



KATELLA

Senior Living Community

MARCH 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Locations Alamitos West, AW Cafe 3952, Cafe Courtyard, CY Dining Room, DR Fireside Room, FR Lobby, L Rose Garden, RG Southern Dining Room Exit, E Upstairs Library, LIBR				Calendar events subject to change.		
8:30 Daily Devotions, FR 4 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 1:30 Bingo, DR 3:00 FIT to Stretch®, DR 5:45 Independent/Group Word Games, L	8:45 Daily Devotions, FR 5 10:45 Boot Camp Boogie (Fitness), DR 1:15 Shopping at Ralph's & Riteaid 3:30 News & Trivia w/ Steve, DR 6:00 Cottonwood Church Bible Study, FR	8:45 Daily Devotions, FR 6 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Senior Topics w/ Mary, DR 5:45 Independent Word Games, L	8:45 Daily Devotions, FR 7 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 10:45 Juicing for Wellness, Cafe 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 6:00 Traveling Game Show, DR	8:45 Daily Devotions, FR 8 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Zumba w/Sandra, DR 2:45 Journey Back in Time w/Hildy, DR 6:00 Bingo, DR	8:45 Daily Devotions, FR 9 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:15 Lunch at Pieology 2:30 Happy Hour w/Boyd & Bogart, DR 3:45 Drama Club, DR 6:00 Netflix Movie, DR	8:45 Daily Devotions, FR 10 9:30 Catholic Church Service, FR 10:15 Bingo, DR 1:30 Monopoly Board Game, DR 3:30 FIT to Stretch®, DR
DAYLIGHT SAVING TIME BEGINS 11 8:30 Daily Devotions, FR 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 1:30 Bingo, DR 3:00 FIT to Stretch®, DR 5:45 Independent/Group Word Games, L	8:45 Daily Devotions, FR 12 9:30 Catholic Rosary, DR 10:45 Boot Camp Boogie (Fitness), DR 1:15 Shopping at Walmart 3:30 News & Trivia w/ Steve, DR 6:00 Cottonwood Church Bible Study, FR	8:45 Daily Devotions, FR 13 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Senior Topics w/ Mary, DR 5:45 Independent Word Games, L	8:45 Daily Devotions, FR 14 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 5:45 Men's Dominos, DR	8:45 Daily Devotions, FR 15 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Mini Manicures, DR 2:45 Journey Back in Time w/Hildy, DR 6:00 Bingo, DR	8:45 Daily Devotions, FR 16 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:45 Saint Patrick's Day Lunch, DR 1:00 Saint Patrick's Day Games, DR 2:30 Saint Patrick's Day Show, DR 6:00 Yahtzee, DR	ST. PATRICK'S DAY 17 8:45 Daily Devotions, FR 9:30 Catholic Church Service, FR 10:15 Bingo, DR 1:30 Volleyball, DR 2:30 Brain Games, DR 3:30 FIT to Stretch®, DR
8:30 Daily Devotions, FR 18 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 1:30 Bingo, DR 3:00 FIT to Stretch®, DR 5:45 Independent/Group Word Games, L	8:45 Daily Devotions, FR 19 10:00 Catholic Mass, AW 10:45 Boot Camp Boogie (Fitness), DR 1:15 Shopping at Ralph's & Riteaid 3:30 News & Trivia w/ Steve, DR 6:00 Cottonwood Church Bible Study, FR	SPRING BEGINS 20 8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Senior Topics w/Mary, DR 5:45 Independent Word Games, L	8:45 Daily Devotions, FR 21 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 10:45 Juicing for Wellness, Cafe 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 6:00 Women's Craft, DR	8:45 Daily Devotions, FR 22 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Stamp Class w/ Loren, DR 2:45 Journey Back in Time w/Hildy, DR 4:45 Candlelight Dinner, DR	8:45 Daily Devotions, FR 23 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:15 Lunch at Island Burgers 2:30 Happy Hour w/ Mary Jane, DR 3:45 Mandalas Relaxation Art Class, DR 5:30 Netflix Movie, DR	8:45 Daily Devotions, FR 24 9:30 Catholic Church Service, FR 10:15 Bingo, DR 1:30 Bocce Ball, DR 2:30 Brain Joggers, DR 3:30 FIT to Stretch®, DR
PALM SUNDAY 25 8:30 Daily Devotions, FR 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 1:30 Bingo, DR 3:00 FIT to Stretch®, DR 5:45 Independent/Group Word Games, L	8:45 Daily Devotions, FR 26 10:45 Boot Camp Boogie (Fitness), DR 1:15 Shopping at Ross 3:30 News & Trivia w/ Steve, DR 6:00 Cottonwood Church Bible Study, FR	8:45 Daily Devotions, FR 27 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Senior Topics w/ Mary, DR 5:45 Independent Word Games, L	8:45 Daily Devotions, FR 28 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 6:00 Wii Bowling, DR	8:45 Daily Devotions, FR 29 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Cupcake Social, DR 2:45 Journey Back in Time w/Hildy, DR 6:00 Bingo, DR	GOOD FRIDAY PASSOVER BEGINS AT SUNSET 30 8:45 Daily Devotions, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:15 Burgers at the Park 2:30 Happy Hour w/ Jill Sargeant, DR 5:30 Netflix Movies, DR	8:45 Daily Devotions, FR 31 9:30 Catholic Church Service, FR 10:15 Bingo, DR 1:30 Hangman, DR 2:30 New Resident Social, DR 3:30 FIT to Stretch®, DR