

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY															
<p>“When you arise in the morning, think of what a privilege it is to be alive to breathe. To Think. To Enjoy. To Love.” — Marcus Aurelius</p>	<p>NEW YEAR'S DAY 1</p> <p>9:00 FIT to Pedal®, T 9:30 Flowering Florists, C 11:00 Siri Thai Food, O 2:00 Wii Bowling, Alley Cats, 7th 2:30 Cardio Strength, T 3:00 Hello 2018 Social 3:00 BIG WORD Brain Stretcher, C</p>	<p>2</p> <p>9:15 Better You (Pilates), T 9:30 Prayer Time w/ Pastor Berry 10:30 Bible Study, T 10:30 Knotty Knitters, LIB 10:30 Water Aerobics, P 1:00 Wii Bowling, Wow, 7th 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 3:00 Wii Bowling, King Pins, 7th 4:00 Happy Hour, 7th 6:30 Wii Bowling, Rollin' Witches, 7th</p>	<p>3</p> <p>9:00 FIT to Pedal®, T 10:30 TED Talk Video & Discussion, T 1:00 Nondenominational Church, T 1:00 Wii Bowling, Keglers, 7th 2:00 FIT to Balance®, T 2:30 Jazzist David Cooley, T 3:00 Wii Bowling, The Rookies, 7th 4:00 Wine Wednesday, C 7:00 Wii Bowling, Hot Doggers, 7th</p>	<p>4</p> <p>9:15 Better You (Pilates), T 9:30 Salem State Hosp Museum/Lunch, O 10:15 Catholic Communion, 7th 10:30 Water Aerobics, P 11:00 Executive Committee Meeting, PDR 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T</p>	<p>5</p> <p>9:00 Foot Care, 1st 9:00 Donuts & Trivia, C 10:00 Wii Bowling, Renegades, 7th 11:15 MP Singalong Lobby, L 11:30 Baseball Luncheon, T 2:00 FIT to Balance®, T 3:30 Yoga Flex, T 4:00 Happy Hour, 7th 6:30 Dice & Dimes (LRC), C</p>	<p>6</p> <p>9:00 Bi Mart, O 10:30 Water Aerobics, P 1:00 Bingo, T 4:00 Pianist Graham James, T 7:00 Movie Night, T</p>															
<p>8:00 Christ the King Catholic, O 7 9:00 St. Paul's United Methodist, O 10:00 Valley View Church \ Apostolic, O 3:00 Clip Coupon/Valiant Veterans®, C 7:00 Evening Cinema, T</p>	<p>8</p> <p>9:00 FIT to Pedal®, T 9:30 Flowering Florists, C 10:45 Stardust Diner/ Vancouver, O 2:00 Wii Bowling, Alley Cats, 7th 2:30 Cardio Strength, T</p>	<p>9</p> <p>8:30 Book Club Breakfast, PDR 9:15 Better You (Pilates), T 9:30 Prayer Time w/Pastor Berry 10:30 Bible Study, T 10:30 Water Aerobics, P 1:00 Watercolor w/Melissa, C 1:00 Wii Bowling, Wow, 7th 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 3:00 Wii Bowling, King Pins, 7th 4:00 Happy Hour, 7th 6:30 Wii Bowling, Rollin' Witches, 7th</p>	<p>10</p> <p>9:00 FIT to Pedal®, T 10:30 TED Talk Video & Discussion, T 1:00 Nondenominational Church, T 1:00 Wii Bowling, Keglers, 7th 2:00 FIT to Balance®, T 3:00 Wii Bowling, The Rookies, 7th 4:00 Wine Wednesday, C 6:30 Musician David Mixer, T 7:00 Wii Bowling, Hot Doggers, 7th</p>	<p>11</p> <p>8:00 Herta Fitness Assistance, WR 9:15 Better You (Pilates), T 9:30 Casino in Ridgefield, O 10:15 Catholic Communion, 7th 10:30 Water Aerobics, P 2:00 Caregiver Education, PDR 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T</p>	<p>12</p> <p>9:00 Foot Care, 1st 9:00 Donuts & Trivia, C 10:00 Wii Bowling, Renegades, 7th 11:15 MP Singalong, T 2:00 All Resident Council Meeting, T 3:30 Yoga Flex, T 4:00 Happy Hour, 7th 6:30 Dice & Dimes (LRC), C</p>	<p>13</p> <p>9:30 Trader Joe's, O 10:30 Water Aerobics, P 1:00 Bingo, T 2:00 Hot Chocolate Social, C 7:00 Movie Night, T</p>															
<p>8:00 Christ the King Catholic, O 14 9:00 St. Paul's United Methodist, O 10:00 Valley View Church \ Apostolic, O 10:30 Voice of the Voiceless, T 7:00 Evening Cinema, T</p>	<p>MARTIN LUTHER KING JR. DAY 15</p> <p>9:00 FIT to Pedal®, T 9:30 Flowering Florists, C 11:00 Pastini in Bridgeport, O 2:00 Wii Bowling, Alley Cats, 7th 2:30 Ted's Mobility Clinic, C 2:30 Cardio Strength, T 3:00 BIG WORD Brain Stretcher, C</p>	<p>16</p> <p>9:15 Better You (Pilates), T 9:30 Prayer Time w/ Pastor Berry 10:30 Bible Study, T 10:30 Knotty Knitters, LIB 10:30 Water Aerobics, P 1:00 Wii Bowling, Wow, 7th 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 3:00 Wii Bowling, King Pins, 7th 4:00 Happy Hour, 7th 6:30 Wii Bowling, Rollin' Witches, 7th</p>	<p>17</p> <p>9:00 FIT to Pedal®, T 10:30 TED Talk