

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Locations</b> Auditorium, A      Need To Sign Up For This Event, * Casa Del Norte, CN    North Lawn, NL Computer Room, CR    Outing, O Gazebo, G              Pool, P Heritage House, HH    Private Dining Room, PD Resident Lounge, RL Skill Nursing, SNF South Dining Room, SD South Lawn, SL			<b>1</b> 9:30 Catholic Communion, RL 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 1:00 Bingo, A 1:00 FIT to Pedal®, RL 3:00 Happy Hour, RL 6:00 Ballroom Dancing Class, A	<b>2</b> 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 2:00 Root Beer Floats, CN	<b>3</b> 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 3:00 Cocktail Hour, RL 3:00 Brain Teasers, RL	<b>4</b> 8:45 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A
<b>5</b> <b>DAYLIGHT SAVING TIME ENDS</b> 8:00 Bus to Lemon Grove Churches 9:00 FIT to Pedal®, CN <b>1:00 Scenic Bus Ride</b> 2:30 Shake It Up, CN	<b>6</b> 9:00 FIT to Pedal®, CN 10:00 Kings in the Corner, RL 10:30 Residents' Meeting, RL 10:30 Spa Nails, CN 1:00 Bingo, A 3:30 Round Table w/ Adrian, RL	<b>7</b> <b>ELECTION DAY</b> 9:00 Reminiscing w/ Tim, CN 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 1:30 Tai Chi Class, A 6:00 Bible Study, RL	<b>8</b> 9:30 Catholic Communion, RL 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 1:00 Bingo, A 1:00 FIT to Pedal®, RL 3:00 Happy Hour, RL 6:00 Ballroom Dancing Class, A	<b>9</b> 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 11:30 Sunshine Ladies Luncheon, RL 2:00 Root Beer Floats, CN	<b>10</b> 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 3:00 Cocktail Hour, RL 3:00 Brain Teasers, RL	<b>11</b> <b>VETERANS DAY</b> 8:45 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A
<b>12</b> 8:00 Bus to Lemon Grove Churches 9:00 FIT to Pedal®, CN <b>1:00 Scenic Bus Ride</b> 2:30 Shake It Up, CN	<b>13</b> 9:00 FIT to Pedal®, CN 10:00 Kings in the Corner, RL 10:30 Spa Nails, CN 1:00 Bingo, A	<b>14</b> 9:00 Reminiscing w/ Tim, CN 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 6:00 Bible Study, RL	<b>15</b> 9:30 Catholic Communion, RL 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 1:00 Bingo, A 1:00 FIT to Pedal®, RL 3:00 Happy Hour, RL 6:00 Ballroom Dancing Class, A	<b>16</b> 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 2:00 Root Beer Floats, CN	<b>17</b> 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 3:00 Cocktail Hour, RL 3:00 Brain Teasers, RL	<b>18</b> 8:45 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A
<b>19</b> 8:00 Bus to Lemon Grove Churches 9:00 FIT to Pedal®, CN <b>1:00 Scenic Bus Ride</b> 2:30 Shake It Up, CN	<b>20</b> 9:00 FIT to Pedal®, CN 10:00 Kings in the Corner, RL 10:30 Spa Nails, CN 1:00 Bingo, A	<b>21</b> 7:30 Men's Breakfast, RL 9:00 Reminiscing w/Tim, CN 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 1:30 Tai Chi Class, A 6:00 Bible Study, RL	<b>22</b> 9:30 Catholic Communion, RL 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 1:00 Bingo, A 1:00 FIT to Pedal®, RL 3:00 Happy Hour, RL 6:00 Ballroom Dancing Class, A	<b>23</b> <b>THANKSGIVING DAY</b> 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 2:00 Root Beer Floats, CN	<b>24</b> 1:00 Wii Have Fun, RL 2:00 Therapy in Color, RL 3:00 Cocktail Hour, RL 3:00 Brain Teasers, RL	<b>25</b> 8:45 Chair Yoga, RL 10:00 Knitting Club, RL 11:00 Hymn Sing, RL 1:00 Bingo, A
<b>26</b> 8:00 Bus to Lemon Grove Churches 9:00 FIT to Pedal®, CN <b>1:00 Scenic Bus Ride</b> 2:30 Shake It Up, CN	<b>27</b> 9:00 FIT to Pedal®, CN 10:00 Kings in the Corner, RL 10:30 Spa Nails, CN 1:00 Bingo, A	<b>28</b> 9:00 Reminiscing w/ Tim, CN 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 6:00 Bible Study, RL	<b>29</b> 9:30 Catholic Communion, RL 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 1:00 Bingo, A 1:00 FIT to Pedal®, RL 3:00 Happy Hour, RL 6:00 Ballroom Dancing Class, A	<b>30</b> 10:00 FIT/Stretch, FIT to Be Strong®, CN 10:30 Spa Nails, CN 2:00 Root Beer Floats, CN	<b>Calendar events subject to change.</b>	