



THE PEAKS

A Senior Living Community



# APRIL 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>EASTER</b> 1 9:30 Sunday Devotion 9:45 News & Views 1:30 FIT to Pedal® 2:00 Sunday Matinee <b>3:45 Sunday Fun Day, ALP</b>	<b>2</b> 10:15 FIT to Be Strong® 10:45 FIT to Stretch® 11:15 Rhythm Music w/Sarah <b>2:00 Creative Cooking</b> 3:00 Beautiful Nails 4:00 Evening Walk	<b>3</b> 10:15 Morning Munchies 10:30 Piano w/Adrienne 11:00 FIT to Pedal® 11:30 Lavish Lunch Decor 2:15 Bingo 3:15 Music w/B.	<b>4</b> <b>9:30 Movement, Music &amp; Me, ALP</b> 10:45 FIT to Balance® 11:15 Rhythm Music w/Sarah 1:45 Afternoon Walk 2:30 Ice Cream Social 2:45 April Easter Trivia 3:30 Music w/Meghan	<b>5</b> 10:30 FIT to Be Strong® <b>11:30 India Palace Outing</b> 11:15 Aromatherapy Hand Massage 3:30 Yesterday's Short Stories 4:00 Evening Walk	<b>6</b> 10:15 Doughnut Shop 10:45 News & Views 11:00 FIT to Stretch® 11:30 Lavish Lunch Decor 1:45 Painting w/Pam 3:00 Happy Hour Music Performance, MR	<b>7</b> 9:15 Holy Catholic Communion 1:15 Afternoon Walk 2:00 Bingo 3:00 FIT to Balance® <b>3:30 Sensory Saturdays</b> 4:30 Music w/B., ALP
<b>8</b> 9:30 Sunday Devotion 9:45 News & Views 10:30 P.A.L.S. With Cooper 1:30 FIT to Pedal® 2:00 Sunday Matinee <b>3:45 Crafter's Corner, ALP</b> 5:00 Guitar Playing w/Parker	<b>9</b> 10:15 FIT to Be Strong® 10:45 FIT to Stretch® 11:15 Rhythm Music w/Sarah <b>2:00 Crafter's Corner</b> 3:00 Beautiful Nails 4:00 Evening Walk	<b>10</b> 10:15 Morning Munchies 10:30 Piano w/Adrienne 11:00 FIT to Pedal® 11:30 Lavish Lunch Decor 2:15 Bingo 3:15 Music w/B.	<b>11</b> <b>10:00 Intro to Tai Chi, ALP</b> 11:15 Rhythm Music w/Sarah 1:45 Afternoon Walk 2:00 FIT to Balance® 2:30 Ice Cream Social 2:45 National Pet Day Trivia 3:30 Music w/Meghan	<b>12</b> 10:30 FIT to Be Strong® 11:15 Aromatherapy Hand Massage 1:15 Afternoon Walk <b>3:00 Tie Dye Party</b> 4:00 Did You Know?	<b>13</b> 10:00 Guitar w/Dan Graves 10:15 Doughnut Shop 11:00 News & Views 11:15 FIT to Stretch® <b>1:30 Sechrist School Performance, ALP</b> 3:00 Happy Hour Music Performance, MR	<b>14</b> 9:15 Holy Catholic Communion <b>1:30 Tea &amp; Cookies, Old Time Radio, ALP</b> 2:00 Bingo 3:00 FIT to Balance® <b>3:30 Sensory Saturdays</b>
