

| SUNDAY   | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   | SATURDAY   |
|--|---|---|--|--|--|--|
| <p><b>Locations</b></p> <p>Cafe, C      Pool, P<br/>           Dining Room, D      Second Floor, 2nd<br/>           First Floor, 1st      Seventh Floor/Charlie's Corner, 7th<br/>           Library, LIB      Talbert Room, T<br/>           Lobby, L      Weight Room, WR</p>  |   | <p><b>MAY DAY 1</b></p> <p>9:30 Singing &amp; Colorful Images, 1st<br/>           10:00 Beauty Salon Open, 1st<br/>           10:30 Yoga w/Peggy, 1st<br/>           1:30 Help Work in the Garden, 1st<br/>           3:30 Treasures of the Heart®, 1st<br/>           4:30 FIT to Pedal®, 1st<br/>           6:00 Reminisce, 1st</p>   | <p><b>2</b></p> <p>9:30 Hymn Sing, 1st<br/>           9:45 Chaplain Reflective Moment, 1st<br/> <b>11:00 Outing: Milkshakes</b><br/> <b>1:30 Singer Nehemiah Brown, 1st</b><br/>           3:30 Table Games, 1st<br/>           4:30 FIT to Be Strong®, 1st<br/>           6:00 The Good Old Days, 1st</p>   | <p><b>3</b></p> <p>9:30 Morning Singalong, 1st<br/>           10:15 Catholic Communion Available, 1st<br/>           10:30 Yoga w/Peggy, 1st<br/> <b>1:30 A Look at May Calendars, 1st</b><br/>           2:00 Fly Ball, 1st<br/>           3:00 Bingo Bonanza, 1st<br/> <b>4:00 Woodworking, 1st</b><br/>           6:00 Thursday Evening Film, 1st</p>   | <p><b>4</b></p> <p><b>9:30 Donuts &amp; Rita Hayworth, 1st</b><br/>           10:00 Manicures, 1st<br/>           11:15 Miramont Singalong, T<br/>           1:30 Earthtones Music Therapy, 1st<br/>           3:30 FIT to Be Strong®, 1st<br/>           4:00 Treasures of the Heart®, 1st<br/>           6:00 Soup for the Soul Series, 1st</p>  | <p><b>5</b></p> <p>10:45 Newspaper Searches &amp; Donuts, 1st<br/>           11:30 Life Skills, 1st<br/>           1:30 Focus on Oregon, 1st<br/>           2:30 FIT to Pedal®, 1st<br/>           3:00 Intergenerational Pen Pal, 1st<br/>           3:30 Table Games, 1st<br/>           4:30 Fly Ball, 1st<br/>           6:00 Saturday Night Storytelling, 1st</p> |
| <p><b>6</b></p> <p>10:15 Sunday Worship Hymns, 1st<br/>           11:15 Bible Study &amp; Coffee Hour, 1st<br/>           1:00 Nondenominational Church, T<br/> <b>1:30 Butterfly Crafting, 1st</b><br/>           3:00 Sunday Sundaes, 1st<br/>           3:30 FIT to Stretch®, 1st<br/>           4:00 Mind Fitness, 1st<br/>           4:30 Resident Reminiscing, 1st<br/>           6:00 Sunday Evening Movie, 1st</p>   | <p><b>7</b></p> <p>9:30 Morning Classics, 1st<br/>           10:30 Movin' &amp; Groovin', 1st<br/>           11:30 FIT to Stretch®, 1st<br/>           1:30 Crafty Crafters, 1st<br/> <b>3:00 Lemonade Day, 1st</b><br/>           4:00 Let's Learn, 1st<br/>           6:00 Monday Night Movie, 1st</p>                                    | <p><b>8</b></p> <p>9:30 Singing &amp; Colorful Images, 1st<br/>           10:00 Beauty Salon Open, 