



THE PEAKS

A Senior Living Community

THE BUNGALOW

JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																						
<p>Calendar events subject to change.</p>	<p>NEW YEAR'S DAY 1</p> <p>9:00 FIT to Stretch®, BC</p> <p>10:00 TED Talks at 10, BC</p> <p>11:00 FIT to Be Strong®, BC</p> <p>12:00 Water Aerobics, P</p> <p>1:00 Relaxing Classical Music, MR</p> <p>1:00 Ladies of the Peaks, BC</p> <p>3:30 Great Courses, BC</p>	<p>2</p> <p>9:15 Coffee Meets Bagel, B</p> <p>9:15 Brain Busters, B</p> <p>11:00 FIT to Balance®, BC</p> <p>1:00 The Peaks Choir Practice, MR</p> <p>1:00 Family Feud Game, B</p> <p>5:00 Take Out & Trivia Tuesday, BC</p>	<p>3</p> <p>9:15 Munch & Mingle, BC</p> <p>10:15 FIT to Pedal®, BC</p> <p>11:15 Bible Study, LR</p> <p>12:00 Water Aerobics, P</p> <p>3:15 Chair Yoga, BC</p>	<p>4</p> <p>9:30 Morning Walking Club, BC</p> <p>11:00 FIT to Be Strong®, BC</p> <p>12:15 Taize Music & Service, LR</p> <p>1:00 The Peaks Choir Practice, MR</p>	<p>5</p> <p>9:15 Donuts, Coffee, Chat, Trivia, B</p> <p>9:15 Brain Busters, B</p> <p>10:15 FIT to Pedal®, BC</p> <p>11:00 FIT to Balance®, BC</p> <p>12:00 Water Aerobics, P</p> <p>1:00 Bookmobile, PL</p> <p>3:00 Happy Hour Performance, MR</p>	<p>6</p> <p>Open Swimming, P</p> <p>10:30 FIT to Stretch®, ALP</p> <p>1:00 Great Courses Program, B</p> <p>1:45 Abigail's Piano Performance, MR</p> <p>3:00 American Movie Classics, B</p>																						
	<p>7</p> <p>Open Swimming, P</p> <p>10:30 FIT to Pedal®, ER</p> <p>1:00 Episcopal Church, MR</p> <p>3:30 Resident Choice Games, L</p>	<p>8</p> <p>9:00 FIT to Stretch®, BC</p> <p>10:00 TED Talks at 10, BC</p> <p>11:00 FIT to Be Strong®, BC</p> <p>12:00 Water Aerobics, P</p> <p>1:00 Relaxing Classical Music, MR</p> <p>1:00 Ladies of the Peaks, BC</p> <p>3:30 Great Courses, BC</p>	<p>9</p> <p>9:15 Coffee Meets Bagel, B</p> <p>9:15 Brain Busters, B</p> <p>11:00 FIT to Balance®, BC</p> <p>1:00 The Peaks Choir Practice, MR</p> <p>5:00 Winter Wonderland Dinner, BC</p>	<p>10</p> <p>7:00 Omelet Bar, B</p> <p>9:15 Munch & Mingle, BC</p> <p>10:00 Tai Chi, ALP</p> <p>10:15 FIT to Pedal®, BC</p> <p>11:15 Bible Study, LR</p> <p>12:00 Water Aerobics, P</p> <p>3:15 Chair Yoga, BC</p>	<p>11</p> <p>9:30 Morning Walking Club, BC</p> <p>11:00 FIT to Be Strong®, BC</p> <p>12:15 Taize Music & Service, LR</p> <p>1:00 The Peaks Choir Practice, MR</p>	<p>12</p> <p>9:15 Donuts, Coffee, Chat, Trivia, B</p> <p>9:15 Brain Busters, B</p> <p>10:15 FIT to Pedal®, BC</p> <p>11:00 FIT to Balance®, BC</p> <p>12:00 Water Aerobics, P</p> <p>3:00 Happy Hour Performance, MR</p>	<p>13</p> <p>Open Swimming, P</p> <p>10:30 MNA Docent Program, BC</p> <p>10:30 FIT to Stretch®, ALP</p> <p>1:00 Great Courses Program, B</p> <p>3:00 American Movie Classics, B</p>																					