<b>15</b> 9:30 Sunday Devotion 9:30 P.A.L.S. With Cooper 9:45 News & Views 1:30 FIT to Pedal® 2:00 Sunday Matinee <b>3:45 Sunday Fun Day, ALP</b>	<b>16</b> 10:15 FIT to Be Strong® 10:45 FIT to Stretch® 11:15 Rhythm Music w/Sarah <b>2:00 Creative Cooking</b> 3:00 Beautiful Nails 4:00 Evening Walk	<b>TAX DAY</b> <b>17</b> 10:15 Morning Munchies 10:30 Piano w/Adrienne 11:00 FIT to Pedal® 11:30 Lavish Lunch Decor 2:15 Bingo 3:15 Music w/B.	<b>18</b> <b>9:30 Movement, Music &amp; Me, ALP</b> 10:45 FIT to Balance® 11:15 Rhythm Music w/Sarah 1:45 Afternoon Walk <b>2:30 Enchanted Prom, ALP</b>	<b>19</b> 10:30 FIT to Be Strong® <b>11:30 Grand Canyon Deer Farm Outing</b> 11:15 Aromatherapy Hand Massage 3:30 Yesterday's Short Stories 4:00 Evening Walk	<b>20</b> 10:15 Doughnut Shop 10:45 News & Views 11:00 FIT to Stretch® 11:30 Lavish Lunch Decor <b>2:00 Meet Fire Station 5, ALP</b> 3:00 Happy Hour Music Performance, MR	<b>21</b> 9:15 Holy Catholic Communion 1:15 Afternoon Walk 2:00 Bingo 3:00 FIT to Balance® <b>3:30 Sensory Saturdays</b>
<b>EARTH DAY</b> <b>22</b> 9:30 Sunday Devotion 9:45 News & Views 1:30 FIT to Pedal® 2:00 Sunday Matinee <b>3:45 Crafter's Corner, ALP</b> 5:00 Guitar Playing w/Parker	<b>23</b> 10:15 FIT to Be Strong® 10:45 FIT to Stretch® 11:15 Rhythm Music w/Sarah <b>2:00 Crafter's Corner</b> 3:00 Beautiful Nails 4:00 Evening Walk	<b>24</b> 10:15 Morning Munchies 10:30 Piano w/Adrienne 11:00 FIT to Pedal® 11:30 Lavish Lunch Decor 2:15 Bingo 3:15 Music w/B.	<b>25</b> <b>10:00 Intro to Tai Chi, ALP</b> 11:15 Rhythm Music w/Sarah 1:45 Afternoon Walk 2:00 FIT to Balance® <b>2:30 Lifestyle of the Famous, B</b> 3:30 Music w/Meghan	<b>26</b> 10:30 FIT to Be Strong® 11:15 Aromatherapy Hand Massage 1:15 Afternoon Walk <b>2:00 Valiant Veterans®, DSDR</b> <b>3:00 Palm Fronds &amp; Bon Bons Party</b> 4:00 Did You Know?	<b>27</b> 10:00 Guitar w/Dan Graves 10:15 Doughnut Shop 11:00 News & Views 11:15 FIT to Stretch® <b>1:30 Sechrist School Performance, ALP</b> 3:00 Happy Hour Music Performance, MR	<b>28</b> 9:15 Holy Catholic Communion <b>11:15 Music Recital, MR</b> <b>1:30 Tea &amp; Cookies, Old Time Radio, ALP</b> 2:00 Bingo 3:00 FIT to Balance® <b>3:30 Sensory Saturdays</b>
<b>29</b> 9:30 Sunday Devotion 9:45 News & Views 1:30 FIT to Pedal® 2:00 Sunday Matinee <b>3:45 Sunday Fun Day</b>	<b>30</b> 10:15 FIT to Be Strong® 10:45 FIT to Stretch® 11:15 Rhythm Music w/Sarah <b>2:00 Around the World: France</b> 3:00 Beautiful Nails 4:00 Evening Walk	<b>Locations</b> Alpine Room, ALP Bistro, B Desert Sheep Dining Room, DSDR Exercise Room, ER		Lobby, L Malapais, MR Second Floor Balcony, SFB Second Floor Dining Room, SFDR		<b>Birthdays</b> Doris H., 1st Shannon L., 29th
<b>Calendar events subject to change.</b>						