1st<br/>           10:30 Yoga w/Peggy, 1st<br/>           11:00 Current Events, 1st<br/>           1:30 Help Work in the Garden, 1st<br/>           3:30 Treasures of the Heart®, 1st<br/>           4:30 FIT to Pedal®, 1st<br/>           6:00 Reminisce, 1st</p>  | <p><b>9</b></p> <p>9:30 Hymn Sing, 1st<br/>           9:45 Chaplain Reflective Moment, 1st<br/> <b>11:00 Spanish 101, 1st</b><br/>           11:30 Wake Up Exercise, 1st<br/> <b>1:45 Singer Molli Paige, 1st</b><br/>           3:30 Interactive Games, 1st<br/>           4:30 FIT to Be Strong®, 1st<br/>           6:00 The Good Old Days, 1st</p>                                     | <p><b>10</b></p> <p>9:30 Morning Singalong, 1st<br/>           10:15 Catholic Communion Available, 1st<br/>           10:30 Yoga w/Peggy, 1st<br/>           1:30 Bunny Therapy, 1st<br/>           2:15 Fly Ball, 1st<br/>           3:00 Bingo Bonanza, 1st<br/> <b>4:00 Woodworking, 1st</b><br/>           6:00 Thursday Evening Film, 1st</p>   | <p><b>11</b></p> <p><b>9:30 Donuts &amp; Rita Hayworth, 1st</b><br/>           10:00 Manicures, 1st<br/>           11:15 Miramont Singalong, T<br/> <b>1:30 Armchair Travel: Asia, 1st</b><br/>           3:30 FIT to Be Strong®, 1st<br/>           4:00 Treasures of the Heart®, 1st<br/>           6:00 Soup for the Soul Series, 1st</p>       | <p><b>12</b></p> <p>10:45 Newspaper Searches &amp; Donuts, 1st<br/>           11:30 Life Skills, 1st<br/>           1:30 Focus on Oregon, 1st<br/>           2:30 FIT to Pedal®, 1st<br/>           3:30 Table Games, 1st<br/>           4:30 Fly Ball, 1st<br/>           6:00 Saturday Night Storytelling, 1st</p>   |
| <p><b>MOTHER'S DAY 13</b></p> <p>10:15 Sunday Worship Hymns, 1st<br/> <b>11:00 Mother's Day Tribute, 1st</b><br/>           1:00 Nondenominational Church, T<br/> <b>1:30 Special Moments Boxes, 1st</b><br/> <b>2:30 Mothers &amp; Muffins Celebration, 1st</b><br/> <b>3:00 Musician David Mixer, 1st</b><br/>           4:00 FIT to Stretch®, 1st<br/>           4:30 Resident Reminiscing, 1st<br/>           6:00 Sunday Evening Movie, 1st</p>                       | <p><b>14</b></p> <p>9:30 Morning Classics, 1st<br/>           10:30 Movin' &amp; Groovin', 1st<br/>           11:30 FIT to Stretch®, 1st<br/> <b>1:30 Culinary Corner: Biscuits, 1st</b><br/>           3:00 Mind Fitness, 1st<br/>           4:00 Let's Learn, 1st<br/>           6:00 Monday Night Movie, 1st</p>                         | <p><b>RAMADAN BEGINS AT SUNDOWN 15</b></p> <p><b>9:30 Love Your Pet &amp; Music, 1st</b><br/>           9:30 Singing &amp; Colorful Images, 1st<br/>           10:00 Beauty Salon Open, 1st<br/>           10:30 Yoga w/Peggy, 1st<br/> <b>11:00 Outing: Smoothies</b><br/>           11:00 Classic TV, 1st<br/>           1:30 Help Work in the Garden, 1st<br/>           3:30 Treasures of the Heart®, 1st<br/>           4:30 FIT to Pedal®, 1st<br/>           6:00 Reminisce, 1st</p> | <p><b>16</b></p> <p>9:30 