

NOVEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Alpine Room, ALP Bistro, B Computer Room, CR Exercise Room, ER First Hall Dining Room, 1DR Halls One, Two and Three, H 123		The survey results are readily accessible to you and are located in the brown binder near the entrance to The Peaks Health Care Center.		9:45 Hot Coffee & Tea, 1DR 10:00 News & Views, 1DR 10:30 Music Therapy w/ Meghan, 3DR 10:30 Threshold Choir, H 123 11:00 Oregano's, OC	2 9:30 FIT to Be Strong®, ALP 10:15 Doughnuts & Tea, 3DR 10:30 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 7:00 Movie, H 123	3 8:00 Brain Teasers, H 123 9:30 Crafter's Corner, 2DR 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 8:00 Self-Led Game Night, 1DR
DAYLIGHT SAVING TIME ENDS 4 Roaming Cart of Fun, H 123 8:00 Brain Teasers, H 123 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 3:45 Sunday Fun Day Games, ALP 6:15 Sunday Movie, ALP	5 9:30 Words in a Word Game, 1DR 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR	ELECTION DAY 6 4:15 Chair Yoga w/ Karen, 3DR 9:30 FIT to Stretch®, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 1:30 Pets, Puppies & Smiles, ALP 2:00 Creative Cooking, 2DR	7 10:00 FIT to Stretch®, ALP 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 1:00 Colorful Nails, 1DR 2:30 Pumpkin Spice Everything Nice, ALP	8 9:45 Hot Coffee & Tea, 1DR 10:00 News & Views, 1DR 10:30 Threshold Choir, H 123 10:35 Music Therapy w/ Meghan, 3DR 2:00 Resident Council Meeting, 2DR	9 9:30 FIT to Be Strong®, ALP 10:15 Doughnuts & Tea, 3DR 10:30 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 7:00 Movie, H 123	10 8:00 Brain Teasers, H 123 9:30 Crafter's Corner, 2DR 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 8:00 Self-Led Game Night, 1DR
VETERANS DAY 11 Roaming Cart of Fun, H 123 8:00 Brain Teasers, H 123 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 3:45 Crafter's Corner, ALP 6:15 Sunday Movie, ALP	12 9:30 Words in a Word Game, 1DR 9:45 Bible Study & Hymns, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 11:15 Aromatherapy Hand Massage, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR	13 4:15 Chair Yoga w/ Karen, 3DR 9:30 FIT to Stretch®, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 1:30 Pets, Puppies & Smiles, ALP	14 9:30 FIT to Pedal®, 2DR 10:00 Chair Dancing, ALP 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 1:00 Colorful Nails, 1DR 2:00 Chair Yoga, ALP 3:00 Catholic Mass, MR 3:45 Crafter's Corner, ALP	15 9:45 Hot Coffee & Tea, 1DR 10:00 News & Views, 1DR 10:30 Threshold Choir, H 123 11:00 Going to the Movies, OC 2:00 Sechrist Vets Concert, ALP	16 9:30 FIT to Be Strong®, ALP 10:15 Doughnuts & Tea, 3DR 10:30 News & Views, 3DR 11:30 Mac & Cheese Employee Contest, ALP 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 7:00 Movie, H 123	17 8:00 Brain Teasers, H 123 9:30 Crafter's Corner, 2DR 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 8:00 Self-Led Game Night, 1DR
18 Roaming Cart of Fun, H 123 8:00 Brain Teasers, H 123 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 3:45 Sunday Fun Day Games, ALP 6:15 Sunday Movie, ALP	19 9:30 Words in a Word Game, 1DR 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 1:00 Artistic Expressions, 2DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR	20 4:15 Chair Yoga w/ Karen, 3DR 9:30 FIT to Stretch®, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 1:30 Pets, Puppies & Smiles, ALP 3:00 Sing w/Me Karaoke, ALP	21 10:00 FIT to Stretch®, ALP 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 1:00 Colorful Nails, 1DR 2:30 Diddy Wish Bone B- Day Party, ALP	THANKSGIVING 22 9:00 Macy's Thanksgiving Parade, H 123 10:00 Coloring & Puzzles, H 123 10:30 Games of Choice, H 123 12:30 Bears at Lions (ET, CBS), H 123 4:30 Redskins at Cowboys (ET, FOX), H 123 8:20 Falcons at Saints (ET, NBC), H 123	23 9:30 FIT to Be Strong®, ALP 10:15 Doughnuts & Tea, 3DR 10:30 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 7:00 Movie, H 123	24 8:00 Brain Teasers, H 123 9:30 Crafter's Corner, 2DR 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 8:00 Self-Led Game Night, 1DR
25 Roaming Cart of Fun, H 123 8:00 Brain Teasers, H 123 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 3:45 Crafter's Corner, ALP 6:15 Sunday Movie, ALP	26 9:30 Words in a Word Game, 1DR 9:45 Bible Study & Hymns, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 11:15 Aromatherapy Hand Massage, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR	27 4:15 Chair Yoga w/ Karen, 3DR 9:30 FIT to Stretch®, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 1:30 Pets, Puppies & Smiles, ALP	28 9:30 FIT to Pedal®, ALP 10:00 Chair Dancing, ALP 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 1:00 Colorful Nails, 1DR 2:00 Chair Yoga, ALP 3:45 Crafter's Corner, ALP	29 9:45 Hot Coffee & Tea, 1DR 10:00 News & Views, 1DR 10:30 Music Therapy w/ Meghan, 3DR 10:30 Threshold Choir, H 123	30 9:30 FIT to Be Strong®, ALP 10:15 Doughnuts & Tea, 3DR 10:30 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 7:00 Movie, H 123	Calendar events subject to change.