

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Cafe, C Pool, P Dining Room, D Second Floor, 2nd First Floor, 1st Seventh Floor/Charlie's Corner, 7th Library, LIB Talbert Room, T Lobby, L Weight Room, WR			Birthdays Susie O., 13th		“Live your life while you have it. Life is a splendid gift — there is nothing small about it.” — Florence Nightingale	
Calendar events subject to change.						
10:15 Sunday Hymns, 1st 4 11:15 Bible Study & Coffee Hour, 1st 1:00 Nondenominational Church, T 1:30 Spring Florals, 1st 3:00 Sunday Sundaes, 1st 3:30 Let's Get Moving, 1st 4:00 Mind Fitness 4:30 Memory Ball Toss, 1st 6:00 Sunday Evening Movie, 1st	9:30 Morning Classics, 1st 5 10:30 Movin' & Groovin', 1st 11:30 FIT to Stretch®, 1st 1:30 Craft Hour, 1st 3:00 National Cheese Doodle Day, 1st 4:00 Let's Learn, 1st 6:00 Monday Night Movie, 1st	9:30 Singing & Colorful Images, 1st 6 10:00 Beauty Salon Open, 1st 10:30 Yoga w/Peggy, 1st 1:30 Mind Fitness, 1st 3:30 Treasures of the Heart®, 1st 4:30 FIT to Pedal®, 1st 6:00 Reminisce, 1st	8:30 S.O.S. Breakfast, D 7 9:30 Hymn Sing, 1st 9:45 Chaplain Reflective Moment, 1st 10:30 Outing: Country Drive 11:00 Classic TV, 1st 1:30 Mind Fitness, 1st 2:00 Pianist Monte Watters, 1st 3:30 Table Games, 1st 4:30 FIT to Be Strong®, 1st 6:00 The Good Old Days, 1st	9:30 Singalong, 1st 8 10:15 Catholic Communion Available, 1st 10:30 Yoga w/Peggy, 1st 11:15 Singalong Continued, 1st 1:00 Bunny Therapy, 1st 2:00 PBS Episode & Analysis, 1st 2:00 FIT to Balance®, 1st 2:30 Mind Fitness, 1st 3:30 BINGO, 1st 6:00 Thursday Evening Film, 1st	9:30 Donuts & Debbie Reynolds, 1st 2 10:00 Manicures, 1st 11:15 Miramont Singalong, T 1:30 Earthtones Music Therapy, 1st 3:30 FIT to Be Strong®, 1st 4:00 Treasures of the Heart®, 1st 6:00 Soup for the Soul Series, 1st	10:45 Newspaper Searches & Donuts, 1st 3 11:30 Life Skills, 1st 1:30 Oregon Public Broadcasting OPB, 1st 2:30 FIT to Pedal®, 1st 3:00 Intergenerational Pen Pal, 1st 3:30 Table Games, 1st 4:30 Fly Ball, 1st 6:00 Winter Storytelling, 1st
DAYLIGHT SAVING TIME BEGINS 11 10:15 Sunday Hymns, 1st 11:15 Bible Study & Coffee Hour, 1st 1:00 Nondenominational Church, T 1:30 Game's On, 1st 3:00 Sunday Sundaes, 1st 4:00 Trivia, 1st 4:30 FIT to Stretch®, 1st 6:00 Sunday Evening Movie, 1st	9:30 Morning Classics, 1st 12 10:30 Movin' & Groovin', 1st 11:30 FIT to Stretch®, 1st 1:30 Plant a Flower Day, 1st 4:00 Let's Learn, 1st 6:00 Monday Night Movie, 1st	9:30 Singing & Colorful Images, 1st 13 10:00 Beauty Salon Open, 1st 10:30 Yoga w/Peggy, 1st 11:00 Current Events, 1st 3:30 Treasures of the Heart®, 1st 4:30 FIT to Pedal®, 1st 6:00 Reminisce, 1st	9:30 Hymn Sing, 1st 14 9:45 Chaplain Reflective Moment, 1st 11:00 Poetry, 1st 11:30 Wake Up Exercise, 1st 1:30 Guitarist Greg Ellsworth, 1st 3:30 Interactive Games, 1st 4:30 FIT to Be Strong®, 1st 6:00 The Good Old Days, 1st	9:30 Singalong, 1st 15 10:15 Catholic Communion Available, 1st 10:30 Yoga w/Peggy, 1st 11:15 Singalong Continued, 1st 2:00 FIT to Balance®, 1st 2:30 Mind Fitness, 1st 3:30 BINGO, 1st 6:00 Thursday Evening Film, 1st	9:30 Donuts & Debbie Reynolds, 1st 16 10:00 Manicures, 1st 11:15 Miramont Singalong, T 1:30 Earthtones Music Therapy, 1st 3:30 FIT to Be Strong®, 1st 4:00 Treasures of the Heart®, 1st 6:00 Soup for the Soul Series, 1st	ST. PATRICK'S DAY 17 10:45 Newspaper Searches & Donuts, 1st 11:30 Life Skills, 1st 1:30 Oregon Public Broadcasting OPB, 1st 2:30 FIT to Pedal®, 1st 3:00 History of St. Patrick's Day, 1st 3:30 Table Games, 1st 4:30 Fly Ball, 1st 4:30 St. Patrick's Day Drinks, 1st 6:00 Winter Storytelling, 1st
