



AUGUST 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Auditorium, A Casa Del Norte, CN Computer Room, CR Gazebo, G Heritage House, HH Need To Sign Up For This Event, * North Lawn, NL	Outing, O Pool, P Private Dining Room, PD Resident Lounge, RL Skill Nursing, SNF South Dining Room, SD South Lawn, SL	9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/ FIT to Be Strong®, RL 11:00 Guadalajara Grill 1:00 Billiards Time, RL 1:30 Open Swim, P 1:30 Tai Chi Class, A 2:00 FIT to Stretch®/FIT to Balance®, RL 2:00 Ceramics, RL 5:30 Supremes Tribute Band 6:00 Bible Study, RL	9:00 Aquacise, P 9:30 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/ FIT to Pedal®, RL 3:00 Happy Hour: Melody Makers, RL 6:00 Ballroom Dancing Class, A	9:00 FIT to Stretch®/FIT to Be Strong®, RL 9:00 Blood Pressure, RL 1:30 Open Swim, P 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Root Beer Floats, RL	9:00 Bible Study, PD 1:00 Wii Have Fun, RL 2:30 Brain Teasers, RL 3:00 Cocktail Hour, RL	8:45 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Singing, RL 1:00 Bingo, A 1:00 Yahtzee, RL
8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/ FIT to Stretch®, RL 1:00 Scenic Drive 1:30 Skip-Bo Cards, RL 1:30 Open Swim, P 3:00 New Creation Church Service, A	9:00 FIT to Stretch®/ FIT to Pedal®, RL 9:45 Smoothie Time, RL 10:30 Residents' Meeting, RL 1:00 Bingo, A 1:00 Wii Have Fun, RL 1:00 Billiards Time, RL 3:30 Round Table w/ Adrian, RL	9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/ FIT to Be Strong®, RL 11:00 Black Angus 1:00 Billiards Time, RL 1:30 Open Swim, P 2:00 FIT to Stretch®/FIT to Balance®, RL 5:30 Coronado Big Band 6:00 Bible Study, RL	9:00 Aquacise, P 9:30 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/ FIT to Pedal®, RL 3:00 Happy Hour: Piano Rick, RL 6:00 Ballroom Dancing Class, A	9:00 FIT to Stretch®/ FIT to Be Strong®, RL 11:30 Sunshine Ladies Luncheon, RL 1:30 Open Swin, P 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Root Beer Floats, RL	9:00 Bible Study, PD 1:00 Wii Have Fun, RL 2:30 Brain Teasers, RL 3:00 Cocktail Hour, RL 6:00 Square Dancing, A	8:45 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Singing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 2:00 Let's Talk Social Storytelling, RL
8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/ FIT to Stretch®, RL 1:00 Scenic Drive 1:30 Skip-Bo Cards, RL 1:30 Open Swim, P 3:00 College Avenue Baptist Church, A	9:00 FIT to Stretch®/ FIT to Pedal®, RL 9:45 Smoothie Time, RL 1:00 Bingo, A 1:00 Wii Have Fun, RL 1:00 Billiards Time, RL	7:30 Men's Breakfast, SD 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/FIT to Be Strong®, RL 10:30 Barona Casino, * 1:30 Open Swim, P 1:30 Tai Chi Class, A 2:00 FIT to Stretch®/FIT to Balance®, RL 2:00 Ceramics, RL 5:30 Navy Brass Band 6:00 Bible Study, RL	9:00 Aquacise, P 9:30 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/ FIT to Pedal®, RL 3:00 Happy Hour: Sophisticats, RL 6:00 Ballroom Dancing Class, A	9:00 FIT to Stretch®/FIT to Be Strong®, RL 1:30 Open Swim, P 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Root Beer Floats, RL	9:00 Bible Study, PD 1:00 Wii Have Fun, RL 2:00 Art Exhibit by Artist Chris V, CN 2:30 Brain Teasers, RL 3:00 Cocktail Hour, RL	8:45 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Singing, RL 1:00 Bingo, A 1:00 Yahtzee, RL
8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/ FIT to Stretch®, RL 1:00 Scenic Drive 1:30 Skip-Bo Cards, RL 1:30 Open Swim, P 3:00 Skyline Church Service, A	9:00 FIT to Stretch®/ FIT to Pedal®, RL 9:45 Smoothie Time, RL 1:00 Bingo, A 1:00 Wii Have Fun, RL 1:00 Billiards Time, RL	9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/ FIT to Be Strong®, RL 10:00 Art for All Ages, A 11:00 Anthony's Fish Grotto 1:00 Billiards Time, RL 1:30 Open Swim, P 2:00 FIT to Stretch®/FIT to Balance®, RL 5:30 Coronado Concert Band 6:00 Bible Study, RL	9:00 Aquacise, P 9:30 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/ FIT to Pedal®, RL 3:00 Happy Hour: Joe Pal & Friends, RL 6:00 Ballroom Dancing Class, A	9:00 FIT to Stretch®/FIT to Be Strong®, RL 1:30 Open Swim, P 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Root Beer Floats, RL	9:00 Bible Study, PD 1:00 Wii Have Fun, RL 2:30 Brain Teasers, RL 3:00 Cocktail Hour, RL	8:45 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Singing, RL 11:00 Resident Family Appreciation, A 1:00 Bingo, A 1:00 Yahtzee, RL
8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/ FIT to Stretch®, RL 1:00 Scenic Drive 1:30 Skip-Bo Cards, RL 1:30 Open Swim, P 3:00 Lemon Grove Christian Church, A 3:00 Sunday Church Service, A	9:00 FIT to Stretch®/ FIT to Pedal®, RL 9:45 Smoothie Time, RL 1:00 Bingo, A 1:00 Wii Have Fun, RL 1:00 Billiards Time, RL	9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/FIT to Be Strong®, RL 11:00 C Level Lounge 1:00 Billiards Time, RL 1:30 Open Swim, P 2:00 FIT to Stretch®/FIT to Balance®, RL 6:00 Bible Study, RL	9:00 Aquacise, P 9:30 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/ FIT to Pedal®, RL 3:00 Happy Hour, RL 6:00 Ballroom Dancing Class, A	5:30 The Legends 9:00 FIT to Stretch®/FIT to Be Strong®, RL 9:00 Blood Pressure, RL 1:30 Open Swim, P 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Root Beer Floats, RL	Calendar events subject to change.	