

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY													
<p><b>Calendar events subject to change.</b></p>	<p>9:00 FIT to Be Strong®/ FIT to Pedal®, RL <b>1</b></p> <p>10:30 Residents' Meeting, RL</p> <p>1:00 Bingo, RL</p> <p>1:00 Wii Have Fun, RL</p> <p>3:30 Round Table w/ Adrian, RL</p>	<p>9:00 Music Hour, HH <b>2</b></p> <p>10:00 Tai Chi w/Marcelle, HH</p> <p>1:00 Therapy in Color, HH</p> <p>1:30 Tai Chi Class, A</p> <p>2:00 Kings in the Corner, HH</p>	<p>10:00 Catholic Communion, RL <b>3</b></p> <p>10:00 Spa Nails, HH</p> <p>1:00 Bingo, A</p> <p>1:00 FIT to Be Strong®, HH</p> <p>3:00 Happy Hour, RL</p>	<p>9:00 FIT to Stretch®, HH <b>4</b></p> <p>9:30 Arts &amp; Crafts, HH</p> <p>10:30 Game Day, HH</p> <p>12:00 Residents Birthday Luncheon, *</p> <p>1:00 Bingo, HH</p> <p>2:00 Root Beer Floats, HH</p> <p>2:30 Charades, RL</p>	<p>9:00 Bible Study, PD <b>5</b></p> <p>9:30 FIT to Stretch®, HH</p> <p>10:30 Balloon Volleyball, HH</p> <p>1:30 Walk &amp; Roll, HH</p> <p>3:00 Cocktail Hour, RL</p>	<p>9:00 Guided Meditation, RL <b>6</b></p> <p>10:00 Knitting Club, RL</p> <p>11:00 Hymn Sing, RL</p> <p>1:00 Bingo, RL</p> <p>1:00 Yahtzee, RL</p> <p>3:00 Bingo, HH</p>													
	<p><b>7</b></p> <p>8:00 Bus to Lemon Grove Churches</p> <p><b>1:00 Scenic Bus Ride, *</b></p> <p>2:00 Ice Cream Sunday, HH</p> <p>3:00 New Creation Church Services, A</p>	<p><b>COLUMBUS DAY 8</b></p> <p>9:00 FIT to Be Strong®/ FIT to Pedal®, RL</p> <p>1:00 Bingo, RL</p> <p>1:00 Wii Have Fun, RL</p>	<p><b>9</b></p> <p>9:00 Music Hour, HH</p> <p>10:00 Tai Chi w/Marcelle, HH</p> <p>1:00 Therapy in Color, HH</p> <p>2:00 Kings in the Corner, HH</p>	<p><b>10</b></p> <p>10:00 Catholic Communion, RL</p> <p>10:00 Spa Nails, HH</p> <p>1:00 Bingo, A</p> <p>1:00 FIT to Be Strong®, HH</p> <p>3:00 Happy Hour, RL</p>	<p>9:00 FIT to Stretch®, HH <b>11</b></p> <p>9:30 Arts &amp; Crafts, HH</p> <p>10:30 Game Day, HH</p> <p>11:30 Sunshine Ladies Luncheon, RL</p> <p>1:00 Bingo, HH</p> <p>2:00 Root Beer Floats, HH</p> <p>2:30 Pictionary, RL</p>	<p><b>12</b></p> <p>9:00 Bible Study, PD</p> <p>9:30 FIT to Stretch®, HH</p> <p>10:30 Balloon Volleyball, HH</p> <p>1:30 Walk &amp; Roll, HH</p> <p>3:00 Cocktail Hour, RL</p>	<p><b>13</b></p> <p>9:00 Guided Meditation, RL</p> <p>10:00 Knitting Club, RL</p> <p>11:00 Hymn Sing, RL</p> <p>1:00 Bingo, RL</p> <p>1:00 Yahtzee, RL</p> <p>3:00 Bingo, HH</p>												
	<p><b>14</b></p> <p>8:00 Bus to Lemon Grove Churches</p> <p><b>1:00 Scenic Bus Ride, *</b></p> <p>2:00 Ice Cream Sunday, HH</p> <p>3:00 College Avenue Baptist Church, A</p>	<p><b>15</b></p> <p>9:00 FIT to Be Strong®/ FIT to Pedal®, RL</p> <p>1:00 Bingo, RL</p> <p>1:00 Wii Have Fun, RL</p>	<p><b>16</b></p> <p>7:30 Men's Breakfast</p> <p>9:00 Music Hour, HH</p> <p>10:00 Tai Chi w/Marcelle, HH</p> <p>1:00 Therapy in Color, HH</p> <p>1:30 Tai Chi Class, A</p> <p>2:00 Kings in the Corner, HH</p>	<p><b>17</b></p> <p>10:00 Catholic Communion, RL</p> <p>10:00 Spa Nails, HH</p> <p>1:00 Bingo, A</p> <p>1:00 FIT to Be Strong®, HH</p> <p>3:00 Happy Hour, RL</p>	<p><b>18</b></p> <p>9:00 FIT to Stretch®, HH</p> <p>9:30 Arts &amp; Crafts, HH</p> <p>10:30 Game Day, HH</p> <p>1:00 Bingo, HH</p> <p>2:00 Root Beer Floats, HH</p> <p>2:30 Charades, RL</p>	<p><b>19</b></p> <p>9:00 Bible Study, PD</p> <p>9:30 FIT to Stretch®, HH</p> <p>10:30 Balloon Volleyball, HH</p> <p>1:30 Walk &amp; Roll, HH</p> <p>3:00 Cocktail Hour, RL</p>	<p><b>20</b></p> <p>9:00 Guided Meditation, RL</p> <p>10:00 Knitting Club, RL</p> <p>11:00 Hymn Sing, RL</p> <p>1:00 Bingo, RL</p> <p>1:00 Yahtzee, RL</p> <p>3:00 Bingo, HH</p>												