Hymn Sing, 1st<br/>           9:45 Chaplain Reflective Moment, 1st<br/> <b>11:00 Spanish 101, 1st</b><br/>           11:30 Wake Up Exercise, 1st<br/>           1:30 Mind Fitness, 1st<br/> <b>1:45 Pianist Matthew Casey, 1st</b><br/>           3:30 Table Games, 1st<br/>           4:30 FIT to Be Strong®, 1st<br/>           6:00 The Good Old Days, 1st</p> | <p><b>17</b></p> <p>9:30 Morning Singalong, 1st<br/>           10:15 Catholic Communion Available, 1st<br/>           10:30 Yoga w/Peggy, 1st<br/> <b>1:30 Armchair Travel: Asia, 1st</b><br/>           2:30 Fly Ball, 1st<br/>           3:00 Bingo Bonanza, 1st<br/> <b>4:00 Woodworking, 1st</b><br/>           6:00 Thursday Evening Film, 1st</p>  | <p><b>18</b></p> <p><b>9:30 Donuts &amp; Rita Hayworth, 1st</b><br/>           10:00 Manicures, 1st<br/>           11:15 Miramont Singalong, T<br/>           1:30 Earthtones Music Therapy, 1st<br/>           3:30 FIT to Be Strong®, 1st<br/>           4:00 Treasures of the Heart®, 1st<br/>           6:00 Soup for the Soul Series, 1st</p> | <p><b>19</b></p> <p>10:45 Newspaper Searches &amp; Donuts, 1st<br/>           11:30 Life Skills, 1st<br/>           1:30 Focus on Oregon, 1st<br/>           2:30 FIT to Pedal®, 1st<br/>           3:30 Table Games, 1st<br/>           4:30 Fly Ball, 1st<br/>           6:00 Saturday Night Storytelling, 1st</p>   |
| <p><b>20</b></p> <p>10:15 Sunday Worship Hymns, 1st<br/>           11:15 Bible Study &amp; Coffee Hour, 1st<br/>           1:00 Nondenominational Church, T<br/>           1:30 May Theme Table Games, 1st<br/>           3:00 Sunday Sundaes, 1st<br/>           3:30 FIT to Stretch®, 1st<br/>           4:00 Moving to Music, 1st<br/>           4:00 Balloon Toss, 1st<br/>           4:25 Resident Reminiscing, 1st<br/>           6:00 Sunday Evening Movie, 1st</p> | <p><b>21</b></p> <p>9:30 Morning Classics, 1st<br/>           10:30 Movin' &amp; Groovin', 1st<br/>           11:30 FIT to Stretch®, 1st<br/>           1:30 Crafty Crafters, 1st<br/> <b>3:00 Strawberries &amp; Cream Day, 1st</b><br/>           4:00 Let's Learn, 1st<br/>           6:00 Monday Night Movie, 1st</p>                   | <p><b>22</b></p> <p>9:30 Singing &amp; Colorful Images, 1st<br/>           10:00 Beauty Salon Open, 1st<br/>           10:30 Yoga w/Peggy, 1st<br/>           11:00 Current Events, 1st<br/>           1:30 This Was the Year, 1st<br/>           1:30 Help Work in the Garden, 1st<br/>           3:30 Treasures of the Heart®, 1st<br/>           4:30 FIT to Pedal®, 1st<br/>           6:00 Reminisce, 1st</p>  | <p><b>23</b></p> <p>9:30 Hymn Sing, 1st<br/>           9:45 Chaplain Reflective Moment, 1st<br/> <b>11:00 Spanish 101, 1st</b><br/>           11:30 Wake Up Exercise, 1st<br/> <b>1:45 Guitarist Pablo G, 1st</b><br/>           3:30 Interactive Games, 1st<br/>           4:30 FIT to Be Strong®, 1st<br/>           6:00 The Good Old Days, 1st</p>                                     | <p><b>24</b></p> <p>9:30 Morning Singalong, 1st<br/>           10:15 Catholic Communion Available, 1st<br/>           10:30 Yoga w/Peggy, 1st<br/>           1:30 Mind Fitness, 1st<br/>           2:00 Fly Ball, 1st<br/>           3:00 Bingo Bonanza, 1st<br/> <b>4:00 Woodworking, 1st</b><br/>           6:00 Thursday Evening Film, 1st<br/> <b>6:00 Family Montessori Info Meeting, 1st</b></p> | <p><b>25</b></p> <p><b>9:30 Donuts &amp; Rita Hayworth, 1st</b><br/>           10:00 Manicures, 1st<br/>           11:15 Miramont Singalong, T<br/> <b>1:30 Armchair Travel: Asia, 1st</b><br/>           3:30 FIT to Be Strong®, 1st<br/>           4:00 Treasures of the Heart®, 1st<br/>           6:00 Soup for the Soul Series, 1st</p>       | <p><b>26</b></p> <p>10:45 Newspaper Searches &amp; Donuts, 1st<br/>           11:30 Life Skills, 1st<br/>           1:30 Focus on Oregon, 1st<br/>           2:30 FIT to Pedal®, 1st<br/>           3:30 Table Games, 1st<br/>           4:30 Fly Ball, 1st<br/>           6:00 Saturday Night Storytelling, 1st</p>   |
| <p><b>27</b></p> <p>10:15 Sunday Worship Hymns, 1st<br/>           11:15 Bible Study &amp; Coffee Hour, 1st<br/>           1:00 Nondenominational Church, T<br/> <b>1:30 Memorial Day Craft, 1st</b><br/>           3:00 Sunday Sundaes, 1st<br/> <b>3:30 Musical Tribute, 1st</b><br/> <b>4:00 Memorial Day Trivia, 1st</b><br/>           4:30 FIT to Stretch®, 1st<br/>           6:00 Sunday Evening Movie, 1st</p>  | <p><b>MEMORIAL DAY 28</b></p> <p>9:30 Morning Classics, 1st<br/>           10:30 Movin' &amp; Groovin', 1st<br/>           11:30 FIT to Stretch®, 1st<br/> <b>1:30 Memorial Day History, 1st</b><br/> <b>2:30 Memorial Day Trivia &amp; Games, 1st</b><br/>           4:00 Let's Learn, 1st<br/>           6:00 Monday Night Movie, 1st</p> | <p><b>29</b></p> <p>9:30 Singing &amp; Colorful Images, 1st<br/>           10:00 Beauty Salon Open, 1st<br/>           10:30 Yoga w/Peggy, 1st<br/>           1:30 Help Work in the Garden, 1st<br/>           3:30 Treasures of the Heart®, 1st<br/>           4:30 FIT to Pedal®, 1st<br/>           6:00 Reminisce, 1st</p>  | <p><b>30</b></p> <p>9:30 Hymn Sing, 1st<br/>           9:45 Chaplain Reflective Moment, 1st<br/> <b>11:00 Spanish 101, 1st</b><br/>           11:30 Wake Up Exercise, 1st<br/> <b>1:30 Guitarist Greg Ellsworth, 1st</b><br/>           4:30 FIT to Be Strong®, 1st<br/>           6:00 The Good Old Days, 1st</p>   | <p><b>31</b></p> <p>9:30 Morning Singalong, 1st<br/>           10:15 Catholic Communion Available, 1st<br/>           10:30 Yoga w/Peggy, 1st<br/> <b>1:30 Armchair Travel: Asia, 1st</b><br/>           2:00 Fly Ball, 1st<br/>           3:00 Bingo Bonanza, 1st<br/> <b>4:00 Woodworking, 1st</b><br/>           6:00 Thursday Evening Film, 1st</p>  | <p><b>“Grandmother – a wonderful mother with lots of practice.”</b><br/> <b>– Author Unknown</b></p> <p><b>Calendar events subject to change.</b></p>  |  |