



THE PEAKS

A Senior Living Community

THE BUNGALOW

MAY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Alpine Room, ALP Back Patio, BP Bistro, B Bungalow Clubhouse, BC Computer Room, CR Desert Sheep Dining Room, DSDR Exercise Room, ER Library, LR Lobby, L Malapais Room, MR Outing, O Parking Lot, PL Pearl Garden, PG Pool, P Private Dining Room, PDR	Schultz Dining Room, SDR Second Floor Balcony, SFB Second Floor Living Room, SFLR Second Floor Lounge, SFL Second Floor	MAY DAY 1 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR 1:00 Family Feud Game, B 3:00 Sing w/Me Karaoke, ALP 5:00 Take Out & Trivia Tuesday, BC	9:15 Munch & Mingle, BC 2 9:30 Music, Movement & Me, B 10:15 FIT to Pedal®, BC 11:15 Bible Study, LR 12:00 Water Aerobics, P 12:30 Ladies of the Peaks, BC 3:15 Chair Yoga, BC 3:45 TED Talks, B 5:00 Ice Cream Social, B	3 9:00 Morning Walking Club, BC 11:00 FIT to Be Strong®, BC 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR 1:30 The Peaks Choir Concert, MR 6:15 Thursday Action Movie, B	4 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:15 FIT to Pedal®, BC 11:00 FIT to Balance®, BC 12:00 Water Aerobics, P 3:00 Happy Hour, MR	5 Open Swimming, P 10:30 FIT to Stretch®, ALP 3:00 Picturesque Planet Earth DVD, B 3:30 Red Rock Appella Show, ALP 6:15 Classic Era Movie, B
6 Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Church Service, MR 2:30 Root Beer Float, B 3:45 Sunday Fun Day, ALP 5:00 Great Courses DVD, B 6:15 Sunday Movie, B	7 9:00 FIT to Stretch®, BC 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 3:30 Great Courses, BC	8 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR 1:45 Aviation Club, B 5:00 Chinese Dinner, BC	9 9:15 Munch & Mingle, BC 9 10:00 Tai Chi, ALP 10:15 FIT to Pedal®, BC 11:15 Bible Study, LR 12:00 Water Aerobics, P 12:30 Ladies of the Peaks, BC 3:15 Chair Yoga, BC 3:45 Crafter's Corner, ALP 5:00 Music Performance, SDR	10 9:00 Morning Walking Club, BC 11:00 FIT to Be Strong®, BC 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR 2:00 Kitchen Corner, B 6:15 Thursday Action Movie, B	11 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:15 FIT to Pedal®, BC 11:00 FIT to Balance®, BC 12:00 Water Aerobics, P 3:00 Happy Hour, MR	12 Open Swimming, P 10:00 Tai Chi, ALP 10:30 MNA Docent Program, BC 1:30 Tea & Cookies; Old Time Radio, ALP 3:00 Picturesque Planet Earth DVD, B 6:15 Classic Era Movie, B
MOTHER'S DAY 13 Open Swimming, P 10:30 FIT to Pedal®, ER 11:30 Mother's Day Brunch, SDR 1:00 Church Service, MR 2:00 Vincent Z's Mother's Day Show, ALP 3:30 Beautiful Nails, L 5:00 A Happier & Healthier Me, ALP 6:15 Sunday Movie, B	14 9:00 FIT to Stretch®, BC 9:45 Bible Study & Hymns, ALP 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:30 Employee Game Contest, ALP 3:30 Great Courses, BC	RAMADAN BEGINS AT SUNDOWN 15 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR 5:00 Olive Garden, O	16 9:15 Munch & Mingle, BC 16 9:30 Music, Movement & Me, ALP 10:15 FIT to Pedal®, BC 11:15 Bible Study, LR 12:00 Water Aerobics, P 12:30 Ladies of the Peaks, BC 2:30 Fiesta Birthday Party, ALP 3:15 Chair Yoga, BC 3:45 TED Talks, B 5:00 Ice Cream Social, B	17 9:00 Morning Walking Club, BC 11:00 FIT to Be Strong®, BC 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR 6:15 Thursday Action Movie, B	18 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:15 FIT to Pedal®, BC 11:00 FIT to Balance®, BC 12:00 Water Aerobics, P 1:00 Resident Council Meeting, DSDR 3:00 Happy Hour, MR	19 Open Swimming, P 10:30 FIT to Stretch®, ALP 11:30 Dance for Joy & Music, ALP 3:00 Picturesque Planet Earth DVD, B 6:15 Classic Era Movie, B
20 Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Church Service, MR 2:30 Root Beer Float, B 3:45 Sunday Fun Day, ALP 5:00 Great Courses DVD, B 6:15 Sunday Movie, B	21 9:00 FIT to Stretch®, BC 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 3:15 Drum Wellness, ALP 3:30 Great Courses, BC	22 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR 5:00 Navajo Tacos, BC	23 9:15 Munch & Mingle, BC 23 10:00 Tai Chi, ALP 10:15 FIT to Pedal®, BC 11:15 Bible Study, LR 12:00 Water Aerobics, P 12:30 Ladies of the Peaks, BC 2:30 Lifestyles of the Famous, B 3:15 Chair Yoga, BC 3:45 Crafter's Corner, ALP	24 9:00 Morning Walking Club, BC 11:00 FIT to Be Strong®, BC 12:15 Taize, LR 12:30 Super Cool Thanks to Employees, B 1:00 The Peaks Choir Practice, MR 2:00 Valiant Veterans®, DSDR 6:15 Thursday Action Movie, B	25 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:15 FIT to Pedal®, BC 11:00 FIT to Balance®, BC 12:00 Water Aerobics, P 3:00 Happy Hour, MR	26 Open Swimming, P 10:30 FIT to Stretch®, ALP 12:30 Lil Cheesy Spread, B 3:00 Picturesque Planet Earth DVD, B 6:15 Classic Era Movie, B
27 Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Church Service, MR 2:30 Root Beer Float, B 3:45 Crafter's Corner, ALP 5:00 A Happier & Healthier Me, ALP 6:15 Sunday Movie, B	MEMORIAL DAY 28 9:00 FIT to Stretch®, BC 9:45 Bible Study & Hymns, ALP 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 2:00 Navajo Cultural Story, B 3:30 Great Courses, BC	29 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 11:00 Dancing Grannies, ALP 1:00 The Peaks Choir Practice, MR	30 9:15 Munch & Mingle, BC 30 10:15 FIT to Pedal®, BC 11:15 Bible Study, LR 11:30 Sedona Lunch Outing, O 12:00 Water Aerobics, P 12:30 Ladies of the Peaks, BC 3:15 Chair Yoga, BC 4:00 Music Performance, ALP 5:30 TED Talk, B	31 9:00 Morning Walking Club, BC 11:00 FIT to Be Strong®, BC 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR 6:15 Thursday Action Movie, B	Birthdays Roy S., 7th Faith G., 25th Barbara D., 25th Bill K., 25th Calendar events subject to change.	