

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Locations Auditorium, A Need To Sign Up For This Event, * Resident Lounge, RL Casa Del Norte, CN North Lawn, NL Skill Nursing, SNF Computer Room, CR Outing, O South Dining Room, SD Gazebo, G Pool, P South Lawn, SL Heritage House, HH Private Dining Room, PD</p>				9:00 FIT to Stretch®/ FIT to Be Strong®, RL 12:00 Residents Birthday Luncheon, * 1:00 Skip-Bo, RL 2:00 Root Beer Floats, RL 2:00 TED Talks, RL 2:30 Charades, RL	9:00 Bible Study, PD 9:00 Chair Yoga, RL 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 3:00 Cocktail Hour, RL	10:00 Virginia's Knitting Corner, RL 11:00 Hymn Singing, RL 1:00 Bingo, A 1:00 Yahtzee, RL
DAYLIGHT SAVING TIME ENDS 4 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/ FIT to Stretch®, RL 1:30 Yahtzee, RL 3:00 New Creation Church Service, A	5 9:00 FIT to Stretch®/ FIT to Pedal®, RL 9:45 Energy Shot, RL 10:30 Residents' Meeting, RL 1:00 Bingo, A 1:00 Wii Bowling, RL 1:00 Billiards Time, RL 3:30 Round Table w/ Adrian, RL	ELECTION DAY 6 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/FIT to Be Strong®, RL 1:00 Billiards Time, RL 1:30 Tai Chi Class, A 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Word Game, RL	7 9:00 FIT to Stretch®/ FIT to Balance® 10:00 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/ FIT to Pedal®, RL 3:00 Happy Hour: Melody Makers, RL	8 9:00 FIT to Stretch®/FIT to Be Strong®, RL 11:30 Sunshine Ladies Luncheon, RL 1:00 Skip-Bo, RL 2:00 FIT to Stretch®/FIT to Balance®, RL 2:00 Root Beer Floats, RL 2:30 Charades, RL 2:30 Pictionary, RL	9 9:00 Bible Study, PD 9:00 Chair Yoga, RL 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 3:00 Cocktail Hour, RL	10 10:00 Virginia's Knitting Corner, RL 11:00 Hymn Singing, RL 1:00 Bingo, A 1:00 Yahtzee, RL
VETERANS DAY 11 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/ FIT to Stretch®, RL 1:30 Yahtzee, RL	12 9:00 FIT to Stretch®/ FIT to Pedal®, RL 9:45 Energy Shot, RL 1:00 Bingo, A 1:00 Wii Bowling, RL 1:00 Billiards Time, RL 2:00 Scrabble, RL	13 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/FIT to Be Strong®, RL 1:00 Billiards Time, RL 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Word Game, RL	14 9:00 FIT to Stretch®/ FIT to Balance® 10:00 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/ FIT to Pedal®, RL 3:00 Happy Hour w/ Piano Rick, RL	15 9:00 FIT to Stretch®/FIT to Be Strong®, RL 9:00 Blood Pressure, RL 1:00 Skip-Bo, RL 2:00 Root Beer Floats, RL 2:00 TED Talks, RL 2:30 Charades, RL	16 9:00 Bible Study, PD 9:00 Chair Yoga, RL 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 3:00 Cocktail Hour, RL	17 10:00 Virginia's Knitting Corner, RL 11:00 Hymn Singing, RL 11:30 Thanksgiving Dinner Luncheon 1:00 Bingo, A 1:00 Yahtzee, RL
18 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/ FIT to Stretch®, RL 1:30 Yahtzee, RL 3:00 Skyline Church Service, A	19 9:00 FIT to Stretch®/ FIT to Pedal®, RL 9:45 Energy Shot, RL 1:00 Bingo, A 1:00 Wii Bowling, RL 1:00 Billiards Time, RL	7:30 Men's Breakfast, SD 20 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/FIT to Be Strong®, RL 10:00 Trip to a Local Casino, * 1:00 Billiards Time, RL 1:30 Tai Chi Class, A 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Word Game, RL	21 9:00 FIT to Stretch®/ FIT to Balance® 10:00 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/ FIT to Pedal®, RL 3:00 Happy Hour: Sophisticats, RL	THANKSGIVING 22 9:00 FIT to Stretch®/FIT to Be Strong®, RL 1:00 Skip-Bo, RL 2:00 FIT to Stretch®/FIT to Balance®, RL 2:00 Root Beer Floats, RL 2:30 Charades, RL 2:30 Pictionary, RL	23 9:00 Bible Study, PD 9:00 Chair Yoga, RL 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 3:00 Cocktail Hour, RL	24 10:00 Virginia's Knitting Corner, RL 11:00 Hymn Singing, RL 1:00 Bingo, A 1:00 Yahtzee, RL
25 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/ FIT to Stretch®, RL 1:30 Yahtzee, RL 3:00 Lemon Grove Christian Church, A	26 9:00 FIT to Stretch®/ FIT to Pedal®, RL 9:45 Energy Shot, RL 1:00 Bingo, A 1:00 Wii Bowling, RL 1:00 Billiards Time, RL 2:00 Scrabble, RL	27 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/FIT to Be Strong®, RL 10:00 Art for All Ages, A 1:00 Billiards Time, RL 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Word Game, RL	28 9:00 FIT to Stretch®/ FIT to Balance® 10:00 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/ FIT to Pedal®, RL 3:00 Happy Hour: Joe Pal & Friends, RL	29 9:00 FIT to Stretch®/ FIT to Be Strong®, RL 9:00 Blood Pressure, RL 1:00 Skip-Bo, RL 2:00 FIT to Stretch®/FIT to Balance®, RL 2:00 Root Beer Floats, RL 2:30 Charades, RL	30 9:00 Bible Study, PD 9:00 Chair Yoga, RL 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 3:00 Cocktail Hour, RL	<p align="center">Calendar events subject to change.</p>