



THE PEAKS

A Senior Living Community

THE BUNGALOW

# OCTOBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Birthdays</b> Redonda R., 11th Kathleen P., 22nd	<b>1</b> 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR 1:00 Family Feud Game, B <b>3:30 Great Courses, BC</b>	<b>2</b> 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR <b>1:30 Peaks Choir Concert, MR</b> <b>1:30 Pets, Puppies &amp; Smiles, ALP</b> 2:00 Talk w/Tasha, B <b>5:00 Trivia Tuesday!, BC</b>	<b>3</b> <b>9:15 Munch &amp; Mingle, BC</b> 10:15 FIT to Be Strong®, BC 11:15 Bible Study, LR 12:00 Water Aerobics, P 12:00 Ladies of the Peaks, BC 3:15 Chair Yoga, BC 3:45 Beautiful Nails, B 5:30 Ice Cream Social, B 6:30 Ballroom Dancing, ALP	<b>4</b> 9:30 Morning Walking Club, BC 11:00 FIT to Pedal®, BC 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR <b>2:30 FIT to Balance®, BC</b> 6:15 Thursday Action Movie, B	<b>5</b> 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:40 Ages Entwined®: Pre-K Storytime, MR 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 3:00 Happy Hour, MR	<b>6</b> Open Swimming, P 9:35 Self-Led Puzzles, MR 10:30 FIT to Stretch®, ALP 2:00 National Parks DVD, B <b>3:00 Vince's Piano Concert, MR</b> 6:15 Classic Era Movie, B
<b>7</b> Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Church Service, MR <b>2:30 Root Beer Float, B</b> <b>3:45 Sunday Fun Day, ALP</b> 5:00 "Great Courses" DVD, B 6:15 Sunday Movie, B	<b>COLUMBUS DAY 8</b> <b>9:45 Bible Study &amp; Hymns, ALP</b> 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR <b>1:30 Massage Therapy, ER</b> <b>3:30 Great Courses, BC</b>	<b>9</b> 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR <b>1:30 Pets, Puppies &amp; Smiles, ALP</b> 2:00 Aviation Club, DSDR <b>5:00 A Is for Autumn &amp; Appetizers, BC</b>	<b>10</b> <b>9:15 Munch &amp; Mingle, BC</b> <b>10:00 Chair Dancing, ALP</b> 10:15 FIT to Be Strong®, BC 11:15 Bible Study, LR 12:00 Ladies of the Peaks, BC 12:00 Water Aerobics, P 3:15 Chair Yoga, BC <b>3:45 Crafter's Corner, ALP</b> <b>5:15 Aromatherapy Hand Massage, B</b> 6:30 Ballroom Dancing, ALP	<b>11</b> 9:30 Morning Walking Club, BC 11:00 FIT to Pedal®, BC 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR 2:00 Kitchen Corner, B <b>2:30 FIT to Balance®, BC</b> 6:15 Thursday Action Movie, B	<b>12</b> 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:40 Ages Entwined®: Pre-K Storytime, MR 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 3:00 Happy Hour, MR	<b>13</b> Open Swimming, P 9:35 Self-Led Puzzles, MR 10:30 MNA Docent Program, BC 10:30 FIT to Stretch®, ALP 2:00 National Parks DVD, B <b>3:30 Fact or Foolish, B</b> 6:15 Classic Era Movie, B
<b>14</b> Open Swimming, P 10:30 FIT to Pedal®, ER <b>11:30 Austin Piano Performance, MR</b> 1:00 Church Service, MR <b>2:30 Root Beer Float, B</b> <b>3:45 Crafter's Corner, ALP</b> 5:00 "Great Courses" DVD, B 6:15 Sunday Movie, B	<b>15</b> 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR <b>2:15 Arrowhead Presentation, B</b> <b>3:30 Great Courses, BC</b>	<b>16</b> 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR <b>1:30 Pets, Puppies &amp; Smiles, ALP</b> <b>2:00 Navajo Cultural Story, B</b> <b>5:00 Outback Steakhouse, O</b> 7:00 Archaeological Society, ALP	<b>17</b> <b>9:15 Munch &amp; Mingle, BC</b> 10:15 FIT to Be Strong®, BC 11:15 Bible Study, LR 12:00 Water Aerobics, P 12:00 Ladies of the Peaks, BC <b>2:30 Frightening Birthday Party, ALP</b> 