Choir Practice, MR 1:30 Pets, Puppies & Smiles, ALP 2:00 Forum w/Janet, DSDR 3:00 Prize Bingo, B	28 10:00 Chair Dancing, ALP 11:15 Bible Study, LR 12:00 Water Aerobics, P 12:15 Duo Music Piano, MR 1:00 Fry's Food & Drug, L 2:00 Chair Yoga, ALP 3:45 Crafter's Corner, ALP 5:15 Aromatherapy Hand Massage, B 6:30 Ballroom Dancing, ALP	29 10:30 FIT to Balance®, ALP 12:00 Open Swimming, P 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR 3:00 Money Bingo, B	30 9:15 Donuts, Coffee, Chat, Trivia, B 10:30 FIT to Be Strong®, ALP 10:40 Ages Entwined® Pre-K Story Time, MR 12:00 Water Aerobics, P 3:00 Happy Hour, MR 5:30 Nutcracker at N.A.U., L	Calendar events subject to change.