Video & Discussion, T 1:00 Nondenominational Church, T 1:00 Wii Bowling, Keglers, 7th 2:00 FIT to Balance®, T 2:30 Singer Molli Paige, T 3:00 Wii Bowling, The Rookies, 7th 4:00 Wine Wednesday, C 7:00 Wii Bowling, Hot Doggers, 7th</p>	<p>18</p> <p>9:15 Better You (Pilates), T 10:15 Catholic Communion, 7th 10:30 Water Aerobics, P 11:00 Iron Horse in Sellwood, O 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T</p>	<p>19</p> <p>9:00 Foot Care, 1st 9:00 Donuts & Trivia, C 10:00 Wii Bowling, Renegades, 7th 11:15 MP Singalong, T 2:00 FIT to Balance®, T 3:30 Yoga Flex, T 4:00 Happy Hour, 7th 6:30 Dice & Dimes (LRC), C</p>	<p>20</p> <p>9:00 Bi Mart, O 10:30 Water Aerobics, P 1:00 Bingo, T 7:00 Movie Night, T</p>															
<p>8:00 Christ the King Catholic, O 21 9:00 St. Paul's United Methodist, O 10:00 Valley View Church \ Apostolic, O 2:00 Sunday Cider Social, C 7:00 Evening Cinema, T</p>	<p>22</p> <p>9:00 FIT to Pedal®, T 9:30 Flowering Florists, C 11:15 McGraths Seafood, O 2:00 Wii Bowling, Alley Cats, 7th 2:30 Cardio Strength, T 3:00 Game Show "Password," T</p>	<p>23</p> <p>9:15 Better You (Pilates), T 9:30 Prayer Time w/ Pastor Berry 10:30 Bible Study, T 10:30 Knotty Knitters, LIB 10:30 Water Aerobics, P 1:00 Wii Bowling, Wow, 7th 1:00 Watercolor w/Melissa, C 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 3:00 Wii Bowling, King Pins, 7th 4:00 Happy Hour, 7th 6:30 Wii Bowling, Rollin' Witches, 7th</p>	<p>24</p> <p>9:00 FIT to Pedal®, T 10:30 TED Talk Video & Discussion, T 1:00 Nondenominational Church, T 1:00 Wii Bowling, Keglers, 7th 2:00 FIT to Balance®, T 2:30 Musician Pablo G, T 3:00 Wii Bowling, The Rookies, 7th 4:00 Wine Wednesday, C 7:00 Wii Bowling, Hot Doggers, 7th</p>	<p>25</p> <p>9:15 Better You (Pilates), T 10:15 Catholic Mass, 7th 10:30 Water Aerobics, P 11:30 January Birthday Lunch, D 2:00 Caregiver Education, PDR 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T</p>	<p>26</p> <p>9:00 Foot Care, 1st 9:00 Donuts & Trivia, C 10:00 Wii Bowling, Renegades, 7th 11:15 MP Singalong, T 2:00 FIT to Balance®, T 3:30 Yoga Flex, T 4:00 Happy Hour, 7th 6:30 Dice & Dimes (LRC), C</p>	<p>27</p> <p>10:00 Dollar Store, O 10:30 Water Aerobics, P 1:00 Bingo, T 7:00 Movie Night, T</p>															
<p>8:00 Christ the King Catholic, O 28 9:00 St. Paul's United Methodist, O 10:00 Valley View Church \ Apostolic, O 7:00 Evening Cinema, T</p>	<p>29</p> <p>9:00 FIT to Pedal®, T 9:30 Flowering Florists, C 11:00 Spaghetti Factory Portland, O 2:00 Wii Bowling, Alley Cats, 7th 2:30 Cardio Strength, T 3:00 Big Word Brain Stretcher, C</p>	<p>30</p> <p>9:15 Better You (Pilates), T 9:30 Prayer Time w/ Pastor Berry 10:30 Bible Study, T 10:30 Knotty Knitters, LIB 10:30 Water Aerobics, P 1:00 Wii Bowling, Wow, 7th 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 3:00 Wii Bowling, King Pins, 7th 4:00 Happy Hour, 7th 6:30 Wii Bowling, Rollin' Witches, 7th</p>	<p>31</p> <p>9:00 FIT to Pedal®, T 10:30 TED Talk Video & Discussion, T 1:00 Nondenominational Church, T 1:00 Wii Bowling, Keglers, 7th 2:00 FIT to Balance®, T 2:30 Pianist Monte Watters, T 3:00 Wii Bowling, The Rookies, 7th 4:00 Wine Wednesday, C 7:00 Wii Bowling, Hot Doggers, 7th</p>	<p>Locations</p> <table border="0"> <tr> <td>Cafe, C</td> <td>Lobby, L</td> <td>Second Floor, 2nd</td> </tr> <tr> <td>Dining Room, D</td> <td>Meditation Garden, MG</td> <td>Seventh Floor/Charlie's Corner, 7th</td> </tr> <tr> <td>Dining Room Patio, DRP</td> <td>Outings, O</td> <td>Talbert Room, T</td> </tr> <tr> <td>First Floor, 1st</td> <td>Pool, P</td> <td>Weight Room, WR</td> </tr> <tr> <td>Library, LIB</td> <td>Private Dining Room, PDR</td> <td></td> </tr> </table>			Cafe, C	Lobby, L	Second Floor, 2nd	Dining Room, D	Meditation Garden, MG	Seventh Floor/Charlie's Corner, 7th	Dining Room Patio, DRP	Outings, O	Talbert Room, T	First Floor, 1st	Pool, P	Weight Room, WR	Library, LIB	Private Dining Room, PDR	
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<p>Calendar events subject to change.</p>																					