



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Locations Alamitos West, AW Cafe 3952, Cafe Courtyard, CY Dining Room, DR Fireside Room, FR</p>	Lobby, L Rose Garden, RG Southern Dining Room Exit, E Upstairs Library, LIBR	<p>MAY DAY 1</p> <p>8:00 Happy Birthday Layton 8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Senior Topics w/Mary, DR 5:45 Independent Word Games, L</p>	<p>2</p> <p>8:45 Daily Devotions, FR 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 10:45 Juicing for Wellness, Cafe 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 6:00 Traveling Game Show, DR</p>	<p>3</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 2:00 Resident Council, DR 2:45 Journey Back in Time w/Hildy, DR 6:00 Ages Entwined® Hymns of Praise, DR</p>	<p>4</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:30 Cinco De Mayo Lunch, DR 2:30 Happy Hour w/Mary Jane, DR 6:00 Netflix Movie, DR</p>	<p>5</p> <p>8:45 Daily Devotions, FR 9:30 Catholic Church Service, FR 10:15 Bingo, DR 1:30 Cinco De Mayo Facts & Trivia, DR 2:30 Volleyball, DR 3:30 FIT to Stretch®, DR</p>
<p>6</p> <p>8:30 Daily Devotions, FR 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 1:30 Bingo, DR 3:00 FIT to Stretch®, DR 5:45 Independent/Group Word Games, L</p>	<p>7</p> <p>8:45 Daily Devotions, FR 10:45 Boot Camp Boogie (Fitness), DR 1:15 Shopping at Ralph's & Riteaid 3:30 News & Trivia w/Steve, DR 6:00 Cottonwood Church Bible Study, FR</p>	<p>8</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Senior Topics w/Mary, DR 5:45 Independent Word Games, L</p>	<p>9</p> <p>8:00 Happy Birthday Florette 8:45 Daily Devotions, FR 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 6:00 Mother's Day Craft, DR</p>	<p>10</p> <p>8:00 Happy Birthday Peggy 8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Zumba w/Sandra, DR 2:45 Journey Back in Time w/Hildy, DR 6:00 Bingo, DR</p>	<p>11</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:30 Mother's Day Lunch, DR 2:30 Happy Hour w/George, DR 6:00 Men's Poker, DR</p>	<p>12</p> <p>8:00 Happy Birthday Myrtle 8:45 Daily Devotions, FR 9:30 Catholic Church Service, FR 10:15 Bingo, DR 1:30 Dominos, DR 2:30 Drama Club, DR 3:30 FIT to Stretch®, DR</p>
<p>MOTHER'S DAY 13</p> <p>8:30 Daily Devotions, FR 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 1:30 Bingo, DR 3:00 FIT to Stretch®, DR 5:45 Independent/Group Word Games, L</p>	<p>14</p> <p>8:45 Daily Devotions, FR 9:30 Catholic Rosary, DR 10:45 Boot Camp Boogie (Fitness), DR 1:15 Shopping at Barnes & Nobles 3:30 News & Trivia w/Steve, DR 6:00 Cottonwood Church Bible Study, FR</p>	<p>RAMADAN BEGINS AT SUNDOWN 15</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Senior Topics w/Mary, DR 5:45 Independent Word Games, L</p>	<p>16</p> <p>8:45 Daily Devotions, FR 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 10:45 Juicing for Wellness, Cafe 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 6:00 Today in History, DR</p>	<p>17</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Mini Manicures, DR 2:45 Journey Back in Time w/Hildy, DR 5:45 Candlelight Birthday Dinner, DR</p>	<p>18</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:15 Lunch at Black Bear Diner 2:30 Happy Hour w/Tony, DR 6:00 Bean Bag Toss, DR</p>	<p>19</p> <p>8:45 Daily Devotions, FR 9:30 Catholic Church Service, FR 10:15 Bingo, DR 1:30 Monopoly, DR 3:30 FIT to Stretch®, DR</p>
<p>20</p> <p>8:30 Daily Devotions, FR 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 1:30 Bingo, DR 3:00 FIT to Stretch®, DR 5:45 Independent/Group Word Games, L</p>	<p>21</p> <p>8:45 Daily Devotions, FR 10:00 Catholic Mass, AW 10:45 Boot Camp Boogie (Fitness), DR 1:15 Shopping at Ralph's & Riteaid 3:30 News & Trivia w/Steve, DR 6:00 Cottonwood Church Bible Study, FR</p>	<p>22</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Senior Topics w/Mary, DR 5:45 Independent Word Games, L</p>	<p>23</p> <p>8:45 Daily Devotions, FR 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 6:00 Game Show w/Ryan, DR</p>	<p>24</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 2:45 Journey Back in Time w/Hildy, DR 6:00 Bingo, DR</p>	<p>25</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 11:15 Picnic at the Park 2:30 Happy Hour w/Armando, DR 3:45 Mandalas Relaxation Art Class, DR 6:00 Yahtzee, DR</p>	<p>26</p> <p>8:45 Daily Devotions, FR 9:30 Catholic Church Service, FR 10:15 Bingo, DR 1:30 Bocce Ball, DR 2:30 Brain Joggers, DR 3:30 FIT to Stretch®, DR</p>
<p>27</p> <p>8:30 Daily Devotions, FR 9:00 Aromatherapy, DR 9:30 Catholic Church Service, FR 10:00 Protestant Church Service, DR 1:30 Bingo, DR 3:00 FIT to Stretch®, DR 5:45 Independent/Group Word Games, L</p>	<p>MEMORIAL DAY 28</p> <p>8:00 Happy Birthday Dolores 8:45 Daily Devotions, FR 10:45 Boot Camp Boogie (Fitness), DR 11:30 Memorial Day Lunch, DR 1:30 Memorial Day Music, DR 3:30 News & Trivia w/Steve, DR 6:00 Cottonwood Church Bible Study, FR</p>	<p>29</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 1:30 Ages Entwined® Bingo, DR 3:00 Senior Topics w/Mary, DR 5:45 Independent Word Games, L</p>	<p>30</p> <p>8:45 Daily Devotions, FR 9:15 Catholic Communion, FR 9:45 FIT to Be Strong®, DR 10:15 FIT to Balance®, DR 10:45 Juicing for Wellness, Cafe 12:45 Music w/Paul, DR 1:00 Mah-Jongg, FR 2:30 Traveling Class w/Hildy, DR 6:00 Nationals Day, DR</p>	<p>31</p> <p>8:45 Daily Devotions, FR 9:45 FIT to Pedal®, DR 10:30 FIT to Stretch®, DR 2:45 Journey Back in Time w/Hildy, DR 6:00 Bingo, DR</p>	Calendar events subject to change.	