	<p>14</p> <p>Open Swimming, P</p> <p>10:30 FIT to Pedal®, ER</p> <p>1:00 Episcopal Church, MR</p> <p>3:30 Resident Choice Games, L</p>	<p>MARTIN LUTHER KING JR. DAY 15</p> <p>9:00 FIT to Stretch®, BC</p> <p>10:00 TED Talks at 10, BC</p> <p>11:00 FIT to Be Strong®, BC</p> <p>11:00 N.A.U. Athletes Visit, ALP</p> <p>12:00 Water Aerobics, P</p> <p>1:00 Relaxing Classical Music, MR</p> <p>1:00 Ladies of the Peaks, BC</p> <p>3:30 Great Courses, BC</p>	<p>16</p> <p>9:15 Coffee Meets Bagel, B</p> <p>9:15 Brain Busters, B</p> <p>11:00 FIT to Balance®, BC</p> <p>1:00 The Peaks Choir Practice, MR</p> <p>5:00 Mamma Luisa Dinner Outing, O</p>	<p>17</p> <p>9:15 Munch & Mingle, BC</p> <p>10:15 FIT to Pedal®, BC</p> <p>11:15 Bible Study, LR</p> <p>12:00 Water Aerobics, P</p> <p>2:30 Kick Up Hills B-Day Party, ALP</p> <p>3:15 Chair Yoga, BC</p>	<p>18</p> <p>9:30 Morning Walking Club, BC</p> <p>11:00 FIT to Be Strong®, BC</p> <p>12:15 Taize Music & Service, LR</p> <p>1:00 The Peaks Choir Practice, MR</p> <p>1:15 Elsie's Aromatherapy, SFL</p>	<p>19</p> <p>9:15 Donuts, Coffee, Chat, Trivia, B</p> <p>9:15 Brain Busters, B</p> <p>10:15 FIT to Pedal®, BC</p> <p>11:00 FIT to Balance®, BC</p> <p>12:00 Water Aerobics, P</p> <p>1:00 Resident Council Meeting, DSDR</p> <p>3:00 Happy Hour Performance, MR</p>	<p>20</p> <p>Open Swimming, P</p> <p>10:00 Tai Chi, ALP</p> <p>1:00 Great Courses Program, B</p> <p>3:00 American Movie Classics, B</p>																					
	<p>21</p> <p>Open Swimming, P</p> <p>10:30 FIT to Pedal®, ER</p> <p>1:00 Episcopal Church, MR</p> <p>3:30 Alec's Meditation Class, MR</p> <p>3:30 Resident Choice Games, L</p>	<p>22</p> <p>9:00 FIT to Stretch®, BC</p> <p>10:00 TED Talks at 10, BC</p> <p>11:00 FIT to Be Strong®, BC</p> <p>12:00 Water Aerobics, P</p> <p>1:00 Relaxing Classical Music, MR</p> <p>1:00 Ladies of the Peaks, BC</p> <p>3:30 Great Courses, BC</p>	<p>23</p> <p>9:15 Coffee Meets Bagel, B</p> <p>9:15 Brain Busters, B</p> <p>11:00 FIT to Balance®, BC</p> <p>1:00 The Peaks Choir Practice, MR</p> <p>5:00 Mexican Appetizers, BC</p>	<p>24</p> <p>7:00 Omelet Bar, B</p> <p>9:15 Munch & Mingle, BC</p> <p>10:00 Tai Chi, ALP</p> <p>10:15 FIT to Pedal®, BC</p> <p>11:15 Bible Study, LR</p> <p>12:00 Water Aerobics, P</p> <p>3:15 Chair Yoga, BC</p>	<p>25</p> <p>9:30 Morning Walking Club, BC</p> <p>11:00 FIT to Be Strong®, BC</p> <p>12:15 