

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<b>Locations</b> Auditorium, A      Need To Sign Up For This Event, * Casa Del Norte, CN      North Lawn, NL Computer Room, CR      Outing, O Gazebo, G      Pool, P Heritage House, HH      Private Dining Room, PD			Resident Lounge, RL Skill Nursing, SNF South Dining Room, SD South Lawn, SL		<b>Calendar events subject to change.</b>		<b>1</b> 9:00 Bible Study, PD 9:30 FIT to Stretch®, HH 10:30 Balloon Volleyball, HH 1:30 Walk & Roll, HH 3:00 Cocktail Hour, RL	<b>2</b> 9:00 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 3:00 Bingo, HH
<b>3</b> 8:00 Bus to Lemon Grove Churches 9:30 Skyline Church Service, HH 1:00 Scenic Bus Ride 3:00 Church Services, A	<b>LABOR DAY 4</b> 9:00 FIT to Be Strong®, RL 9:00 FIT to Pedal®, RL 10:30 Residents' Meeting, RL 1:00 Bingo, A 3:30 Round Table w/ Adrian, RL	<b>5</b> 9:00 FIT to Pedal®, HH 10:00 Reminiscing w/ Marcelle, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 1:30 Tai Chi Class, A 2:30 Ceramics, RL 6:00 Bible Study, RL	<b>6</b> 9:30 Catholic Communion, RL 10:00 Spa Nails, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 1:00 Bingo, A 1:00 FIT to Pedal®, RL 3:00 Happy Hour, RL	<b>7</b> 9:00 Arts & Crafts, HH 9:30 FIT to Stretch®, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 1:00 Bingo, HH 2:30 Root Beer Floats, HH	<b>8</b> 9:00 Bible Study, PD 9:30 FIT to Stretch®, HH 10:30 Balloon Volleyball, HH 1:30 Walk & Roll, HH 3:00 Cocktail Hour, RL	<b>9</b> 9:00 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 3:00 Bingo, HH		
<b>10</b> 8:00 Bus to Lemon Grove Churches 1:00 Scenic Bus Ride 3:00 Church Services, A	<b>PATRIOT DAY 11</b> 9:00 FIT to Be Strong®, RL 9:00 FIT to Pedal®, RL 1:00 Bingo, A	<b>12</b> 9:00 FIT to Pedal®, HH 10:00 Reminiscing w/ Marcelle, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 6:00 Bible Study, RL	<b>13</b> 9:30 Catholic Communion, RL 10:00 Spa Nails, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 1:00 Bingo, A 1:00 FIT to Pedal®, RL 3:00 Happy Hour: Fynetones, RL	<b>14</b> 9:00 Arts & Crafts, HH 9:30 FIT to Stretch®, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 11:30 Sunshine Ladies Luncheon, RL 1:00 Bingo, HH 2:30 Root Beer Floats, HH	<b>15</b> 9:00 Bible Study, PD 9:30 FIT to Stretch®, HH 10:30 Balloon Volleyball, HH 1:30 Walk & Roll, HH 3:00 Cocktail Hour, RL	<b>16</b> 9:00 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 3:00 Bingo, HH		
<b>17</b> 8:00 Bus to Lemon Grove Churches 1:00 Scenic Bus Ride 3:00 Church Services, A	<b>18</b> 9:00 FIT to Be Strong®, RL 9:00 FIT to Pedal®, RL 1:00 Bingo, A	<b>19</b> 7:30 Men's Breakfast 9:00 FIT to Pedal®, HH 10:00 Reminiscing w/ Marcelle, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 1:30 Tai Chi Class, A 2:30 Ceramics, RL 6:00 Bible Study, RL	<b>ROSH HASHANAH BEGINS AT SUNDOWN 20</b> 9:30 Catholic Communion, RL 10:00 Spa Nails, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 1:00 Bingo, A 1:00 FIT to Pedal®, RL	<b>21</b> 9:00 Arts & Crafts, HH 9:30 FIT to Stretch®, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 1:00 Bingo, HH 2:30 Root Beer Floats, HH	<b>FALL BEGINS 22</b> 9:00 Bible Study, PD 9:30 FIT to Stretch®, HH 10:30 Balloon Volleyball, HH 1:30 Walk & Roll, HH 3:00 Cocktail Hour, RL	<b>23</b> 9:00 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 3:00 Bingo, HH		
<b>24</b> 8:00 Bus to Lemon Grove Churches 1:00 Scenic Bus Ride 3:00 Church Services, A	<b>25</b> 9:00 FIT to Be Strong®, RL 9:00 FIT to Pedal®, RL 1:00 Bingo, A	<b>26</b> 9:00 FIT to Pedal®, HH 10:00 Reminiscing w/ Marcelle, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 6:00 Bible Study, RL	<b>27</b> 9:30 Catholic Communion, RL 10:00 Spa Nails, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 1:00 Bingo, A 1:00 FIT to Pedal®, RL 3:00 Happy Hour: Joe Pal & Friends	<b>28</b> 9:00 Arts & Crafts, HH 9:30 FIT to Stretch®, HH 10:30 FIT/Stretch, FIT to Be Strong®, HH 1:00 Bingo, HH 2:30 Root Beer Floats, HH	<b>YOM KIPPUR BEGINS AT SUNDOWN 29</b> 9:00 Bible Study, PD 9:30 FIT to Stretch®, HH 10:30 Balloon Volleyball, HH 1:30 Walk & Roll, HH 2:00 Slideshow w/Bill 3:00 Cocktail Hour, RL	<b>30</b> 9:00 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A 1:00 Yahtzee, RL 3:00 Bingo, HH		