10:15 Sunday Hymns, 1st 18 11:15 Bible Study & Coffee Hour, 1st 1:00 Nondenominational Church, T 1:30 Spring Florals, 1st 3:00 Sunday Sundaes, 1st 3:30 Let's Get Moving, 1st 4:00 Mind Fitness, 1st 4:30 Trivia, 1st 6:00 Sunday Evening Movie, 1st	9:30 Morning Classics, 1st 19 10:30 Movin' & Groovin', 1st 11:30 FIT to Stretch®, 1st 1:30 Craft Hour, 1st 3:00 National Laugh Day, 1st 4:00 Let's Learn, 1st 6:00 Monday Night Movie, 1st	SPRING BEGINS 20 9:30 Love Your Pet & Music, 1st 9:30 Singing & Colorful Images, 1st 10:00 Beauty Salon Open, 1st 10:30 Yoga w/Peggy, 1st 11:00 Outing: Monarch Restaurant 11:00 Classic TV, 1st 1:30 Love Your Pet, 1st 3:30 Treasures of the Heart®, 1st 4:30 FIT to Pedal®, 1st 6:00 Reminisce, 1st	9:30 Hymn Sing, 1st 21 9:45 Chaplain Reflective Moment, 1st 11:00 Poetry, 1st 11:30 Wake Up Exercise, 1st 1:30 Mind Fitness, 1st 1:45 Singer Molli Paige, 1st 3:30 Table Games, 1st 4:30 FIT to Be Strong®, 1st 6:00 The Good Old Days, 1st	9:30 Singalong, 1st 22 10:15 Catholic Communion Available, 1st 10:30 Yoga w/Peggy, 1st 11:15 Singalong Continued, 1st 1:30 Wild Animals, 1st 2:00 FIT to Balance®, 1st 2:30 Mind Fitness, 1st 3:30 BINGO, 1st 6:00 Thursday Evening Film, 1st	9:30 Donuts & Debbie Reynolds, 1st 23 10:00 Manicures, 1st 11:15 Miramont Singalong, T 1:30 Armchair Travel: Ireland, 1st 3:30 FIT to Be Strong®, 1st 4:00 Treasures of the Heart®, 1st 6:00 Soup for the Soul Series, 1st	10:45 Newspaper Searches & Donuts, 1st 24 11:30 Life Skills, 1st 1:30 Oregon Public Broadcasting OPB, 1st 2:30 FIT to Pedal®, 1st 3:30 Table Games, 1st 4:30 Fly Ball, 1st 6:00 Winter Storytelling, 1st
PALM SUNDAY 25 10:15 Sunday Hymns, 1st 11:15 Palm Sunday Bible Study, 1st 1:00 Nondenominational Church, T 1:30 Palm Craft, 1st 3:00 Sunday Sundaes, 1st 3:30 Easter Reflection, 1st 4:00 FIT to Stretch®, 1st 4:30 Daily Chronicle, 1st 6:00 Sunday Evening Movie, 1st	9:30 Morning Classics, 1st 26 10:30 Movin' & Groovin', 1st 11:30 FIT to Stretch®, 1st 3:00 Honorary Nougat Day, 1st 4:00 Let's Learn, 1st 6:00 Monday Night Movie, 1st	9:30 Singing & Colorful Images, 1st 27 10:00 Beauty Salon Open, 1st 10:30 Yoga w/Peggy, 1st 11:00 Current Events, 1st 1:30 This Was the Year, 1st 3:30 Treasures of the Heart®, 1st 4:30 FIT to Pedal®, 1st 6:00 Reminisce, 1st	9:30 Hymn Sing, 1st 28 9:45 Chaplain Reflective Moment, 1st 11:00 Poetry, 1st 11:30 Wake Up Exercise, 1st 1:45 Pianist Monty Eldon, 1st 3:30 Interactive Games, 1st 4:30 FIT to Be Strong®, 1st 6:00 The Good Old Days, 1st	9:30 Singalong, 1st 29 10:15 Catholic Communion Available, 1st 10:30 Yoga w/Peggy, 1st 11:15 Singalong Continued, 1st 2:00 FIT to Balance®, 1st 2:30 Mind Fitness, 1st 3:30 BINGO, 1st 6:00 Thursday Evening Film, 1st	GOOD FRIDAY PASSOVER BEGINS AT SUNSET 30 9:30 Donuts & Debbie Reynolds, 1st 10:00 Manicures, 1st 11:15 Miramont Singalong, T 3:30 FIT to Be Strong®, 1st 4:00 Treasures of the Heart®, 1st 6:00 Soup for the Soul Series, 1st	10:45 Newspaper Searches & Donuts, 1st 31 11:30 Life Skills, 1st 1:30 Oregon Public Broadcasting OPB, 1st 2:30 FIT to Pedal®, 1st 3:30 Table Games, 1st 4:30 Fly Ball, 1st 6:00 Winter Storytelling, 1st