3:15 Chair Yoga, BC 3:45 Beautiful Nails, B 5:30 Ice Cream Social, B 6:30 Ballroom Dancing, ALP	<b>18</b> 9:30 Morning Walking Club, BC 11:00 FIT to Pedal®, BC 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR <b>2:30 FIT to Balance®, BC</b> 6:15 Thursday Action Movie, B	<b>19</b> 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:40 Ages Entwined®: Pre-K Storytime, MR 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P <b>1:00 Resident Council Meeting, DSDR</b> 3:00 Happy Hour, MR	<b>20</b> Open Swimming, P 9:35 Self-Led Puzzles, MR 10:30 FIT to Stretch®, ALP 2:00 National Parks DVD, B <b>3:00 Musical Performance, MR</b> 6:15 Classic Era Movie, B
<b>21</b> Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Church Service, MR <b>2:30 Root Beer Float, B</b> 3:00 Music Meditation, MR <b>3:45 Sunday Fun Day, ALP</b> 5:00 "Great Courses" DVD, B 6:15 Sunday Movie, B	<b>22</b> <b>9:45 Bible Study &amp; Hymns, ALP</b> 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR <b>2:30 Guided Meditation, MR</b> <b>3:30 Great Courses, BC</b>	<b>23</b> 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR <b>1:30 Pets, Puppies &amp; Smiles, ALP</b> <b>2:00 Forum w/Janet, DSDR</b> <b>5:00 Fallin' Into Fun BBQ, BC</b>	<b>24</b> <b>9:15 Munch &amp; Mingle, BC</b> <b>10:00 Chair Dancing, ALP</b> 10:15 FIT to Be Strong®, BC 11:15 Bible Study, LR 12:00 Ladies of the Peaks, BC 12:00 Water Aerobics, P 3:15 Chair Yoga, BC <b>3:45 Crafter's Corner, ALP</b> <b>5:15 Aromatherapy Hand Massage, B</b> 6:30 Ballroom Dancing, ALP	<b>25</b> 9:30 Morning Walking Club, BC <b>11:00 Active Life Balance Program, B</b> 11:00 FIT to Pedal®, BC 12:15 Taize, LR 1:00 The Peaks Choir Practice, MR <b>2:00 Valiant Veterans®, DSDR</b> <b>2:30 FIT to Balance®, BC</b> 6:15 Thursday Action Movie, B	<b>26</b> 9:15 Donuts, Coffee, Chat, Trivia, B 9:15 Brain Busters, B 10:40 Ages Entwined®: Pre-K Storytime, MR 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P <b>1:00 Bookmobile, PL</b> 3:00 Happy Hour, MR <b>6:30 Symphony Outing, O</b>	<b>27</b> Open Swimming, P 9:35 Self-Led Puzzles, MR 10:30 FIT to Stretch®, ALP 12:00 Book Club, DSDR 2:00 Real West Outlaws DVD, B <b>3:30 Fact or Foolish, B</b> 6:15 Classic Era Movie, B
<b>28</b> Open Swimming, P 10:30 FIT to Pedal®, ER 1:00 Church Service, MR <b>2:30 Root Beer Float, B</b> <b>3:45 Crafter's Corner, ALP</b> 5:00 "Great Courses" DVD, B 6:15 Sunday Movie, B	<b>29</b> 10:00 TED Talks at 10, BC 11:00 FIT to Be Strong®, BC 12:00 Water Aerobics, P 1:00 Relaxing Classical Music, MR <b>2:15 LDS Speaker, B</b> <b>3:30 Great Courses, BC</b>	<b>30</b> 9:15 Coffee Meets Bagel, B 9:15 Brain Busters, B 11:00 FIT to Balance®, BC 1:00 The Peaks Choir Practice, MR <b>1:30 Pets, Puppies &amp; Smiles, ALP</b> <b>2:00 Insight to Gratitude, B</b>	<b>HALLOWEEN 31</b> <b>9:15 Munch &amp; Mingle, BC</b> 10:15 FIT to Be Strong®, BC 11:15 Bible Study, LR 12:00 Water Aerobics, P 12:00 Ladies of the Peaks, BC 3:15 Chair Yoga, BC <b>5:30 Halloween Carnival, ALP</b>	<b>Locations</b> Alpine Room, ALP      Exercise Room, ER      Pool, P Back Patio, BP      Library, LR      Private Dining Room, PDR Bistro, B      Lobby, L      Schultz Dining Room, SDR Bungalow Clubhouse, BC      Malapais Room, MR      Second Floor Balcony, SFB Computer Room, CR      Outing, O      Second Floor Living Room, SFLR Desert Sheep Dining Room, DSDR      Parking Lot, PL      Pearl Garden, PG		<b>Calendar events subject to change.</b>