

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 Christ the King Catholic, O 1 10:00 Valley View Church\ Apostolic, O 1:00 Nondenominational Church, T 1:00 Musical Therapist Gabe, 2nd 3:00 Coupon Clipping for Veterans, C 6:30 Evening Cinema, T	9:00 FIT to Pedal®, T 2 9:30 Flowering Florists, C 11:00 Jewelry Repair, L 11:30 Lunch at the Monarch Hotel, O 2:00 Wii Bowling, Alley Cats, 7th 2:00 Mahjongg Game, LIB 2:30 Thai Chi Class, T 3:30 Big Word Brain Stretcher, C	9:15 Better You (Pilates), T 3 9:30 Prayer Time w/Pastor Berry 10:30 Bible Study, T 10:30 Knotty Knitters, LIB 10:30 Water Aerobics, P 1:00 Wii Bowling, Wow, 7th 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 3:00 Wii Bowling, King Pins, 7th 4:00 Happy Hour, 7th 6:30 Wii Bowling, Rollin' Witches, 7th	INDEPENDENCE DAY 4 9:00 FIT to Pedal®, T 10:30 TED Talk Resident Choice, T 11:15 Walk in the Park, O 1:00 Wii Bowling, Keglers, 7th 2:00 FIT to Balance®, T 2:30 Patriotic Music w/Pablo G, T 3:00 Wii Bowling, The Rookies, 7th 4:00 Wine Wednesday, C 7:00 Wii Bowling, Hot Doggers, 7th	9:15 Better You (Pilates), T 5 10:15 Catholic Communion, 7th 10:15 Mini Golf & Lunch Sah Ha Lee, O 10:30 Water Aerobics, P 11:00 Executive Committee Meeting, PDR 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 6:30 Game Night Hosted by Margi, T	9:00 Foot Care, 1st 6 9:00 Donuts & Trivia, C 10:00 Wii Bowling, Renegades, 7th 10:00 Beanbag Baseball, T 11:15 MP Singalong, T 1:00 Classical Music Appreciation, 7th 1:00 Walk in the Park, O 2:00 FIT to Balance®, T 3:30 Yoga Flex, T 4:00 Happy Hour, 7th 6:30 Dice & Dimes (LRC), C	9:30 Fred Meyer, Sunnyside, O 7 10:30 Water Aerobics, P 1:00 Bingo, T 2:30 Saturday Sundae Social, C 4:00 Singer Molli P, T 6:30 Movie Night, T
8:00 Christ the King Catholic, O 8 10:00 Valley View Church\ Apostolic, O 1:00 Nondenominational Church, T 6:30 Evening Cinema, T	9:00 FIT to Pedal®, T 9 9:30 Flowering Florists, C 11:15 Lunch at Outback Restaurant, O 2:00 Wii Bowling, Alley Cats, 7th 2:00 Mahjongg Game, LIB 2:30 Thai Chi Class, T	9:15 Better You (Pilates), T 10 9:30 Prayer Time w/Pastor Berry 10:30 Bible Study, T 10:30 Knotty Knitters, LIB 10:30 Water Aerobics, P 1:00 Wii Bowling, Wow, 7th 1:30 Avada Hearing, 7th 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 3:00 Wii Bowling, King Pins, 7th 4:00 Happy Hour, 7th 6:30 Wii Bowling, Rollin' Witches, 7th	9:00 FIT to Pedal®, T 11 10:30 TED Talk Resident Choice, T 11:15 Walk in the Park, O 1:00 Wii Bowling, Keglers, 7th 2:00 FIT to Balance®, T 2:30 Musician Will S, T 3:00 Wii Bowling, The Rookies, 7th 4:00 Wine Wednesday, C 7:00 Wii Bowling, Hot Doggers, 7th	9:15 Better You (Pilates), T 12 10:00 Lunch at Timberline Lodge, O 10:15 Catholic Communion, 7th 10:30 Water Aerobics, P 2:00 Caregiver Education, PDR 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T	9:00 Foot Care, 1st 13 9:00 Donuts & Trivia, C 10:00 Wii Bowling, Renegades, 7th 10:00 Beanbag Baseball, T 11:15 MP Singalong, T 1:00 Walk in the Park, O 2:00 FIT to Balance®, T 2:00 All Resident Council Meeting, T 3:30 Yoga Flex, T 4:00 Happy Hour, 7th 6:30 Dice & Dimes (LRC), C	9:30 Bi Mart & Dollar Store, O 14 10:30 Water Aerobics, P 1:00 Bingo, 7th 6:30 Movie Night, T
