



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Locations</p> <p>Alpine Room, ALP Bistro, B Computer Room, CR Exercise Room, ER First Hall Dining Room, 1DR Halls One, Two and Three, H 123</p>	<p>Lobby, L Malapais Room, MR Off-Campus, OC Outside, OS Second Hall Dining Room, 2DR Third Hall Dining Room, 3DR</p>		<p>Birthdays</p> <p>Mary S., 4th Wilfred B., 9th Benson S., 23rd</p>		<p>9:30 FIT to Be Strong®, ALP 1 10:15 Doughnuts & Tea, 3DR 10:30 News & Views, 3DR 12:00 Crush Hearts Employee Contest, ALP 1:30 Chair Yoga w/Karen, 3DR 3:00 Bingo, 2DR 4:00 Music on the Move, H 123 7:00 Television Special, H 123</p>	<p>GROUNDHOG DAY 2</p> <p>8:00 Brain Teasers, H 123 9:30 Crafter Corner, 2DR 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 8:00 Self-Led Game Night, 1DR</p>
<p>Cart of Fun, H 123 3 11:15 Hot Coffee & Tea, 3DR 11:30 News & Views, 3DR 1:30 Games, 2DR 4:00 Music on the Move w/B, H 123 4:15 Aromatherapy Hand Massage, ALP 6:15 Television Special, H 123</p>	<p>9:30 Banana Gram, 1DR 4 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 1:30 Chair Yoga w/Karen, 3DR 2:00 Creative Painting, ALP 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR</p>	<p>5 9:30 FIT to Stretch®, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 1:30 Pets, Puppies & Smiles, ALP 3:00 Colorful Nails, 1DR</p>	<p>6 9:30 FIT to Pedal®, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 2:30 Chinese New Year Party!, ALP</p>	<p>9:30 Hot Coffee & Tea, 1DR 7 10:00 News & Views, 1DR 10:15 Music Therapy w/Meghan, 3DR 10:30 Threshold Choir, H 123 11:00 Red Lobster, OC 3:00 Indian Bible Church, 2DR</p>	<p>9:30 FIT to Be Strong®, ALP 8 10:15 Doughnuts & Tea, 3DR 10:30 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 4:00 Music on the Move, H 123 7:00 Television Special, H 123</p>	<p>8:00 Brain Teasers, H 123 9 9:30 Crafter Corner, 2DR 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 8:00 Self-Led Game Night, 1DR</p>
<p>Cart of Fun, H 123 10 11:15 Hot Coffee & Tea, 3DR 11:30 News & Views, 3DR 1:30 Games, 2DR 4:00 Music on the Move w/B, H 123 4:15 Creative Learning, 2DR 6:15 Television Special, H 123</p>	<p>9:30 Banana Gram, 1DR 11 9:45 Bible Study & Hymns, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 11:15 Aromatherapy Hand Massage, 3DR 1:30 Artistic Expressions, 2DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR</p>	<p>12 9:30 FIT to Stretch®, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 1:30 Pets, Puppies & Smiles, ALP 3:00 Jenga, 1DR</p>	<p>10:00 Chair Dancing, ALP 13 11:00 News & Views, 3DR 12:30 Young Hearts Music Concert, ALP 2:00 Chair Yoga, ALP 3:00 Catholic Mass, MR 3:00 Hot Cocoa & Ice Cream Social, 2DR</p>	<p>VALENTINE'S DAY 14 9:30 Hot Coffee & Tea, 1DR 10:00 News & Views, 1DR 10:15 Music Therapy w/Meghan, 3DR 10:30 Threshold Choir, H 123 2:00 Resident Council Meeting, 2DR 3:00 Indian Bible Church, 2DR</p>	<p>9:30 FIT to Be Strong®, ALP 15 10:15 Doughnuts & Tea, 3DR 10:30 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 4:00 Music on the Move, H 123 7:00 Television Special, H 123</p>	<p>8:00 Brain Teasers, H 123 16 9:30 Crafter Corner, 2DR 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 8:00 Self-Led Game Night, 1DR</p>
<p>Cart of Fun, H 123 17 11:15 Hot Coffee & Tea, 3DR 11:30 News & Views, 3DR 1:30 Games, 2DR 4:00 Music on the Move w/B, H 123 4:15 Aromatherapy Hand Massage, ALP 6:15 Television Special, H 123</p>	<p>PRESIDENTS DAY 18 9:30 Banana Gram, 1DR 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 1:00 Artistic Expressions, 2DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR</p>	<p>19 9:30 FIT to Stretch®, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 1:30 Pets, Puppies & Smiles, ALP 3:00 Sing w/Me Karaoke, ALP</p>	<p>20 9:30 FIT to Pedal®, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 2:30 Sprinkle of Love B-Day Party, ALP</p>	<p>9:30 Hot Coffee & Tea, 1DR 21 10:00 News & Views, 1DR 10:30 Threshold Choir, H 123 11:00 MNA Outing, OC 3:00 Indian Bible Church, 2DR 3:30 Healthy Happy Hour w/Music, ALP</p>	<p>9:30 FIT to Be Strong®, ALP 22 10:15 Doughnuts & Tea, 3DR 10:30 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 4:00 Music on the Move, H 123 7:00 Television Special, H 123</p>	<p>8:00 Brain Teasers, H 123 23 9:30 Crafter Corner, 2DR 11:00 Hot Coffee & Tea, 3DR 11:15 News & Views, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR 8:00 Self-Led Game Night, 1DR</p>
<p>Cart of Fun, H 123 24 11:15 Hot Coffee & Tea, 3DR 11:30 News & Views, 3DR 1:30 Games, 2DR 4:00 Music on the Move w/B, H 123 4:15 Creative Learning, 2DR 6:15 Television Special, H 123</p>	<p>9:30 Banana Gram, 1DR 25 9:45 Bible Study & Hymns, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 11:15 Aromatherapy Hand Massage, 3DR 2:45 Snacks & Drinks, 2DR 3:00 Bingo, 2DR</p>	<p>26 9:30 FIT to Stretch®, ALP 10:15 Hot Coffee & Tea, 3DR 10:30 News & Views, 3DR 1:30 Pets, Puppies & Smiles, ALP 3:00 Colorful Nails</p>	<p>27 10:00 Chair Dancing, ALP 10:30 News & Views, 3DR 2:00 Chair Yoga, ALP 3:00 Hot Cocoa & Ice Cream Social, 2DR</p>	<p>9:30 Hot Coffee & Tea, 1DR 28 10:00 News & Views, 1DR 10:15 Music Therapy w/Meghan, 3DR 10:30 Threshold Choir, H 123 1:30 Chair Yoga w/Karen, 3DR 3:00 Indian Bible Church, 2DR</p>	<p>Calendar events are subject to change. The survey results are readily accessible to you and are located in the brown binder near the entrance to The Peaks Health Care Center.</p>	