Taize Music & Service, LR</p> <p>1:00 The Peaks Choir Practice, MR</p> <p>2:00 Valiant Veterans®, MR</p>	<p>26</p> <p>9:15 Donuts, Coffee, Chat, Trivia, B</p> <p>9:15 Brain Busters, B</p> <p>10:15 FIT to Pedal®, BC</p> <p>11:00 FIT to Balance®, BC</p> <p>12:00 Water Aerobics, P</p> <p>3:00 Happy Hour Performance, MR</p> <p>6:30 FSO Concert, L</p>	<p>27</p> <p>Open Swimming, P</p> <p>10:30 FIT to Stretch®, ALP</p> <p>12:00 Book Club, DSDR</p> <p>1:00 Great Courses Program, B</p> <p>3:00 American Movie Classics, B</p>																					
	<p>28</p> <p>Open Swimming, P</p> <p>10:30 FIT to Pedal®, ER</p> <p>1:00 Episcopal Church, MR</p> <p>3:30 Resident Choice Games, L</p>	<p>29</p> <p>9:00 FIT to Stretch®, BC</p> <p>10:00 TED Talks at 10, BC</p> <p>11:00 FIT to Be Strong®, BC</p> <p>12:00 Water Aerobics, P</p> <p>1:00 Relaxing Classical Music, MR</p> <p>1:00 Ladies of the Peaks, BC</p> <p>2:00 Navajo Cultural Stories, B</p> <p>3:30 Great Courses, BC</p>	<p>30</p> <p>9:15 Coffee Meets Bagel, B</p> <p>9:15 Brain Busters, B</p> <p>11:00 FIT to Balance®, BC</p> <p>1:00 The Peaks Choir Practice, MR</p> <p>1:30 NAU Art Museum Outing, O</p>	<p>31</p> <p>9:15 Munch & Mingle, BC</p> <p>10:15 FIT to Pedal®, BC</p> <p>11:15 Bible Study, LR</p> <p>12:00 Water Aerobics, P</p> <p>3:15 Chair Yoga, BC</p>	<p>Locations</p> <table border="0"> <tr> <td>Alpine Room, ALP</td> <td>Exercise Room, ER</td> <td>Pool, P</td> </tr> <tr> <td>Back Patio, BP</td> <td>Library, LR</td> <td>Private Dining Room, PDR</td> </tr> <tr> <td>Bistro, B</td> <td>Lobby, L</td> <td>Schultz Dining Room, SDR</td> </tr> <tr> <td>Bungalow Clubhouse, BC</td> <td>Malapais Room, MR</td> <td>Second Floor Balcony, SFB</td> </tr> <tr> <td>Computer Room, CR</td> <td>Outing, O</td> <td>Second Floor Living Room, SFLR</td> </tr> <tr> <td>Desert Sheep Dining Room, DSDR</td> <td>Parking Lot, PL</td> <td>SFLR</td> </tr> <tr> <td></td> <td>Pearl Garden, PG</td> <td>Second Floor Lounge, SFL</td> </tr> </table>		Alpine Room, ALP	Exercise Room, ER	Pool, P	Back Patio, BP	Library, LR	Private Dining Room, PDR	Bistro, B	Lobby, L	Schultz Dining Room, SDR	Bungalow Clubhouse, BC	Malapais Room, MR	Second Floor Balcony, SFB	Computer Room, CR	Outing, O	Second Floor Living Room, SFLR	Desert Sheep Dining Room, DSDR	Parking Lot, PL	SFLR		Pearl Garden, PG	Second Floor Lounge, SFL	<p>Birthdays</p> <p>Ron S., 2nd</p> <p>Ernie W., 6th</p> <p>Tommy P., 7th</p> <p>George P., 10th</p> <p>Jacquie H., 17th</p> <p>Robert S., 25th</p> <p>Jack R., 30th</p>
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