8:00 Christ the King Catholic, O 15 10:00 Valley View Church\ Apostolic, O 1:00 Nondenominational Church, T 1:00 Musical Therapist Gabe, 2nd 2:30 Lemonade Social, C 6:30 Evening Cinema, T	9:00 FIT to Pedal®, T 16 9:30 Flowering Florists, C 10:30 Picnic at Blue Lake Troutdale, O 2:00 Wii Bowling, Alley Cats, 7th 2:00 Mahjongg Game, LIB 2:30 Ted's Mobility Clinic, C 2:30 Thai Chi Class, T 3:30 Big Word Brain Stretcher, C	9:15 Better You (Pilates), T 17 9:30 Prayer Time w/Pastor Berry 10:30 Bible Study, T 10:30 Knotty Knitters, LIB 10:30 Water Aerobics, P 1:00 Wii Bowling, Wow, 7th 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 3:00 Wii Bowling, King Pins, 7th 4:00 Happy Hour, 7th 6:30 Wii Bowling, Rollin' Witches, 7th	9:00 FIT to Pedal®, T 18 10:30 TED Talk Resident Choice, T 11:15 Walk in the Park, O 1:00 Wii Bowling, Keglers, 7th 2:00 FIT to Balance®, T 2:30 Guitarist Greg E, T 3:00 Wii Bowling, The Rookies, 7th 4:00 Wine Wednesday, C 7:00 Wii Bowling, Hot Doggers, 7th	9:15 Better You (Pilates), T 19 10:15 Catholic Communion, 7th 10:30 Water Aerobics, P 11:00 OR Historical Museum/Picnic, O 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 6:30 Game Night Hosted by Margi, T	9:00 Foot Care, 1st 20 9:00 Donuts & Trivia, C 10:00 Wii Bowling, Renegades, 7th 10:00 Beanbag Baseball, T 11:15 MP Singalong, T 1:00 Walk in the Park, O 2:00 FIT to Balance®, T 3:30 Yoga Flex, T 4:00 Happy Hour, 7th 6:30 Dice & Dimes (LRC), C	9:30 Fred Meyer, Sunnyside, O 21 10:30 Water Aerobics, P 1:00 Bingo, T 2:30 Saturday Sundae Social, C 4:00 Pianist Mony Eldon, T 6:30 Movie Night, T
8:00 Christ the King Catholic, O 22 10:00 Valley View Church\ Apostolic, O 1:00 Nondenominational Church, T 2:00 Sunday Sundae Social, C 6:30 Evening Cinema, T	9:00 FIT to Pedal®, T 23 9:30 Flowering Florists, C 10:15 Lunch at McMennamins in Kalama, O 2:00 Wii Bowling, Alley Cats, 7th 2:00 Mahjongg Game, LIB 2:30 Thai Chi Class, T 4:00 MP Book Club, PDR	9:15 Better You (Pilates), T 24 9:30 Prayer Time w/Pastor Berry 10:30 Bible Study, T 10:30 Knotty Knitters, LIB 10:30 Water Aerobics, P 1:00 Wii Bowling, Wow, 7th 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 3:00 Wii Bowling, King Pins, 7th 4:00 Happy Hour, 7th 6:30 Wii Bowling, Rollin' Witches, 7th	9:00 FIT to Pedal®, T 25 10:30 TED Talk Resident Choice, T 11:15 Walk in the Park, O 1:00 Wii Bowling, Keglers, 7th 2:00 FIT to Balance®, T 2:30 Musician Chuck Pardue, T 3:00 Wii Bowling, The Rookies, 7th 4:00 Wine Wednesday, C 6:30 New Horizons Band, T 7:00 Wii Bowling, Hot Doggers, 7th	9:15 Better You (Pilates), T 26 10:15 Catholic Mass, 7th 10:30 Water Aerobics, P 11:30 July Birthday Lunch, D 2:00 Caregiver Education, PDR 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T	9:00 Foot Care, 1st 27 9:00 Donuts & Trivia, C 10:00 Wii Bowling, Renegades, 7th 10:00 Beanbag Baseball, T 11:15 MP Singalong, T 1:00 Walk in the Park, O 2:00 FIT to Balance®, T 3:30 Yoga Flex, T 4:00 Happy Hour, 7th 6:30 Dice & Dimes (LRC), C	9:30 Trader Joe's, O 28 10:30 Water Aerobics, P 1:00 Bingo, T 2:30 Lemonade Social, C 6:30 Movie Night, T
8:00 Christ the King Catholic, O 29 10:00 Valley View Church\ Apostolic, O 1:00 Nondenominational Church, T 6:30 Evening Cinema, T	9:00 FIT to Pedal®, T 30 9:00 Lunch at Camp 18, O 9:30 Flowering Florists, C 2:00 Wii Bowling, Alley Cats, 7th 2:00 Mahjongg Game, LIB 2:30 Thai Chi Class, T	9:15 Better You (Pilates), T 31 9:30 Prayer Time w/Pastor Berry 10:30 Bible Study, T 10:30 Knotty Knitters, LIB 10:30 Water Aerobics, P 1:00 Wii Bowling, Wow, 7th 2:30 FIT to Stretch®, T 3:00 FIT to Be Strong®, T 3:00 Wii Bowling, King Pins, 7th 4:00 Happy Hour, 7th 6:30 Wii Bowling, Rollin' Witches, 7th	Locations Cafe, C Dining Room, D Dining Room Patio, DRP First Floor, 1st Library, LIB Lobby, L Meditation Garden, MG Outings, O Pool, P Private Dining Room, PDR Second Floor, 2nd Seventh Floor/Charlie's Corner, 7th Talbert Room, T Weight Room, WR	<p style="text-align: center;">Miramont Pointe would like to congratulate our 2018 graduates!</p> <p style="text-align: center;">Calendar events subject to change.</p>		