



SEPTEMBER 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Calendar events subject to change.						8:45 Daily Devotions, FR 1 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:30 Pizza in the Park 2:30 Happy Hour w/ Tom Sperry, DR 3:45 Today in History, DR 6:00 Netflix Movie, DR
Locations Alamitos West, AW Lobby, L Cafe 3952, Cafe Rose Garden, RG Courtyard, CY Southern Dining Room Exit, E Dining Room, DR Upstairs Library, LIBR Fireside Room, FR						
8:30 Daily Devotions, FR 3 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 2:00 FIT to Stretch®, DR 3:00 Bingo, DR 5:45 Independent/Group Word Games, DR	LABOR DAY 4 8:45 Daily Devotions, FR 10:45 Boot Camp Boogie (Fitness), DR 1:15 Shopping at Ralphps & Rite Aid 3:30 News & Trivia w/ Steve, DR 6:00 Cottonwood Church Bible Study, FR	8:45 Daily Devotions, FR 5 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Bowling, DR 5:45 Independent Word Games, L	8:45 Daily Devotions, FR 6 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 10:45 Juicing for Wellness, Cafe 1:00 Mah-Jongg, FR 1:30 Veterans' Bocce Ball, DR 3:00 Mini Manicures, DR 6:00 Traveling Game Show, DR	8:45 Daily Devotions, FR 7 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 2:00 Resident Council, DR 2:30 6 Weeks of Science (Dinosaurs), DR 6:00 Ages Entwined® Hymns of Praise, DR	8:45 Daily Devotions, FR 8 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:15 Lunch at the Pizza Kitchen 2:30 Happy Hour w/Bruce, DR 3:45 Mandalas Relaxation Art Class, DR 6:00 Men's Poker, DR	8:45 Daily Devotions, FR 9 9:30 Catholic Church Service, FR 10:15 Bingo, DR 2:30 FIT to Stretch®, DR 6:00 Hollywood Movie Presentation, DR
8:30 Daily Devotions, FR 10 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 11:45 Grandparents Day Brunch, DR 2:00 FIT to Stretch®, DR 3:00 Bingo, DR 5:45 Independent/Group Word Games, DR	PATRIOT DAY 11 8:00 National Assisted Living Week 8:45 Daily Devotions, FR 9:30 Catholic Rosary, DR 10:45 Boot Camp Boogie (Fitness), DR 12:00 African Lunch Party 1:00 African Dance Performance, DR 3:30 News & Trivia w/Steve, DR 6:00 Cottonwood Church Bible Study, FR	8:00 National Assisted Living Week 12 8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:00 USA Patriotic Performance, DR 3:00 Senior Topics w/Mary, DR 5:45 Independent Word Games, L	8:00 National Assisted Living Week 13 8:45 Daily Devotions, FR 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 5:00 Japanese Dinner Party, DR 6:00 Traditional Japanese Music, DR	8:00 National Assisted Living Week, DR 14 8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 12:00 Pausenbrot Lunch Celebration, DR 1:00 German Show, DR 2:45 Journey Back in Time w/Hildy, DR 6:00 Bingo, DR	8:00 National Assisted Living Week, DR 15 8:45 Daily Devotions, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 12:00 International Lunch Party, DR 1:00 International Show, DR 2:30 Happy Hour w/ Jennifer Watts, DR 6:00 Netflix Movies, DR	8:45 Daily Devotions, FR 16 9:30 Catholic Church Service, FR 10:15 Bingo, DR 2:30 FIT to Stretch®, DR 6:00 Hollywood Movie Presentation, DR
8:30 Daily Devotions, FR 17 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 2:00 FIT to Stretch®, DR 3:00 Bingo, DR 5:45 Independent/Group Word Games, DR	8:45 Daily Devotions, FR 18 10:00 Catholic Mass, AW 10:45 Boot Camp Boogie (Fitness), DR 11:15 Movies at the Long Beach TC 3:30 News & Trivia w/ Steve, DR 6:00 Cottonwood Church Bible Study, FR	8:45 Daily Devotions, FR 19 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Senior Topics w/ Mary, DR 5:45 Independent Word Games, L	ROSH HASHANAH BEGINS AT SUNDOWN 20 8:45 Daily Devotions, FR 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 10:45 Juicing for Wellness, Cafe 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 6:00 Traveling Game Show, DR	8:45 Daily Devotions, FR 21 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 6 Weeks of Science (Viruses), DR 2:45 Journey Back in Time w/Hildy, DR 6:00 Bingo, DR	FALL BEGINS 22 8:45 Daily Devotions, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:30 Lunch at the Corner Bakery 2:30 Happy Hour w/Mary Jane Prout, DR 3:45 Mandalas Relaxation Art Class, DR 6:00 Women's Craft Corner, DR	8:45 Daily Devotions, FR 23 9:30 Catholic Church Service, FR 10:15 Bingo, DR 2:30 FIT to Stretch®, DR 6:00 Hollywood Movie Presentation, DR
8:30 Daily Devotions, FR 24 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 2:00 FIT to Stretch®, DR 3:00 Bingo, DR 5:45 Independent/Group Word Games, DR	8:45 Daily Devotions, FR 25 10:45 Boot Camp Boogie (Fitness), DR 1:00 Comedy of Movies w/Nikki, DR 1:15 Shopping at Ralphps & Rite Aid 3:30 News & Trivia w/Steve, DR 6:00 Cottonwood Church Bible Study, FR	8:45 Daily Devotions, FR 26 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Senior Topics w/ Mary, DR 5:45 Independent Word Games, L	8:45 Daily Devotions, FR 27 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 10:45 Juicing for Wellness, Cafe 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 6:00 Game Night, DR	8:45 Daily Devotions, FR 28 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 6 Weeks of Science (Evolution), DR 2:45 Journey Back in Time w/Hildy, DR 6:00 Bingo, DR	YOM KIPPUR BEGINS AT SUNDOWN 29 8:45 Daily Devotions, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:30 Picnic at the Park 2:30 Happy Hour w/ Hui O Hula, DR 6:00 Netflix Movies, DR	8:45 Daily Devotions, FR 30 9:30 Catholic Church Service, FR 10:15 Bingo, DR 2:30 FIT to Stretch®, DR 6:00 Hollywood Movie Presentation, DR