

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Locations Auditorium, A Need To Sign Up For This Event, * Resident Lounge, RL Casa Del Norte, CN North Lawn, NL Skill Nursing, SNF Computer Room, CR Outing, O South Dining Room, SD Gazebo, G Pool, P South Lawn, SL Heritage House, HH Private Dining Room, PD						1 9:00 Bible Study, PD 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 2:30 Brain Teasers, RL 3:00 Cocktail Hour, RL	2 8:45 Chair Yoga, RL 11:00 Hymn Singing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 2:30 Let's Talk Social Networking, A
3 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/FIT to Stretch®, RL 1:00 Scenic Drive, * 1:30 Skip-Bo Cards, RL 3:00 New Creation Church Service, A	4 9:00 FIT to Stretch®/FIT to Pedal®, RL 9:45 Smoothie Time, RL 10:30 Residents' Meeting, RL 1:00 Bingo, A 1:00 Wii Have Fun, RL 1:00 Billiards Time, RL 3:30 Round Table w/Adrian, RL	5 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/FIT to Be Strong®, RL 1:00 Billiards Time, RL 1:30 Tai Chi Class, A 2:00 FIT to Stretch®/FIT to Balance®, RL 2:00 Ceramics, RL 6:00 Bible Study, RL	6 9:00 FIT to Stretch®/FIT to Balance® 9:30 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/FIT to Pedal®, RL 3:00 Happy Hour: Melody Makers, RL 6:00 Ballroom Dancing Class, A	7 9:00 FIT to Stretch®/FIT to Be Strong®, RL 9:00 Blood Pressure, RL 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Root Beer Floats, RL	8 9:00 Bible Study, PD 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 2:30 Brain Teasers, RL 3:00 Cocktail Hour, RL 6:00 Square Dancing, A	9 8:45 Chair Yoga, RL 11:00 Hymn Singing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 1:00 Military Party, RL	
10 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/FIT to Stretch®, RL 1:00 Scenic Drive, * 1:30 Skip-Bo Cards, RL 3:00 College Avenue Baptist Church, A	11 9:00 FIT to Stretch®/FIT to Pedal®, RL 9:45 Smoothie Time, RL 1:00 Bingo, A 1:00 Wii Have Fun, RL 1:00 Billiards Time, RL 6:00 Coronado Christmas Lights, O	HANUKKAH BEGINS AT SUNSET 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/FIT to Be Strong®, RL 10:00 Shopping & Lunch at Carlsbad, * 1:00 Billiards Time, RL 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Ugly Sweater Contest, RL 6:00 Bible Study, RL	13 9:00 FIT to Stretch®/FIT to Balance® 9:30 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/FIT to Pedal®, RL 5:00 Cocktail Party, RL 6:00 Ballroom Dancing Class, A	14 9:00 FIT to Stretch®/FIT to Be Strong®, RL 11:30 Sunshine Ladies Luncheon, RL 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Root Beer Floats, RL 6:00 Christmas Lights Outing, O	15 9:00 Bible Study, PD 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 2:30 Brain Teasers, RL 3:00 Cocktail Hour, RL	16 8:45 Chair Yoga, RL 11:00 Hymn Singing, RL 1:00 Bingo, A 1:00 Yahtzee, RL	
17 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/FIT to Stretch®, RL 1:00 Scenic Drive, * 1:30 Skip-Bo Cards, RL 3:00 Skyline Church Service, A	18 9:00 FIT to Stretch®/FIT to Pedal®, RL 9:45 Smoothie Time, RL 1:00 Bingo, A 1:00 Wii Have Fun, RL 1:00 Billiards Time, RL 3:00 Mystery Happy Hour, *	19 7:30 Men's Breakfast, SD 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/FIT to Be Strong®, RL 1:00 Billiards Time, RL 1:30 Tai Chi Class, A 2:00 FIT to Stretch®/FIT to Balance®, RL 2:00 Ceramics, RL 6:00 Bible Study, RL 6:00 Christmas Lights Outing, *	20 9:00 FIT to Stretch®/FIT to Balance® 9:30 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/FIT to Pedal®, RL 3:00 Happy Hour: Sophisticats, RL 6:00 Ballroom Dancing Class, A	WINTER BEGINS 21 9:00 FIT to Stretch®/FIT to Be Strong®, RL 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Root Beer Floats, RL	22 9:00 Bible Study, PD 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 2:30 Brain Teasers, RL 3:00 Cocktail Hour, RL	23 8:45 Chair Yoga, RL 11:00 Hymn Singing, RL 1:00 Bingo, A 1:00 Yahtzee, RL	
CHRISTMAS EVE 24 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/FIT to Stretch®, RL 1:00 Scenic Drive, * 1:30 Skip-Bo Cards, RL 3:00 Lemon Grove Christian Church, A	CHRISTMAS DAY 25 9:00 FIT to Stretch®/FIT to Pedal®, RL 9:45 Smoothie Time, RL 1:00 Bingo, A 1:00 Wii Have Fun, RL 1:00 Billiards Time, RL	26 9:00 Kings in the Corner, RL 9:00 FIT to Stretch®/FIT to Be Strong®, RL 10:00 Art for All Ages, A 1:00 Billiards Time, RL 2:00 FIT to Stretch®/FIT to Balance®, RL 6:00 Bible Study, RL	27 9:00 FIT to Stretch®/FIT to Balance® 9:30 Catholic Communion, RL 1:00 Bingo, A 1:00 FIT to Stretch®/FIT to Pedal®, RL 3:00 Happy Hour: Joe Pal & Friends, RL 6:00 Ballroom Dancing Class, A	7:30 Veterans' Breakfast, SD 28 9:00 FIT to Stretch®/FIT to Be Strong®, RL 9:00 Blood Pressure, RL 2:00 FIT to Stretch®/FIT to Balance®, RL 3:00 Root Beer Floats, RL	29 9:00 Bible Study, PD 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 2:30 Brain Teasers, RL 3:00 Cocktail Hour, RL	30 8:45 Chair Yoga, RL 11:00 Hymn Singing, RL 1:00 Bingo, A 1:00 Yahtzee, RL	
NEW YEAR'S EVE 31 8:00 Bus to Lemon Grove Churches*, RL 9:00 FIT to Be Strong®/FIT to Stretch®, RL 1:00 Scenic Drive, * 1:30 Skip-Bo Cards, RL 3:00 Sunday Church Service, A 6:00 New Year's Eve Party, RL	Calendar events subject to change.						