



| SUNDAY   | MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   |
|--|--|---|---|---|--|--|
| <b>EASTER 1</b><br>Roaming Cart of Fun, H 123<br>8:00 Brain Teasers, H 123<br>10:30 FIT to Pedal®, ER<br>11:15 Hot Coffee & Tea, 3DR<br>11:30 News & Views, 3DR<br>1:00 Episcopal Church, MR<br>3:00 Flagstaff Tabernacle, ALP<br>3:45 Sunday Fun Day Games, ALP<br>5:00 Word in a Word Games, ALP<br>6:15 Sunday Movie, ALP | <b>2</b><br>9:30 Hangman, 1DR<br>10:15 Hot Coffee & Tea, 1DR<br>10:30 News & Views, 1DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR  | <b>3</b><br>9:30 FIT to Stretch®, ALP<br>10:00 Restorative, ALP<br>10:15 Hot Coffee & Tea, 1DR<br>10:30 News & Views, 1DR<br>3:00 Sing w/Me Karaoke, ALP                  | <b>4</b><br>9:30 FIT to Pedal®, ALP<br>10:00 Music Therapy w/ Meghan, 3DR<br>11:15 Hot Coffee & Tea, 3DR<br>11:30 News & Views, 3DR<br>2:30 Colorful Nails, 1DR   | <b>5</b><br>9:30 Restorative Exercise, ALP<br>10:00 Hot Coffee & Tea, 1DR<br>10:30 Threshold Choir, H 123<br>10:30 News & Views, 1DR<br><b>11:30 Indian Palace, OC</b><br>3:00 Indian Bible Church, 2DR<br>3:30 Music on the Move w/B., H 123             | <b>6</b><br>9:30 FIT to Be Strong®, ALP<br>10:00 P.A.L.S. W/ Danny, H 123<br>10:15 Doughnuts & Tea, 3DR<br>10:30 News & Views, 3DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR<br>7:00 Movie, H 123  | <b>7</b><br>8:00 Brain Teasers, H 123<br>9:30 Craft Corner, 2DR<br>11:00 Hot Coffee & Tea, 3DR<br>11:15 News & Views, 3DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR<br><b>4:00 Music w/B., ALP</b><br>8:00 Self-Led Cards Night, 1DR |
| <b>8</b><br>Roaming Cart of Fun, H 123<br>8:00 Brain Teasers, H 123<br>10:30 FIT to Pedal®, ER<br>11:15 Hot Coffee & Tea, 3DR<br>11:30 News & Views, 3DR<br>1:00 Episcopal Church, MR<br>3:45 Crafter Corner, ALP<br>5:00 Healthy Happier Me, ALP<br>6:15 Sunday Movie, ALP  | <b>9</b><br>9:30 Hangman, 1DR<br>10:15 Hot Coffee & Tea, 1DR<br>10:30 News & Views, 1DR<br>11:00 Aromatherapy Hand Massage, 3DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR  | <b>10</b><br>9:30 FIT to Stretch®, ALP<br>10:00 Restorative, ALP<br>10:15 Hot Coffee & Tea, 1DR<br>10:30 News & Views, 1DR<br>2:00 Creative Cooking, 2DR                  | <b>11</b><br>9:30 FIT to Pedal®, ALP<br>10:00 Music Therapy w/Meghan, 3DR<br>11:00 Hot Coffee & Tea, 3DR<br>11:15 News & Views, 3DR<br>2:30 Colorful Nails, 1DR<br>3:00 Catholic Mass, MR<br>3:00 Healthy Happy Hour, ALP | <b>12</b><br>9:30 Restorative Exercise, ALP<br>10:00 Hot Coffee & Tea, 1DR<br>10:30 Threshold Choir, H 123<br>10:30 News & Views, 1DR<br><b>2:00 Resident Council Meeting, 2DR</b><br>3:00 Indian Bible Church, 2DR<br>3:30 Music on the Move w/B., H 123 | <b>13</b><br>9:30 FIT to Be Strong®, ALP<br>10:00 P.A.L.S. W/ Danny, H 123<br>10:15 Doughnuts & Tea, 3DR<br>10:30 News & Views, 3DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR<br>7:00 Movie, H 123 | <b>14</b><br>8:00 Brain Teasers, H 123<br>9:30 Craft Corner, 2DR<br>11:00 Hot Coffee & Tea, 3DR<br>11:15 News & Views, 3DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR<br>8:00 Self-Led Cards Night, 1DR                               |
