



THE PEAKS

A Senior Living Community

THE BUNGALOW

MARCH 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Alpine Room, ALP Back Patio, BP Bistro, B Bungalow Clubhouse, BC Computer Room, CR Desert Sheep Dining Room, DSDR Exercise Room, ER Library, LR Lobby, L Malapais Room, MR Outing, O Parking Lot, PL Pearl Garden, PG Pool, P Private Dining Room, PDR Schultz Dining Room, SDR Second Floor Balcony, SFB Second Floor Living Room, SFLR Second Floor Lounge, SFL Birthdays Jacky B., 1st Karen O., 19th Paul N., 31st Calendar events are subject to change.				9:30 Morning Walking Club, BC 11:00 FIT to Be Strong®, BC 12:15 Taize Music & Service, LR 1:00 The Peaks Choir Practice, MR	1 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:15 FIT to Pedal®, BC 11:00 FIT to Balance®, BC 12:00 Water Aerobics, P 3:00 Happy Hour, MR	2 10:30 FIT to Stretch®, ALP 2:00 Picturesque Planet Earth DVD, B 5:30 Early Classic Era Movie, B
4 Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Episcopal Church, MR 2:30 Root Beer Float Get It!, B 3:30 Inspirational Sunday Movie, B	5 9:00 FIT to Stretch®, BC 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:00 Ladies of the Peaks, BC 3:30 Great Courses, BC	6 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR 1:00 Family Feud Game, B 5:00 Take Out & Trivia Tuesday, BC	7 9:15 Munch & Mingle, BC 10:15 FIT to Pedal®, BC 11:15 Bible Study, LR 12:00 Water Aerobics, P 3:15 Chair Yoga, BC	8 9:30 Morning Walking Club, BC 11:00 FIT to Be Strong®, BC 12:15 Taize Music & Service, LR 1:00 The Peaks Choir Practice, MR	9 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:15 FIT to Pedal®, BC 11:00 FIT to Balance®, BC 12:00 Water Aerobics, P 3:00 Happy Hour, MR	10 Open Swimming, P 10:30 FIT to Stretch®, ALP 10:30 MNA Docent Program, BC 1:00 Tea & Cookies w/Elsie, B 2:00 Picturesque Planet Earth DVD, B 5:30 Early Classic Era Movie, B
DAYLIGHT SAVING TIME BEGINS 11 Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Episcopal Church, MR 2:30 Root Beer Float Get It!, B 3:30 Sunday Daily Devotion Study, MR 5:30 America Scenic Road Trip DVD, B	12 9:00 FIT to Stretch®, BC 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:00 Ladies of the Peaks, BC 3:30 Great Courses, BC	13 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR 1:45 Aviation Club, B 5:00 Breakfast for Dinner, BC	14 7:00 Omelet Bar, B 9:15 Munch & Mingle, BC 10:00 Tai Chi, B 10:15 FIT to Pedal®, BC 11:00 FHS Chamber Orchestra, ALP 11:15 Bible Study, LR 12:00 Water Aerobics, P 3:15 Chair Yoga, BC	15 9:30 Morning Walking Club, BC 11:00 FIT to Be Strong®, BC 12:15 Taize Music & Service, LR 1:00 The Peaks Choir Practice, MR 1:15 Elsie's Aromatherapy, SFL	16 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:15 FIT to Pedal®, BC 11:00 FIT to Balance®, BC 12:00 Water Aerobics, P 1:00 Resident Council Meeting, DSDR 3:00 Happy Hour, MR	ST. PATRICK'S DAY 17 Open Swimming, P 10:00 Tai Chi, ALP 2:00 Picturesque Planet Earth DVD, B 2:15 Melissa's Cello Concerto, MR 3:30 Over the Rainbow Party, ALP 5:30 Early Classic Era Movie, B
18 Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Episcopal Church, MR 2:30 Root Beer Float Get It!, B 3:30 Inspirational Sunday Movie, B 4:00 Austin's Piano Performance, MR	19 9:00 FIT to Stretch®, BC 11:00 FIT to Be Strong®, B 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:00 Ladies of the Peaks 2:00 Employee Pie Eating Contest, ALP 3:30 Great Courses	SPRING BEGINS 20 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, B 1:00 The Peaks Choir Practice, MR 5:00 Sakura Dinner Outing, O	21 10:15 FIT to Pedal®, ER 11:15 Bible Study, LR 12:00 Water Aerobics, P 2:30 Flower Power B-Day Party, ALP 3:15 Chair Yoga, B	22 9:30 Morning Walking Club, BC 11:00 FIT to Be Strong®, BC 12:15 Taize Music & Service, LR 1:00 The Peaks Choir Practice, MR	23 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:15 FIT to Pedal®, BC 11:00 FIT to Balance®, BC 12:00 Water Aerobics, P 1:45 Navajo Cultural Story, B 3:00 Happy Hour, MR	24 Open Swimming, P 10:30 FIT to Stretch®, ALP 1:00 Tea & Cookies w/Elsie, B 2:00 Picturesque Planet Earth DVD, B 5:30 Early Classic Era Movie, B
PALM SUNDAY 25 Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Episcopal Church, MR 2:30 Root Beer Float Get It!, B 3:30 Sunday Daily Devotion Study, MR 5:30 America Scenic Road Trip DVD, B	26 9:00 FIT to Stretch®, BC 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:00 Ladies of the Peaks, BC 2:00 Valiant Veterans®, DSDR 3:30 Great Courses, BC	27 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR 5:00 Soar Into Spring Appetizers, BC	28 9:00 Nat'l. Free Pancake Day, B 10:00 Tai Chi, ALP 10:15 FIT to Pedal®, BC 11:15 Bible Study, LR 12:00 Water Aerobics, P 2:30 Lifestyles of the Famous, B 3:15 Chair Yoga, BC	29 9:30 Morning Walking Club, BC 11:00 FIT to Be Strong®, BC 12:15 Taize Music & Service, LR 1:00 The Peaks Choir Practice, MR	GOOD FRIDAY PASSOVER BEGINS AT SUNSET 30 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:15 FIT to Pedal®, BC 11:00 FIT to Balance®, BC 12:00 Water Aerobics, P 1:00 Aging & Dementia Presentation, B 3:00 Happy Hour, MR	31 Open Swimming, P 10:30 FIT to Stretch®, ALP 12:30 Lil' Cheesy Spread, B 2:00 Picturesque Planet Earth DVD, B 5:30 Early Classic Era Movie, B