

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Locations</p> <p>Auditorium, A Casa Del Norte, CN Computer Room, CR Gazebo, G Heritage House, HH</p>	<p>Need To Sign Up For This Event, *</p> <p>North Lawn, NL Outing, O Pool, P Private Dining Room, PD</p>	<p>Resident Lounge, RL Skill Nursing, SNF South Dining Room, SD South Lawn, SL</p>	<p>1</p> <p>9:30 Catholic Communion, RL 10:00 Spa Nails, HH 1:00 Bingo, A 1:00 FIT to Pedal®, RL 3:00 Happy Hour, RL</p>	<p>2</p> <p>9:00 Arts & Crafts, HH 9:30 FIT to Stretch®, HH 1:00 Bingo, HH 2:30 Root Beer Floats, HH</p>	<p>3</p> <p>9:00 Bible Study, PD 9:30 FIT to Stretch®, HH 10:30 Balloon Volleyball, HH 1:30 Walk & Roll, HH 3:00 Cocktail Hour, RL</p>	<p>4</p> <p>9:00 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 3:00 Bingo, HH</p>
<p>DAYLIGHT SAVING TIME ENDS 5</p> <p>8:00 Bus to Lemon Grove Churches 9:30 Skyline Church Service, HH 1:00 Scenic Bus Ride 3:00 Church Services, A</p>	<p>6</p> <p>9:00 FIT to Be Strong®, RL 9:00 FIT to Pedal®, RL 9:45 Smoothie Time, HH 10:30 Residents' Meeting, RL 1:00 Bingo, A 1:00 Wii Have Fun, RL 3:30 Round Table w/ Adrian, RL</p>	<p>ELECTION DAY 7</p> <p>9:00 FIT to Pedal®, HH 10:00 Reminiscing w/ Marcelle, HH 1:00 Therapy in Color, HH 1:30 Tai Chi Class, A 2:00 Ceramics, RL</p>	<p>8</p> <p>9:30 Catholic Communion, RL 10:00 Spa Nails, HH 1:00 Bingo, A 1:00 FIT to Pedal®, RL 3:00 Happy Hour: Fynetones, RL</p>	<p>9</p> <p>9:00 Arts & Crafts, HH 9:30 FIT to Stretch®, HH 11:30 Sunshine Ladies Luncheon, RL 1:00 Bingo, HH 2:30 Root Beer Floats, HH</p>	<p>10</p> <p>9:00 Bible Study, PD 9:30 FIT to Stretch®, HH 10:30 Balloon Volleyball, HH 1:30 Walk & Roll, HH 3:00 Cocktail Hour, RL</p>	<p>VETERANS DAY 11</p> <p>9:00 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 3:00 Bingo, HH</p>
<p>12</p> <p>8:00 Bus to Lemon Grove Churches 1:00 Scenic Bus Ride 3:00 Church Services, A</p>	<p>13</p> <p>9:00 FIT to Be Strong®, RL 9:00 FIT to Pedal®, RL 9:45 Smoothie Time, HH 1:00 Bingo, A 1:00 Wii Have Fun, RL</p>	<p>14</p> <p>9:00 FIT to Pedal®, HH 10:00 Reminiscing w/ Marcelle, HH 1:00 Therapy in Color, HH</p>	<p>15</p> <p>9:30 Catholic Communion, RL 10:00 Spa Nails, HH 1:00 Bingo, A 1:00 FIT to Pedal®, RL</p>	<p>16</p> <p>9:00 Arts & Crafts, HH 9:30 FIT to Stretch®, HH 1:00 Bingo, HH 2:30 Root Beer Floats, HH</p>	<p>17</p> <p>9:00 Bible Study, PD 9:30 FIT to Stretch®, HH 10:30 Balloon Volleyball, HH 1:30 Walk & Roll, HH 3:00 Cocktail Hour, RL</p>	<p>18</p> <p>9:00 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 3:00 Bingo, HH</p>
<p>19</p> <p>8:00 Bus to Lemon Grove Churches 1:00 Scenic Bus Ride 3:00 Church Services, A</p>	<p>20</p> <p>9:00 FIT to Be Strong®, RL 9:00 FIT to Pedal®, RL 9:45 Smoothie Time, HH 1:00 Bingo, A 1:00 Wii Have Fun, RL</p>	<p>21</p> <p>7:30 Men's Breakfast 9:00 FIT to Pedal®, HH 10:00 Reminiscing w/ Marcelle, HH 1:00 Therapy in Color, HH 1:30 Tai Chi Class, A 2:00 Ceramics, RL</p>	<p>22</p> <p>9:30 Catholic Communion, RL 10:00 Spa Nails, HH 1:00 Bingo, A 1:00 FIT to Pedal®, RL 3:00 Happy Hour: Joe Pal & Friends</p>	<p>THANKSGIVING DAY 23</p> <p>9:00 Arts & Crafts, HH 9:30 FIT to Stretch®, HH 1:00 Bingo, HH 2:30 Root Beer Floats, HH</p>	<p>24</p> <p>9:00 Bible Study, PD 9:30 FIT to Stretch®, HH 10:30 Balloon Volleyball, HH 1:30 Walk & Roll, HH 2:00 Slideshow w/Bill 3:00 Cocktail Hour, RL</p>	<p>25</p> <p>9:00 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 3:00 Bingo, HH</p>
<p>26</p> <p>8:00 Bus to Lemon Grove Churches 1:00 Scenic Bus Ride 3:00 Church Services, A</p>	<p>27</p> <p>9:00 FIT to Be Strong®, RL 9:00 FIT to Pedal®, RL 9:45 Smoothie Time, HH 1:00 Bingo, A 1:00 Wii Have Fun, RL</p>	<p>28</p> <p>9:00 FIT to Pedal®, HH 10:00 Reminiscing w/ Marcelle, HH 1:00 Therapy in Color, HH</p>	<p>29</p> <p>9:30 Catholic Communion, RL 10:00 Spa Nails, HH 1:00 Bingo, A 1:00 FIT to Pedal®, RL</p>	<p>30</p> <p>9:00 Arts & Crafts, HH 9:30 FIT to Stretch®, HH 1:00 Bingo, HH 2:30 Root Beer Floats, HH</p>	<p>Calendar events subject to change.</p>	