| <b>15</b><br>Roaming Cart of Fun, H 123<br>8:00 Brain Teasers, H 123<br>10:30 FIT to Pedal®, ER<br>11:15 Hot Coffee & Tea, 3DR<br>11:30 News & Views, 3DR<br>1:00 Episcopal Church, MR<br>3:00 Salvation Army Church, ALP<br>3:45 Sunday Fun Day Games, ALP<br>5:00 Word in a Word Games, ALP<br>6:15 Sunday Movie, ALP      | <b>16</b><br>9:30 Hangman, 1DR<br>10:15 Hot Coffee & Tea, 1DR<br>10:30 News & Views, 1DR<br>1:00 Artistic Expressions, 2DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR       | <b>TAX DAY 17</b><br>9:30 FIT to Stretch®, ALP<br>10:00 Restorative, ALP<br>10:15 Hot Coffee & Tea, 1DR<br>10:30 News & Views, 1DR<br>3:00 Shoot the Breeze & B Ball, ALP | <b>18</b><br>9:30 FIT to Pedal®, ALP<br>11:00 Hot Coffee & Tea, 1DR<br>11:15 News & Views, 1DR<br><b>2:30 Enchanted Prom, ALP</b>   | <b>19</b><br>9:30 Restorative Exercise, ALP<br>10:00 Hot Coffee & Tea, 1DR<br>10:30 Threshold Choir, H 123<br>10:30 News & Views, 1DR<br><b>11:30 Deer Farm, OC</b><br>3:00 Indian Bible Church, 2DR<br>3:30 Music on the Move w/B., H 123                | <b>20</b><br>9:30 FIT to Be Strong®, ALP<br>10:00 P.A.L.S. W/ Danny, H 123<br>10:15 Doughnuts & Tea, 3DR<br>10:30 News & Views, 3DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR<br>7:00 Movie, H 123 | <b>21</b><br>8:00 Brain Teasers, H 123<br>9:30 Craft Corner, 2DR<br>11:00 Hot Coffee & Tea, 3DR<br>11:15 News & Views, 3DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR<br>8:00 Self-Led Cards Night, 1DR                               |
| <b>EARTH DAY 22</b><br>Roaming Cart of Fun, H 123<br>8:00 Brain Teasers, H 123<br>10:30 FIT to Pedal®, ER<br>11:15 Hot Coffee & Tea, 3DR<br>11:30 News & Views, 3DR<br>1:00 Episcopal Church, MR<br>3:45 Crafter Corner, ALP<br>5:00 Healthy Happier Me, ALP<br>6:15 Sunday Movie, ALP                                       | <b>23</b><br>9:30 Hangman, 1DR<br>10:15 Hot Coffee & Tea, 1DR<br>10:30 News & Views, 1DR<br>11:00 Aromatherapy Hand Massage, 3DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR | <b>24</b><br>9:30 FIT to Stretch®, ALP<br>10:00 Restorative, ALP<br>10:15 Hot Coffee & Tea, 1DR<br>10:30 News & Views, 1DR<br>3:00 Shoot the Breeze & B-Ball, ALP         | <b>25</b><br>9:30 FIT to Pedal®, ALP<br>10:00 Music Therapy w/ Meghan, 3DR<br>11:00 Hot Coffee & Tea, 3DR<br>11:05 News & Views, 1DR<br>2:30 Colorful Nails, 1DR<br>3:00 Earth Day Party                                  | <b>26</b><br>9:30 Restorative Exercise, ALP<br>10:00 Hot Coffee & Tea, 1DR<br>10:30 Threshold Choir, H 123<br>10:30 News & Views, 1DR<br>3:00 Indian Bible Church, 2DR<br>3:30 Music on the Move w/B., H 123  | <b>27</b><br>9:30 FIT to Be Strong®, ALP<br>10:00 P.A.L.S. W/ Danny, H 123<br>10:15 Doughnuts & Tea, 3DR<br>10:30 News & Views, 3DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR<br>7:00 Movie, H 123 | <b>28</b><br>8:00 Brain Teasers, H 123<br>9:30 Craft Corner, 2DR<br>11:00 Hot Coffee & Tea, 3DR<br>11:15 News & Views, 3DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR<br>8:00 Self-Led Cards Night, 1DR                               |
| <b>29</b><br>Roaming Cart of Fun, H 123<br>8:00 Brain Teasers, H 123<br>10:30 FIT to Pedal®, ER<br>11:15 Hot Coffee & Tea, 3DR<br>11:30 News & Views, 3DR<br>1:00 Episcopal Church, MR<br>5:00 The Word in a Word Game, ALP<br>5:00 Word in a Word Game, ALP<br>6:15 Sunday Movie, ALP                                       | <b>30</b><br>9:30 Hangman, 1DR<br>10:15 Hot Coffee & Tea, 1DR<br>10:30 News & Views, 1DR<br>2:45 Snacks & Drinks, 2DR<br>3:00 Bingo, 2DR   | <b>Locations</b><br>Alpine Room, ALP<br>Bistro, B<br>Computer Room, CR<br>Exercise Room, ER<br>First Hall Dining Room, 1DR<br>Halls One, Two and Three, H 123             |   | <b>Birthdays</b><br>Josephine F., 5th<br>Bruce D., 8th<br>Lottie W., 22nd<br>Burnetta E., 25th  |  | <b>Calendar events are subject to change. The survey results are readily accessible to you and are located in the brown binder near the entrance to The Peaks Health Care Center.</b>  |