	<p><b>21</b></p> <p>8:00 Bus to Lemon Grove Churches</p> <p><b>1:00 Scenic Bus Ride, *</b></p> <p>2:00 Ice Cream Sunday, HH</p> <p>3:00 Skyline Church Service, A</p>	<p><b>22</b></p> <p>9:00 FIT to Be Strong®/ FIT to Pedal®, RL</p> <p>1:00 Bingo, RL</p> <p>1:00 Wii Have Fun, RL</p>	<p><b>23</b></p> <p>9:00 Music Hour, HH</p> <p>10:00 Tai Chi w/Marcelle, HH</p> <p><b>10:00 Art for All Ages, *</b></p> <p>1:00 Therapy in Color, HH</p> <p>2:00 Kings in the Corner, HH</p>	<p><b>24</b></p> <p>10:00 Catholic Communion, RL</p> <p>10:00 Spa Nails, HH</p> <p>1:00 Bingo, A</p> <p>1:00 FIT to Be Strong®, HH</p> <p>3:00 Happy Hour, RL</p> <p>3:00 Happy Hour: Joe Pal &amp; Friends</p>	<p><b>25</b></p> <p>7:30 Veterans Breakfast, SD</p> <p>9:00 FIT to Stretch®, HH</p> <p>9:30 Arts &amp; Crafts, HH</p> <p>10:30 Game Day, HH</p> <p>1:00 Bingo, HH</p> <p>2:00 Root Beer Floats, HH</p> <p>2:30 Pictionary, RL</p>	<p><b>26</b></p> <p>9:00 Bible Study, PD</p> <p>9:30 FIT to Stretch®, HH</p> <p>10:30 Balloon Volleyball, HH</p> <p>1:30 Walk &amp; Roll, HH</p> <p>2:00 Slideshow w/Bill</p> <p>3:00 Cocktail Hour, RL</p>	<p><b>27</b></p> <p>9:00 Guided Meditation, RL</p> <p>10:00 Knitting Club, RL</p> <p>11:00 Hymn Sing, RL</p> <p>1:00 Bingo, RL</p> <p>1:00 Yahtzee, RL</p> <p>3:00 Bingo, HH</p>												
	<p><b>28</b></p> <p>8:00 Bus to Lemon Grove Churches</p> <p><b>1:00 Scenic Bus Ride, *</b></p> <p>2:00 Ice Cream Sunday, HH</p> <p>3:00 Lemon Grove Christian Church, A</p>	<p><b>29</b></p> <p>9:00 FIT to Be Strong®/ FIT to Pedal®, RL</p> <p>1:00 Bingo, RL</p> <p>1:00 Wii Have Fun, RL</p>	<p><b>30</b></p> <p>9:00 Music Hour, HH</p> <p>10:00 Tai Chi w/Marcelle, HH</p> <p>1:00 Therapy in Color, HH</p> <p>2:00 Kings in the Corner, HH</p>	<p><b>HALLOWEEN 31</b></p> <p>10:00 Catholic Communion, RL</p> <p>10:00 Spa Nails, HH</p> <p>1:00 Bingo, A</p> <p>1:00 FIT to Be Strong®, HH</p> <p>3:00 Happy Hour, RL</p>	<p><b>Locations</b></p> <table border="0"> <tr> <td>Auditorium, A</td> <td>Outing, O</td> </tr> <tr> <td>Casa Del Norte, CN</td> <td>Pool, P</td> </tr> <tr> <td>Computer Room, CR</td> <td>Private Dining Room, PD</td> </tr> <tr> <td>Gazebo, G</td> <td>Resident Lounge, RL</td> </tr> <tr> <td>Heritage House, HH</td> <td>Skill Nursing, SNF</td> </tr> <tr> <td>Need To Sign Up For This Event, *</td> <td>South Dining Room, SD</td> </tr> <tr> <td>North Lawn, NL</td> <td>South Lawn, SL</td> </tr> </table>		Auditorium, A	Outing, O	Casa Del Norte, CN	Pool, P	Computer Room, CR	Private Dining Room, PD	Gazebo, G	Resident Lounge, RL	Heritage House, HH	Skill Nursing, SNF	Need To Sign Up For This Event, *	South Dining Room, SD	North Lawn, NL
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